| JUNIOR PRACTICE SCHEDULE | | | | |
|--------------------------|--------|---------------|---------------|--------------------------------------------|
| | | JUNIOR 1 | JUNIOR 2 | MEETS / NOTES |
| Monday | 5-Sep | OFF | OFF | LABOR DAY - END OF SUMMER BREAK |
| Tuesday | 6-Sep | 3:30 - 5:00pm | 8:00 - 9:30pm | |
| Wednesday | 7-Sep | 3:30 - 5:00pm | 8:00 - 9:30pm | |
| Thursday | 8-Sep | 3:30 - 5:00pm | 8:00 - 9:30pm | |
| Friday | 9-Sep | OFF | OFF | TRYOUTS: 5:15pm |
| Saturday | 10-Sep | OFF | OFF | Weekend off for Snr Athlete College Visits |
| Sunday | 11-Sep | OFF | OFF | Weekend off for Snr Athlete College Visits |
| Monday | 12-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Tuesday | 13-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Wednesday | 14-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Thursday | 15-Sep | 3:30 - 5:00pm | 8:00 - 9:30pm | |
| Friday | 16-Sep | OFF | OFF | Weekend off for Snr Athlete College Visits |
| Saturday | 17-Sep | OFF | OFF | Weekend off for Snr Athlete College Visits |
| Sunday | 18-Sep | OFF | OFF | Weekend off for Snr Athlete College Visits |
| Monday | 19-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Tuesday | 20-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Wednesday | 21-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Thursday | 22-Sep | 3:30 - 5:00pm | 8:00 - 9:30pm | |
| Friday | 23-Sep | 6:30 - 8:00pm | 6:30 - 8:00pm | |
| Saturday | 24-Sep | OFF | OFF | |
| Sunday | 25-Sep | OFF | OFF | Weekend off for Snr Athlete College Visits |
| Monday | 26-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Tuesday | 27-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Wednesday | 28-Sep | 3:30 - 5:00pm | 7:15 - 8:45pm | |
| Thursday | 29-Sep | 3:30 - 5:00pm | 8:00 - 9:30pm | |
| Friday | 30-Sep | 6:30 - 8:00pm | 6:30 - 8:00pm | |
| Saturday | 1-Oct | OFF | OFF | Weekend off for Snr Athlete College Visits |
| Sunday | 2-Oct | OFF | OFF | Weekend off for Snr Athlete College Visits |