

## **BERKELEY AQUATIC CLUB ATHLETE CODE OF CONDUCT**

The purpose of an athlete code of conduct is to establish a consistent expectation for athletes' behavior. ***By signing this code of conduct, I agree to the following statements:***

- While at practice, swim meets, team activities and in public athletes are representing BAC. Athletes are expected to show respect, team spirit, good sportsmanship, and politeness.
- Athletes are expected at all times to follow the directions of any member of the coaching staff, respect any instructions by officials and any person who is a parent volunteer. Disrespect or failure to obey instructions will not be tolerated from any athlete.
- Athletes are expected to show respect, common courtesies and good sportsmanship at all times to the team members, coaches, competitors, officials, parents and for all facilities and other property used during practices, competitions and team activities.
- Athletes should be punctual and arrive on time for all practices and meets and team events.
- Athletes are expected to use appropriate language. Use of profane or abusive language or obscene gestures will not be tolerated.
- Dishonestly, theft, and/or vandalism (including destructive behavior in locker rooms) will not be tolerated. Indecent or destructive behavior will not be tolerated.
- There shall be no consumption of alcohol, use of tobacco products, juuling/vaping, use of illegal drugs or any substances banned by USA Swimming.
- Per BAC's [Anti Bullying Policy](#): Bullying of any kind is unacceptable at The Berkeley Aquatic Club (the "Club") and will not be tolerated. Bullying is counterproductive to team spirit and can be devastating to a victim. The Club is committed to providing a safe, caring and friendly environment for all of our members. If bullying does occur, all athletes and parents should know that incidents will be dealt with promptly and effectively. Anyone who knows that bullying is happening is expected to tell a coach or board member

### **VIOLATION OF THE ATHLETE CODE OF CONDUCT**

Violations of the Athlete Code of Conduct could result in penalties that include, but are not limited to, the following:

- Removal from practice.
- Temporary suspension from practices / facility.
- Expulsion from the program.

**Athlete: I agree that if I violate any of these rules, I will be subject to disciplinary action determined by the coaches, which may include expulsion from the program.**

**Parent(s) / Guardian(s): by checking the box below you agree that you have reviewed the BAC Athlete Code of Conduct with your registered athlete, your athlete understands BAC Athlete Code of Conduct and your athlete agrees to abide by this Code and accept the penalties for not abiding by these directives.**