

NJ SWIMMING'S LCM
GOLDS CHAMPIONSHIPS
THURSDAY, JULY 24th THRU
SUNDAY, JULY 27, 2025
@ RUTGERS UNIVERSITY

Championship Suits are to be worn at this meet

DATES: THURSDAY, JULY 24, 2025

SESSION #1A 13 & OLDER GIRLS & BOYS 1500 FREESTYLE
WARM-UP: **TBF (APPRX 5:00 PM)**
START: **TBF (APPRX 5:30 PM)**
EVENTS 1 & 2

SESSION #1B 11-12 GIRLS & BOYS 1500 FREESTYLE
WARM-UP: **TBF (APPRX 6:00 PM)**
START: **TBF (APPRX 6:30 PM)**
EVENTS 3 & 4

FRIDAY, JULY 25, 2025

SESSION #2 13 & OLDER GIRLS & BOYS
WARM-UP: 7:15 AM
START: 8:20 AM
EVENTS 21 THRU 30

SESSION #3A 11-12 GIRLS & BOYS
WARM-UP: **TBF (approx. 12:00 pm)**
START: **TBF (approx. 1:00 pm)**
EVENTS 5 THRU 12

SESSION #3B 10 & UNDERS BOYS & GIRLS
WARM-UP: **TBF (approx. 3:30 pm)**
START: **TBF (approx 4:30 pm)**
EVENTS 13 THRU 18

SESSION #4 FINALS FOR 13 & OVERS
WARM-UP: **TBF (apprx 6:00 pm)**
START: **TBF (apprx 6:30 pm)**
EVENTS 21 THRU 32
2 HEATS OF 15 & O/1 HEAT OF 13-14

SATURDAY, JULY 26, 2025

SESSION #5 13 & OLDER GIRLS & BOYS

WARM-UP: 7:15 AM

START: 8:35 AM

EVENTS 57 THRU 64

SESSION #6 15 & OLDER GIRLS & BOYS 800 FREE SESSION

WARM-UP: **TBF (APPROX 10:00 AM)**

START: **TBF (APPROX 10:30 AM)**

EVENTS 33 & 34

SESSION #7A 10 & UNDER GIRLS & BOYS

WARM-UP: **TBF (apprx 11:00 am)**

START: **TBF (apprx 11:45 am)**

EVENTS 35 thru 42

SESSION #7B 11-12 GIRLS & BOYS

WARM-UP: **TBF (apprx 1:30 pm)**

START: **TBF (apprx 2:30 pm)**

EVENTS 43 THRU 56

SESSION #8 13 & OLDER FINALS

WARM-UP: **TBF (apprx 6:05 pm)**

START: **TBF (apprx 6:45 pm)**

EVENTS 57 THRU 66

2 HEATS OF 15 & O/1 HEAT OF 13-14

SUNDAY, JULY 27, 2025

SESSION #9 13 & OLDER GIRLS & BOYS

WARM-UP: 7:15 AM

START: 8:15 AM

EVENTS 97 THRU 102

SESSION #10 13- 14 GIRLS & BOYS 800

WARM-UP: **TBF (apprx 10:25 am)**

START: **TBF (apprx 11:15 am)**

EVENTS 91 THRU 94

SESSION #11A 11-12 GIRLS & BOYS

WARM-UP: TBF (apprx 12:00 pm)

START: TBF (apprx 12:30 pm)

EVENTS 69 THRU 82

SESSION #11B 10 & UNDERS GIRLS & BOYS

WARM-UP: TBF (apprx 2:30 pm)

START: TBF (apprx 3:00 pm)

EVENTS 83 THRU 94

SESSION #12 13 & OLDER FINALS

WARM-UP: TBF (apprx 6:00 pm)

START: TBF (apprx 6:45 pm)

EVENTS 97 THRU 104

2 HEATS OF 15 & O/1 HEAT OF 13-14

DIRECTIONS: ROUTE 287 SOUTH TO EXIT FOR RUTGERS STADIUM EXIT # 9. EXIT ONTO RIVER ROAD (BEARING RIGHT). TURN LEFT INTO RUTGERS FOOTBALL STADIUM PARKING LOT. TAKE LEFT AT 1ST INTERSECTION AND GO STRAIGHT AT THE CIRCLE. TAKE LEFT AT 1ST INTERSECTION TO SONNY WEBLIN RECREATION CENTER.

*****If possible, please offer to time as the meet can not be held without timers.**

*****IF YOU ARE UNABLE TO ATTEND THE MEET OR A SESSION, YOU ARE TO EMAIL (ELITESWIMCLUBNJ@COMCAST.NET), OR TEXT BILL AT 917-861-2015**

*****TEAM UNIFORM:**

Friday: Grey Scarlet Hollywood Shirt (2024-25)

Saturday: Black Scarlet Shirt (2024-25)

Sunday: Grey Scarlet Hollywood Shirt (2024-25)

Scarlet Racing Caps