

# **FSPY Swim Team Takes 4th Place Overall at the 2023 YMCA Short Course National Championships**



**By Ying Chow**

**Greensboro, NC—Twenty-five swimmers represented Fanwood Scotch-Plains YMCA at the 2023 YMCA Short Course Nationals. The national team competed at the Greensboro Aquatic Center over the course of four and a half days, from April 3-7. While over 180 teams swam at this meet, FSPY achieved one of its best finishes by placing 4th overall.**

**The 10 girls who qualified and were part of the 2023 National Team were Elle Cadigan, Emily Constable, Ying Chow, Bridget Davis, Laura Kim, Lauren Lane, Clare Logan, Brooke McAndrew, Catherine Ritter, and Billie Sherratt. FSPY was also represented by the following 15 boys: Brandon Calderone, Will Crall, Ian Dinesh, Kyle Dripchak, Bradley Frank, Will Heinze, Owen Higinbotham, Roman Jones, Colin Kavanagh, Tim Kou, Dylan Lagrimas, Tyler McGeehan, Matthew Sauls, Logan Swenson, and Owen Waibel.**

**Team records were broken in the following events:**

- Boys 50 Free (Jones) - 19.75**
- Boys 100 Back (Jones) - 47.47**
- Boys 200 Back (Kavanagh) - 1:48.95**
- Girls 200 Back (Logan) - 1:57.64**
- Girls 100 Breast (Constable) - 1:01.82**
- Boys 400 Medley Relay (Jones, McGeehan, Kavanagh, Waibel) - 3:20.71**
- Boys 200 Medley Relay (Jones, McGeehan, Kavanagh, Waibel) - 1:31.55**
- Boys 400 Free Relay (Waibel, Jones, Frank, Kavanagh) - 3:02.65**

**The following swimmers also earned finals swims at this extremely fast meet:**

- Calderone – Boys 200 Fly (27th, 15 & Under D-final)**
- Constable – Girls 200 Breast (7th), Girls 100 Breast (3rd)**
- Davis – Girls 500 Free (13th), Girls 1650 Free (7th)**



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(Continued)



- **Heinze – Boys 1000 Free (21st), Boys 1650 Free (14th)**
- **Jones – Boys 100 Fly (2nd), Boys 100 Back (3rd), Boys 50 Free (2nd), Boys 100 Free (2nd)**
- **Kavanagh – Boys 200 Back (17th), Boys 200 IM (10th)**
- **Logan – Girls 200 Back (4th), Girls 100 Back (4th), Girls 50 Free (8th), Girls 100 Free (5th)**
- **McGeehan – Boys 100 Breast (19th)**
- **Sherratt – Girls 100 Fly (16th), Girls 400 IM (14th), Girls 200 IM (22nd), Girls 200 Fly (10th)**
- **Waibel – Boys 50 Free (11th)**

**The team accomplished an incredible feat by placing in the top 9 and scoring in all 10 relays! In the 200 Free Relays, the girls team (Sherratt, Logan, Cadigan, Ritter) and boys team (Waibel, Jones, Swenson, Kavanagh) both placed 6th, Girls 400 and 200 Medley Relays (Logan, Constable, Sherratt, Ritter) both finished 3rd, Boys Medley Relays (Jones, McGeehan, Kavanagh, Waibel) placed 6th in the 400 and 9th in the 200, Girls 800 Free Relay (Sherratt, Logan, Davis, Ritter) placed 6th, Boys 800 Free Relay (Jones, Waibel, Higinbotham, Crall) earned 7th, Girls 400 Free Relay (Kim, Logan, Sherratt, Ritter) scored in 5th, and Boys 400 Free Relay (Waibel, Jones, Frank, Kavanagh) ended off the meet with a 9th place finish.**

**All swimmers showed out and persevered to amazing swims over this week-long competition. Congratulations to the 2023 FSPY National Team!**

**The Fanwood-Scotch Plains YMCA swim team is a year-round competitive team offering professional coaching and technique instruction. For more information, contact Chris Karelus, Head Coach and Director of Competitive Aquatics, 908-889-8880 x 129.**