



## New Jersey YMCA 8 and Under State Championship

### Hosted by the Greater Somerset County YMCA Swim Team

Date of Meet:	Saturday, February 11, and Sunday, February 12, 2023
Location:	<p>Jersey Aquatic Center 629 Central Ave. New Providence, NJ 07974</p> <p>The pool is Olympic-sized: 25 Yards by 50 meters and utilizes 10 lanes in Short Course or Long Course competition layout. The pool uses pedestal-style blocks with non-turbulent lane lines and an Omega Timing System. Under Long Course layout, the depth of the pool at the starting end is 6'9" and at the turning end is 5 feet. Under Short Course layout, the depth of the 10 competition lanes is 6'9". There are an additional 12 Short Course lanes for use during the general warm-up period that vary in depth from 5' to 6'9". During Short Course competition, there shall be a two lane buffer and 10 lanes available for warm-up and warm-down. There is also one 3 lane by 25 yard auxiliary pool for warm-up and warm-down. (This pool is only open during Long Course meet). The depth of the auxiliary pool ranges from 6'3" to 4'. There is bleacher seating on deck for up to 250 spectators. Parking is available in the facility lot ONLY. Parking in the lots of any surrounding businesses is strictly prohibited unless otherwise directed.</p>
Meet Director:	Shannon Hamilton - <a href="mailto:GSCYMeetDirector@gmail.com">GSCYMeetDirector@gmail.com</a> , 908.391.1832
Meet Referees:	Steve Sawin - <a href="mailto:spsawin@aol.com">spsawin@aol.com</a> Roni Sawin - <a href="mailto:Ronisawin2@aol.com">Ronisawin2@aol.com</a>
Host Team Contact and Meet Marshal:	Mary Korey - <a href="mailto:mkorey@gscymca.org">mkorey@gscymca.org</a> 201.220.9807
Entry Coordinator:	Theresa Hoffman - <a href="mailto:GSCYentries1@gmail.com">GSCYentries1@gmail.com</a> 908.887.4999
Swimmer Age:	Age for this meet is as of: December 01, 2022
Entry Deadline:	<p>All entries will be accepted for eligible teams and swimmers. Entry Deadline Date: <b>Wednesday, February 01, 2023</b> All entries must be Hy-Tek compatible entries and submitted via email. Send to <a href="mailto:GSCYentries1@gmail.com">GSCYentries1@gmail.com</a> Please title email "2023 8&amp;U Champs" See procedures in Entries section below. It is not necessary to overnight or express mail your hard copy and check which are sent in support of an e-mailed entry.</p>
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the Meet Committee. The Committee consists of the Meet Director, the Meet Referees, and the host club head coach. These format changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes could include:</p> <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits.</li> <li>• To conform with Sanction Guidelines:</li> <li>• No competition before 7:00 AM or after 9:00 PM</li> <li>• Warm-up with no more than 17 swimmers/lane</li> </ul>
Internet Website Posting:	<p>Website address: <a href="http://www.gscymca.org/">http://www.gscymca.org/</a> Pre-Meet Information posted on website</p> <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website</li> <li>• Downloadable Hy-Tek Events list (HYV file) will be posted on the website</li> <li>• Updated meet schedule</li> <li>• Warm-up Schedule and Team Warm-up Assignments</li> <li>• Timing assignments</li> </ul>

	Post-Meet Information posted on website <ul style="list-style-type: none"> <li>Downloadable Results</li> </ul>
Team Eligibility:	All teams must be currently registered and in good standing with YMCA of the USA prior to sending in entries.
Coaches Eligibility:	<ul style="list-style-type: none"> <li>All coaches must be certified YMCA Coaches and have completed YMCA coaches' registration by this meet's entry deadline.</li> <li>Only coaches with current CPR Pro, First Aid, Coaches Safety Training, and Principles of YMCA Competitive Swimming and Diving certifications are permitted on deck.</li> <li>Coaches must show coaching card for entrance to facility.</li> <li>Coaches must have coaching card visible at all times while on deck.</li> <li>Coaches must have a visible coach's card when entering hospitality area.</li> </ul>

Swimmer Eligibility:	<p>YMCA of the USA Rules For Eligibility shall apply</p> <ul style="list-style-type: none"> <li>The swimmer must have been a member of his/her YMCA in good standing for at least 90 days prior to the date of the meet and entitled to full privilege membership activities.</li> <li>The swimmer must be an amateur and must not have represented another YMCA or another swimming organization in open or closed competition 90 days prior to February 11, 2023.</li> <li>The swimmer must have represented his/her YMCA in closed competition on at least three occasions on separate days during the four (4) month period prior to Saturday, February 11, 2023.</li> </ul> <p>Individual and Relay Limits:</p> <ul style="list-style-type: none"> <li>Swimmers will be restricted to entering three (3) individual age group events and two (2) relay events, with a maximum of five (5) events for the Meet. There are no restrictions on the number of entries per team in individual or relay events.</li> </ul> <p>Age at Meet:</p> <ul style="list-style-type: none"> <li>Age for this meet is calculated as of: <b>December 1<sup>st</sup> 2022</b></li> </ul>
Meet Format:	<ul style="list-style-type: none"> <li>This meet is a closed YMCA championship meet.</li> <li>The meet and all participants adhere to the <i>Rules that Govern YMCA Competitive Sports</i>.</li> <li>This meet will be run in accordance to current USA Swimming Rules.</li> <li>This meet will be run as a timed final meet. A semi-automatic timing system will be used as the primary timing system.</li> <li>The meet will be pre-seeded.</li> <li>Positive check-in is required for all individual entries with coaches checking-in or scratching their athletes. Final meet programs will be distributed to the head coach of each team prior to the start of the individual races.</li> <li>For all individual events, swimmers will report to the marshaling area for organizing heats and lanes and to be escorted to the starting blocks.</li> <li><b>Relays will be marshaled on deck by each team's coaches.</b></li> <li><b>Relay starts will be from the blocks at the start end of the pool and from within the pool (push-off start) at the turn end. Diving from the deck at the turn end is not permitted for the relays.</b></li> <li><b>Each team is required to provide at least one team parent per session to assist with marshaling their team's swimmers.</b></li> </ul>
Meet Schedule:	<ul style="list-style-type: none"> <li>This meet will have three sessions over a two-day period.</li> </ul>

### MEET SCHEDULE – Saturday, February 11 and Sunday, February 12, 2023

Session	Facility Opens	Warm-up	Scratches Due	Officials Meeting	Session Start
<b>Saturday AM Girls &amp; Boys 8/U, Region A</b>	7:30 AM	8:00 AM	8:30 AM	8:20 AM	9:00 AM
<b>Saturday PM Girls &amp; Boys 8/U, Region B</b>	TBD	TBD	TBD	TBD	TBD
<b>Sunday AM Girls &amp; Boys 8/U, Region C</b>	7:30 AM	8:00 AM	8:30 AM	8:20 AM	9:00 AM

Warm-up Procedures:	<ul style="list-style-type: none"> <li>• Warm-ups will be run under provisions of the New Jersey Swimming Warm-up and Safety Guidelines as outlined below.</li> <li>• All swimmers are entitled to a fair and comparable warm-up. All teams will be afforded the same opportunities for warm-ups.</li> <li>• No warm-up lanes shall contain more than 17 swimmers/lane</li> </ul> <p>Entry into Pool:</p> <ul style="list-style-type: none"> <li>• All swimmers must enter the pool from the starting end of the pool, right side of the lane, feet-first entry.</li> </ul> <p>Host Team Monitoring Warm-ups</p> <ul style="list-style-type: none"> <li>• Uniformed and designated meet marshals will monitor warm-ups.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> </ul> <p>Warm-up Schedules</p> <ul style="list-style-type: none"> <li>• The warm-up sessions will be 20 minutes long.</li> <li>• Warm-up assignments will be e-mailed and posted at: <a href="http://www.gscymca.org">www.gscymca.org</a></li> </ul>
Entry Times:	<ul style="list-style-type: none"> <li>• There are no qualifying times for this meet.</li> <li>• All entry times must be in short course yards.</li> <li>• Every entry must have a valid time. <b>Entries with NT or no time will not be accepted.</b></li> <li>• <b>Times submitted must have been achieved within a thirteen-month time period, as of the start date of the meet.</b></li> </ul>
Check-In:	<ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the scoring table at least 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with “SCR” next to the circle.</li> <li>• The session will be re-seeded.</li> </ul>
Starts:	‘Fly-over’ or ‘Over-the-top’ starts may be used at this meet.
Scoring:	This meet will not be scored.
Missed Events:	Swimmers who miss their heat or event but are present at the start end of the pool and ready to swim will be accommodated according to the following guidelines: (i) if there are additional heats of the same event with open lanes, the swimmer will be permitted to swim in the open lane, (ii) if there are no open lanes in the remaining heats of an event and there are open lanes in the next event or subsequent events, then the swimmer will be permitted to swim their event in the open lane of the next event or subsequent events, (iii) extra heats will not be created for swimmers missing their heat and event.
Awards:	<ul style="list-style-type: none"> <li>• Medals will be awarded for places 1 through 3 in each individual event. Ribbons will be awarded for places 4 through 6 in each individual event.</li> <li>• Relays will be awarded medals for places 1 through 3.</li> <li>• <b>Coaches will pick up all team and individual awards at the end of the meet from the awards desk. Awards will not be sent or mailed to teams after the meet.</b></li> </ul>
Entry Fees:	<ul style="list-style-type: none"> <li>• Individual Entry Fee: \$8.00</li> <li>• Relay Entry Fee: \$20.00</li> <li>• Facility Fee: \$10.00 per athlete</li> <li>• Make checks payable to: <b>GSCYMCA</b></li> <li>• Host club has the right to scratch teams/swimmers for lack of payment of entry fees.</li> </ul>
Entries:	<ul style="list-style-type: none"> <li>• Team entries should be submitted by E-mail to <a href="mailto:GSCYentries1@gmail.com">GSCYentries1@gmail.com</a> titled “8&amp;U Champs”</li> <li>• All entries must be Hy-Tek compatible program entries as an attached file to an e-mail.</li> <li>• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer’s responsibility to make sure that the host club’s meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or mail in your entries. (see Entry Deadline Section above for contact information)</li> <li>• Mail entry summary, signed NJ Swimming waiver, and checks to: ATTN: Mary Korey, 140 Mt Airy Rd, Basking Ridge, NJ 07920 Otherwise bring to the first session of the meet where the team is competing.</li> <li>• Accuracy of seed times is essential. Incomplete entries will not be accepted.</li> <li>• Deck entries will not be accepted. No phone or faxed entries will be accepted.</li> </ul>

Results:	<ul style="list-style-type: none"> <li>• Results will be available on the host club website.</li> <li>• Participating teams will have results emailed to them.</li> </ul>
Host Club Responsibilities:	<ul style="list-style-type: none"> <li>• The host club will provide a single timer in each lane throughout the meet.</li> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will e-mail all club entry confirmations back to the participating clubs.</li> <li>• The host club will create a warm-up schedule that will be fair and equitable to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: <a href="http://www.gscymca.org">http://www.gscymca.org</a> no later than <b>1 week</b> before the meet.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: <a href="http://www.gscymca.org">http://www.gscymca.org</a> no later than <b>1 week</b> before the meet.</li> <li>• Water shall be made available to all coaches, Officials and Volunteers throughout the competition</li> <li>• Food will be made available to all coaches, Officials and Volunteers unable to leave the premises during the competition.</li> </ul>
Participating Club Responsibilities:	<ul style="list-style-type: none"> <li>• All swimmers in this meet must be under the supervision of a coach who meets the “Coaches Eligibility” requirements for this meet and is in attendance throughout the session. If such a coach is not available on the day of the meet, then a coach from another participating team at the meet must be designated as the responsible coach. The meet director and meet referee must be notified of this designation prior to the start of warmup. Swimmers without a coach will not be permitted to compete.</li> <li>• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.gscymca.org">http://www.gscymca.org</a> <b>1 week</b> prior to the meet.</li> <li>• Teams may opt to switch timers throughout each session, but may not opt to vacate their timing assignment prior to the completion of the session.</li> <li>• Participating club parents must stay off the pool deck except for those in timing assignments or those marshaling swimmers.</li> </ul>
Officials:	<p>Swimming Officials will be selected from participating teams. Each participating team is required to submit the name of at <b>least one</b> currently certified official per session to the Meet Referee, Steve Sawin @ <a href="mailto:spsawin@aol.com">spsawin@aol.com</a>. Only those officials who are able to work the entire session should be submitted. Please state if the official is YMCA Level 1 or 2 and their USA Swimming level (if certified). Those Officials selected will be contacted directly prior to the Championship.</p> <ul style="list-style-type: none"> <li>• Current YMCA certification is required for all officials and the Meet Referee may check cards.</li> <li>• The standard uniform of white shirt and navy blue pants or skirt must be worn by all officials.</li> <li>• Officials will be required to work the entire session and will receive free admission and a championship official’s shirt. Those officials registering with the Meet Referee in advance of the meet will get preference for shirts.</li> </ul>
Concessions:	Concessions will be available throughout the meet.
Vendor:	<p>California Beach Hut will be onsite with swimming equipment and clothing for sale during the meet.</p> <p>Northwest Designs will be onsite with Championship themed apparel.</p>
Spectator Areas:	<p>The spectator areas consist of designated seats at the side of the pool in the stands, and spectators are encouraged to visit the area only during races in which their swimmers are participating. If there is overcrowding in the spectator area, then the Meet Committee and facility manger have the right to limit spectators to <b>two</b> spectators per swimmer in the current race. <b>Coolers, folding chairs, and strollers are not permitted in the spectator area and pool area.</b> Spectators and swimmers will not be allowed to save seats in the spectator area.</p>
<u>Photo/Video Policy</u>	<ul style="list-style-type: none"> <li>• The use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms.</li> <li>• Photographs or videos may not be taken behind the block during competition and warm-ups.</li> <li>• Flash photography is not permitted at the start of races.</li> </ul>
Meet Cancellation:	In case of inclement weather, the Meet Committee has the right to cancel the meet or a portion of the meet.

	<p>The Committee’s decision is final.  Prior to the meet, information about whether the meet has been canceled will be available by 8PM on Friday, February 10, 2023 at the host team website, <a href="http://www.gscymca.org">www.gscymca.org</a>. All coaches of participating teams will also be notified via email.  In case of inclement weather during the meet, decisions of cancellations will be communicated directly to the teams present.</p>
<p>Directions:</p>	<p>Address: Jersey Aquatic Center 629 Central Ave. New Providence, NJ 07974  Directions: From 78 East Take Exit 44 toward New Providence/County Highway 527. At the end of the exit ramp turn left onto County Road 527/Glenside Avenue. After ½ mile, turn Left onto Glenside Road. Glenside Road will become South Street/County Highway 647. Turn Left onto Central Avenue. Jersey Aquatic Center will be 0.3 miles after this turn on the right-hand side of the road. From 78 West Take Exit 43 and merge onto Diamond Hill Road/County Highway 655. In a little less than a mile, turn right onto Mountain Avenue/County Highway 622. Again, in a little less than a mile, turn left onto South Street/County Highway 647. In 0.8 miles, turn left onto Central Avenue. Jersey Aquatic Center will be 0.3 miles after this turn on the right-hand side of the road. From Interstate 287 Take Exit 21A (Route 78/New York City). Follow “From 78 West” directions above.</p>
<p>Order of Events:</p>	<p>The order of events is on the next two pages.</p>

**2023 N.J. YMCA 8 AND UNDER STATE CHAMPIONSHIP - ORDER OF EVENTS**  
**Saturday, February 11 and Sunday, February 12, 2023**

All 3 sessions will have the same order of events.

Girls Events	Girls Events	Girls Events	Age Group	Boys Events	Boys Events	Boys Events
Session 3	Session 2	Session 1	Event	Session 1	Session 2	Session 3
301	201	101	7&Under 100 Medley Relay	102	202	302
303	203	103	8&Under 100 Medley Relay	104	204	304
305	205	105	7&Under 25 Freestyle	106	206	306
307	207	107	8 Year Old 25 Freestyle	108	208	308
309	209	109	7&Under 25 Breaststroke	110	210	310
311	211	111	8 Year Old 25 Breaststroke	112	212	312
313	213	113	7&Under 50 Freestyle	114	214	314
315	215	115	8 Year Old 50 Freestyle	116	216	316
317	217	117	7&Under 25 Backstroke	118	218	318
319	219	119	8 Year Old 25 Backstroke	120	220	320
321	221	121	7&Under 25 Butterfly	122	222	322
323	223	123	8 Year Old 25 Butterfly	124	224	324
325	225	125	7&Under 100 Freestyle Relay	126	226	326
327	227	127	8&Under 100 Freestyle Relay	128	228	328
329	229	129	8&Under 100 IM	130	230	330

All teams must be currently registered and in good standing with YMCA of the USA.

Team assignments below are based on teams that competed at last year's 8/under Championship and are still subject to change. Final determination will be made after all entries have been submitted. Teams not listed here may also enter and will be assigned a day once all entries are submitted.

**Saturday AM – Session1 – Region A**

The Greater Morristown YMCA  
 Hamilton Y Aquatic Club  
 Hunterdon County YMCA  
 Madison Area YMCA  
 Metuchen Edison YMCA  
 Montclair YMCA  
 Princeton YMCA Pirates  
 Randolph YMCA  
 Raritan Valley YMCA Riptide  
 Wayne YMCA Bluestreaks  
 Westfield YMCA

**Saturday PM – Session 2 – Region B**

Meadowlands YMCA  
Mount Laurel Phoenix YMCA  
Newark YMCA  
Ocean County YMCA  
Ridgewood YMCA Breakers Swim Team  
Sussex County YMCA  
West Essex YMCA  
Wyckoff YMCA Sharks  
YMCA of Vineland Seals

**Sunday AM – Session 3 – Region C**

Fanwood-Scotch Plains YMCA  
Greater Monmouth County YMCA  
Greater Somerset County YMCA  
Lakeland Hills YMCA  
Summit Area YMCA

**2023 N.J. YMCA 8/Under State Championship  
February 11 – 12, 2023 at Jersey Aquatic Center  
Meet Declaration Form**

Please complete this form in its entirety. The Competition Committee and Meet Director will use this form if there are questions or clarifications needed in your team's entries.

We the undersigned attest to the following:

**SWIMMERS** - All swimmers representing the YMCA below are full privilege members of the YMCA and meet all eligibility requirements.

**COACHES** - All coaches representing the YMCA below hold current certifications in CPR Pro, First Aid, Coaches Safety Training, and Principles of YMCA Competitive Swimming and Diving and have completed the annual YMCA coach registration online.

**INSURANCE** - Our Association has insurance coverage for representative(s) including leadership and participants who will be in attendance at the 2023 NJ YMCA 8/under State Championship for the period of travel from our Association to the meet, during the entire period of the meet and return to our Association. I hereby certify that the YMCA below has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their travel to and from and during their participation in the 2023 NJ YMCA 8/under State Championship.

**RELEASE** - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Greater Somerset County YMCA, Jersey Aquatic Center, their agents, representatives or assigns for any and all injuries which may be suffered by participants at the 2023 NJ YMCA 8/under State Championship. Furthermore, we understand that the YMCA of the USA, Greater Somerset County YMCA, and Jersey Aquatic Center are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

**I hereby certify that swimmers listed on the entry disk and/or entry forms have fulfilled the YMCA NJ State Championship Committee Meet Requirements and that the seed times are verifiable.**

Participating YMCA: \_\_\_\_\_

Coach's Name: \_\_\_\_\_

Telephone: (day) \_\_\_\_\_ (night) \_\_\_\_\_ (email) \_\_\_\_\_

**Signatures:**

Coach: \_\_\_\_\_ Date: \_\_\_\_\_

YMCA Executive Director: \_\_\_\_\_ Date: \_\_\_\_\_

The coaches listed below will be responsible for all their swimmers as named on the NJ YMCA 8 and Under State Championship entry sheets.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Team Entry will not be processed unless this form is completed and signed in its entirety.



**Participating YMCA**

**TEAM FEE:**

TOTAL INDIVIDUAL EVENTS: \_\_\_\_\_ x \$8.00 = \_\_\_\_\_

TOTAL RELAYS: \_\_\_\_\_ x \$20.00 = \_\_\_\_\_

TOTAL SWIMMERS: \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

TOTAL FEE: \_\_\_\_\_ \$ \_\_\_\_\_

**Make checks payable to: GSCYMCA and mail to:  
Mary Korey  
140 Mt Airy Rd  
Basking Ridge, NJ 07920**