

2025 - 2026 GSCY Storm Fall Practice Schedule

September 10th through each swimmer's final championship meet. Swimmers not qualifying for YMCA championships conclude February 1st.

Schedule is tentative and subject to change.

COACH	GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Mary Korey	Senior 1	4-6 BY	4-6 CH	OFF	7:30-9 BY	4-6 BY	7-9 BY	9-11 BY
Eric Horowitz	Senior 2	7:30-9 BY	OFF	4-6 BY	4:15-6:15 CH	4-6 BY	7-9 BY	9-11 CH
Chris Chang	Senior 3	4-6 BY	4-6 BY	6:30-8:30 CH	6:15-7:45 CH	OFF	9-11 BY	11-1 BY
Mary Korey	Senior 4	7:30-9 BY	7:15-8:45 CH	OFF	7:30-9 BY	OFF	11-1 BY	11-1 BY
Rob Rynone	Junior 1	7:30-9 CH	4-6 BY	6-8 BY	OFF	4-6 CH	9-11 BY	7-9 BY
Evan Graziano	Junior 2	5:30-7:30 CH	7:30-9 P	4-6 BY	4-6 BY	OFF	11-1 BY	7-9 BY
Evan Graziano	Junior 3	4-5:30 CH	6-7:30 P	6-7:30 BY	4-6 BY	OFF	OFF	9-11 BY
Jesse Novak	Lightning 1	6-7:30 BY	7:15-8:45 BY	OFF	6-7:30 BY	6-7:30 CH	7:30-9:15a CH	OFF
Jack Lawson	Lightning 2	6-7:30 BY	7:15-8:45 BY	5-6:30 CH	6-7:30 BY	OFF	9:15-11a CH	OFF
Mary Korey	Lightning 3	6-7:30 BY	6-7:15 CH	OFF	6-7:30 BY	OFF	11-12:15a CH	OFF
Jesse Novak	Thunder 1	4:45-6 SY	6-7:15 BY	OFF	OFF	7:30-8:45 CH	7:30-9a CH	OFF
Kat Tzoris	Thunder 2	6-7:15 ENG	6-7:15 BY	OFF	OFF	6-7:15p BY	9:15-10:45a CH	OFF
Jordan McChesney	Thunder 3	OFF	6-7:15 BY	OFF	OFF	6-7:15p BY	11a-12p CH	OFF
Ellen Mulreed	Waves *	6-7 SY	OFF	6-7 ENG	5:45-6:45 SY	OFF	7:30-8:45 SY	OFF

*Waves swimmers are to attend only 3 of the 4 practices offered each week.

Locations	No practice on the following dates:			
CH	Chandor Pool at Somerset Hills YMCA	140 Mount Airy Road, Basking Ridge, NJ 07920	October 31st (12U only)	Halloween
ENG	Englehard Pool at Somerset Hills YMCA	140 Mount Airy Road, Basking Ridge, NJ 07920	November 27th	Thanksgiving
BY	Bridgewater YMCA	601 Garretson Road, Bridgewater, NJ 08807	December 24-28th	Winter Break
SY	Somerville YMCA	2 Green Street, Somerville, NJ 08876	January 1st	New Year's Day
HY	Hillsborough YMCA	19 East Mountain Road, Hillsborough, NJ 08844		
P	Pingry School	131 Martinsville Rd, Basking Ridge, NJ 07920		