

## **Penn-Jersey Swim League:**

### ***"Sportsmanship Code of Conduct"***

In order to promote good sportsmanship at swim meets, the Penn-Jersey Swim League has constructed a Code of Conduct that all parties connected with the League must follow. We believe that coaches, officials, swimmers and spectators will be well served by the standards set forth in the Sportsmanship Code of Conduct.

While the Penn-Jersey Swim League promotes spirited individual and team competition among swimmers and teams, the primary goal of the League has been, since its inception some thirty years ago, to encourage sportsmanship, mutual respect, and individual growth for the swimmers. Parents, coaches, and officials play an important role in shaping these qualities in our swimmers. To that end, the Sportsmanship Code of Conduct includes guidelines to help adults be positive role models for our swimmers.

By working together, we can help make the Penn-Jersey Swim League become a model of good sportsmanship.

Swimmers, parents, coaches and officials, please read the Sportsmanship Code of Conduct and acknowledge your support of the Penn-Jersey Swim League by signing in the appropriate places below. Thank you for your support.

#### **COACHES**

1. I will place the emotional and physical well being of my swimmers ahead of my personal desire to win.
2. I will treat each swimmer as an individual, keeping the large range of emotional and physical development for the same age group in mind.
3. I will lead by example in demonstrating fair play, sportsmanship and respect and I will not recruit swimmers from other league team.
4. I will be knowledgeable of the rules of the PJS, and I will teach these rules to

my swimmers.

5. I will remember that I am a youth sports coach and that swim meets are for swimmers.
6. I will refrain from the use of alcohol and tobacco products when working as a coach for a team that belongs to the PJSL.
7. I UNDERSTAND THAT IF I EXHIBIT UNSPORTSMANLIKE BEHAVIOR DURING A SWIM MEET, I WILL BE ASKED TO LEAVE THE MEET. I ALSO UNDERSTAND THAT I WILL BE SUBJECT TO DISCIPLINARY ACTION BY THE LEAGUE BOARD.

## **OFFICIALS/BOARD MEMBERS**

1. I will encourage good sportsmanship by demonstrating positive support for all swimmers, coaches, fellow officials and league representatives at all times.
2. I will ensure that I am knowledgeable in the rules of the meets I officiate, and I will apply those rules fairly to all participants, teams and coaches.
3. I will not allow personal friendships and associations to influence my decisions during a swim meet.
4. I will refrain from the use of tobacco and alcohol products when working as an official for a team that belongs to the PJSL.
5. I shall remain mindful that my conduct influences the respect that swimmers, coaches and spectators hold for officials.
6. I UNDERSTAND THAT IF I EXHIBIT UNSPORTSMANLIKE BEHAVIOR DURING A SWIM MEET, I WILL BE ASKED TO LEAVE THE MEET. I ALSO UNDERSTAND THAT I WILL BE SUBJECT TO DISCIPLINARY ACTION BY THE LEAGUE BOARD.

## **PARENTS/SPECTATORS**

1. I will encourage good sportsmanship by demonstrating positive support for all swimmers, coaches and officials at every swim meet and practice.
2. I will place the emotional and physical well being of my child ahead of my personal desire to win.
3. I will demand a sports environment for my child that is free from drugs, tobacco,

and alcohol and will refrain from such use at all swim meets and practices.

4. I will remember that swim meets are for swimmers - not parents.

**5. I UNDERSTAND THAT IF I EXHIBIT UNSPORTSMANLIKE BEHAVIOR DURING A SWIM MEET, I WILL BE ASKED TO LEAVE THE MEET.**

## **SWIMMERS**

1. I will remember that good sportsmanship is more important than the outcome of the swim meets.

2. I will encourage good sportsmanship by demonstrating positive support and respect for fellow swimmers, coaches and officials.

3. I will refrain from the use of drugs, alcohol and tobacco when participating on a team that belongs to the PJSL.

**4. I UNDERSTAND THAT IF I EXHIBIT UNSPORTSMANLIKE BEHAVIOR DURING A SWIM MEET, I WILL BE DISQUALIFIED FROM THE SWIM MEET AND ANY POINTS I HAVE EARNED FOR MY TEAM WILL BE FORFEITED.**