

WHAT IS SUCCESS?

There have been many attempts to define success. Every person has an idea in their mind of what it means to them. Though I am sure that the concept has been tossed around almost all kitchen tables, John Wooden, legendary UCLA basketball coach, provides the best definition of success that I have seen:

“Success is peace of mind which is a direct result of self-satisfaction in knowing you did your best to become the best you are capable of becoming.”

In an interview, Coach Wooden was asked to name the most successful basketball player, according to Wooden’s own definition, that he ever coached. He explained in detail how two players came close. What that means is that process of becoming the best we are capable of becoming is ongoing.

When the HCY applies this vision for our success for its members and its team, the number of silver champs qualifiers, gold champs qualifiers, JO qualifiers, and National Qualifiers will take care of itself. Things such as winning, championships, trophies, medals and prestige are byproducts or side-effects of an organization that encourages personal and collective success.

John Wooden also had this to say

“You can lose when you outscore somebody in a game. And you can win when you are outscored.”