

Group/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Senior 1A (Practice)	4:15 – 6:15 PM Deer Path Pool	7:15 – 8:45 PM Deer Path Pool	4:15 – 6:15 PM Deer Path Pool	5:30 – 6:30 AM 4:15 – 6:15 PM Deer Path Pool	4:40 – 6:15 PM Deer Path Pool	7:00 – 9:00 AM RVCC POOL	
(Dryland)	6:25 – 7:05 PM		6:25 – 7:05 PM		4:00 – 4:30 PM		
Senior 2 (Practice)	7:15 – 8:45 PM Deer Path Pool	7:15 – 8:45 PM Deer Path Pool	7:15 – 8:45 PM Deer Path Pool		4:40 – 6:15 PM Deer Path Pool	7:00 – 9:00 AM RVCC POOL	
(Dryland)	6:25 – 7:05 PM		6:25 – 7:05 PM		4:00 – 4:30 PM		
Pre-Senior (Practice)	6:15 – 7:45 PM Deer Path Pool	4:45 – 6:15 PM Deer Path Pool		5:40 – 7:15 PM Deer Path Pool	6:45 – 8:15 PM Deer Path Pool	7:00 – 9:00 AM RVCC POOL	
(Dryland)	5:30 – 6:00 PM			5:00 – 5:30 PM			
Junior 2 (Practice)	5:00 – 6:15 PM Deer Path Pool			6:15 – 7:30 PM Deer Path Pool	5:30 – 6:45 PM Deer Path Pool	7:00 – 9:00 AM Deer Path Pool	
(Dryland)				5:35 – 6:05 PM			
Junior 1 (Practice)	6:15 – 7:15 PM Deer Path Pool		6:15 – 7:15 PM Deer Path Pool			7:00 – 9:00 AM Deer Path Pool	
(Dryland)			5:30 – 6:00 PM				
Little Stingrays (Practice)		6:15 – 7:15 PM Deer Path Pool	6:15 – 7:15 PM Deer Path Pool		6:15 – 7:15 PM Deer Path Pool		
(Dryland)					5:30 – 6:00 PM		

Updates:

Senior 1 Thursday AM practice is from 5:30 – 6:30 AM. Starts in October, date TBD.