

NEW JERSEY SWIMMING

2015 – 2016 GOLD/SILVER/BRONZE TIME STANDARDS

10 & Under Short Course Yards

10 & UNDER GIRLS				10 & UNDER BOYS		
NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE	EVENT	NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE
31.39	:36.19	:36.20+	50 yd. Freestyle	31.29	:36.19	:36.20+
1:09.89	1:22.09	1:22.10+	100 yd. Freestyle	1:10.29	1:22.09	1:22.10+
2:35.59	2:58.29	2:58.30+	200 yd. Freestyle	2:35.59	2:58.29	2:58.30+
7:07.89	7:39.49	7:39.50+	500 yd. Freestyle	7:06.89	7:39.49	7:39.50+
36.79	:43.89	:43.90+	50 yd. Backstroke	37.29	:43.89	:43.90+
1:19.79	1:36.19	1:36.20+	100 yd. Backstroke	1:20.69	1:36.19	1:36.20+
42.09	:48.19	:48.20+	50 yd. Breaststroke	42.89	:48.19	:48.20+
1:31.89	1:48.99	1:49.00+	100 yd. Breaststroke	1:34.49	1:48.99	1:49.00+
35.59	:42.99	:43.00+	50 yd. Butterfly	36.19	:42.99	:43.00+
1:25.49	1:42.09	1:42.10+	100 yd. Butterfly	1:26.49	1:42.09	1:42.10+
1:19.89	1:34.39	1:34.40+	100 yd. Ind. Medley	1:19.99	1:34.39	1:34.40+
2:55.39	3:19.39	3:19.40+	200 yd. Ind. Medley	2:58.79	3:19.39	3:19.40+

Bronze Times are all times slower than Silver Times!

New Times in Bold and Shaded Yellow!

11-12 Short Course Yards

11-12 GIRLS				11-12 BOYS		
NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE	EVENT	NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE
27.89	:31.39	:31.40+	50 yd. Freestyle	27.79	:31.39	:31.40+
1:00.69	1:08.29	1:08.30+	100 yd. Freestyle	1:00.49	1:08.29	1:08.30+
2:12.69	2:31.79	2:31.80+	200 yd. Freestyle	2:11.99	2:31.79	2:31.80+
5:58.29	6:40.99	6:41.00+	500 yd. Freestyle	5:58.29	6:40.99	6:41.00+
12:56.49	13:45.49	13:45.50+	1000 yd. Freestyle	13:00.49	13:45.49	13:45.50+
21:21.49	22:21.49	22:21.50+	1650 yd. Freestyle	21:21.49	22:21.49	22:21.50+
32.19	:37.09	:37.10+	50 yd. Backstroke	32.19	:37.09	:37.10+
1:08.89	1:21.89	1:21.90+	100 yd. Backstroke	1:09.39	1:21.89	1:21.90+
2:30.29	2:53.99	2:54.00+	200 yd. Backstroke	2:32.09	2:53.99	2:54.00+
36.19	:41.99	:42.00+	50 yd. Breaststroke	36.49	:41.99	:42.00+
1:19.09	1:29.89	1:29.90+	100 yd. Breaststroke	1:19.69	1:29.89	1:29.90+
2:51.59	3:17.99	3:18.00+	200 yd. Breaststroke	2:54.49	3:17.99	3:18.00+
30.89	:35.49	:35.50+	50 yd. Butterfly	30.89	:35.49	:35.50+
1:09.39	1:21.99	1:22.00+	100 yd. Butterfly	1:10.69	1:21.99	1:22.00+
2:45.39	2:59.99	3:00.00+	200 yd. Butterfly	2:46.19	2:59.99	3:00.00+
1:09.79	1:20.29	1:20.30+	100 yd. Ind. Medley	1:08.99	1:20.29	1:20.30+
2:30.49	2:51.79	2:51.80+	200 yd. Ind. Medley	2:30.29	2:51.79	2:51.80+
5:32.29	6:06.19	6:06.20+	400 yd. Ind. Medley	5:35.89	6:06.19	6:06.20+

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2015 – 2016 GOLD/SILVER/BRONZE TIME STANDARDS

13-14 Short Course Yards

13-14 GIRLS				13-14 BOYS		
NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE	EVENT	NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE
26.59	:28.99	:29.00+	50 yd. Freestyle	24.79	:27.99	:28.00+
57.29	1:02.89	1:02.90+	100 yd. Freestyle	53.89	1:01.49	1:01.50+
2:04.99	2:16.79	2:16.80+	200 yd. Freestyle	1:57.99	2:14.89	2:14.90+
5:37.59	6:04.99	6:05.00+	500 yd. Freestyle	5:19.19	6:03.19	6:03.20+
11:43.29	12:22.29	12:22.30+	1000 yd. Freestyle	11:18.49	11:59.49	11:59.50+
19:30.69	20:21.69	20:21.70+	1650 yd. Freestyle	19:00.19	19:50.29	19:50.30+
1:05.49	1:13.59	1:13.60+	100 yd. Backstroke	1:01.89	1:11.59	1:11.60+
2:20.29	2:39.39	2:39.40+	200 yd. Backstroke	2:13.09	2:35.69	2:35.70+
1:14.69	1:22.49	1:22.50+	100 yd. Breaststroke	1:09.79	1:20.39	1:20.40+
2:42.89	2:59.89	2:59.90+	200 yd. Breaststroke	2:33.59	2:55.89	2:55.90+
1:04.59	1:13.79	1:13.80+	100 yd. Butterfly	1:00.79	1:10.99	1:11.00+
2:28.99	2:43.99	2:44.00+	200 yd. Butterfly	2:21.89	2:40.59	2:40.60+
2:22.09	2:36.89	2:36.90+	200 yd. Ind. Medley	2:14.59	2:34.49	2:34.50+
5:04.09	5:39.69	5:39.70+	400 yd. Ind. Medley	4:48.29	5:34.29	5:34.30+

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OPEN Short Course Yards

(OPEN GOLD / SENIOR CHAMP STANDARDS)

OPEN GIRLS				OPEN BOYS		
NJS GOLD SENIOR CHAMPS	NJ SWIM SILVER	NJ SWIM BRONZE	EVENT	NJS GOLD SENIOR CHAMPS	NJ SWIM SILVER	NJ SWIM BRONZE
25.99	:28.19	:28.20+	50 yd. Freestyle	23.69	:25.39	:25.40+
56.49	1:01.09	1:01.10+	100 yd. Freestyle	50.99	:55.39	:55.40+
2:02.59	2:11.49	2:11.50+	200 yd. Freestyle	1:53.19	2:01.79	2:01.80+
5:30.99	5:52.19	5:52.20+	500 yd. Freestyle	5:08.99	5:31.69	5:31.70+
11:51.09	12:11.09	12:11.10+	1000 yd. Freestyle	11:19.19	11:29.19	11:29.20+
19:30.09	20:08.99	20:09.00+	1650 yd. Freestyle	18:58.89	19:00.99	19:01.00+
1:03.69	1:10.19	1:10.20+	100 yd. Backstroke	59.59	1:05.19	1:05.20+
2:21.59	2:30.99	2:31.00+	200 yd. Backstroke	2:11.19	2:23.69	2:23.70+
1:14.59	1:19.39	1:19.40+	100 yd. Breaststroke	1:07.49	1:14.99	1:15.00+
2:39.59	2:52.69	2:52.70+	200 yd. Breaststroke	2:26.99	2:42.59	2:42.60+
1:02.79	1:09.89	1:09.90+	100 yd. Butterfly	57.09	1:05.59	1:05.60+
2:22.99	2:38.79	2:38.80+	200 yd. Butterfly	2:12.99	2:25.59	2:25.60+
2:19.99	2:30.29	2:30.30+	200 yd. Ind. Medley	2:07.99	2:20.29	2:20.30+
5:03.99	5:28.99	5:29.00+	400 yd. Ind. Medley	4:41.99	5:13.19	5:13.20+

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