

NEW JERSEY SWIMMING

2016 - 2017 GOLD/SILVER/BRONZE TIME STANDARDS

10 & Under Short Course Yards

10 & UNDER GIRLS				10 & UNDER BOYS		
NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE	EVENT	NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE
31.39	36.19	36.20+	50 yd. Freestyle	31.19	36.19	36.20+
1:09.89	1:22.09	1:22.10+	100 yd. Freestyle	1:10.09	1:22.09	1:22.10+
2:35.59	2:58.29	2:58.30+	200 yd. Freestyle	2:34.39	2:58.29	2:58.30+
7:07.89	7:39.49	7:39.50+	500 yd. Freestyle	7:06.89	7:39.49	7:39.50+
36.79	43.89	43.90+	50 yd. Backstroke	36.99	43.89	43.90+
1:19.79	1:36.19	1:36.20+	100 yd. Backstroke	1:20.49	1:36.19	1:36.20+
42.09	48.19	48.20+	50 yd. Breaststroke	42.89	48.19	48.20+
1:31.89	1:48.99	1:49.00+	100 yd. Breaststroke	1:34.09	1:48.99	1:49.00+
35.59	42.99	43.00+	50 yd. Butterfly	35.99	42.99	43.00+
1:25.49	1:42.09	1:42.10+	100 yd. Butterfly	1:26.49	1:42.09	1:42.10+
1:19.89	1:34.39	1:34.40+	100 yd. Ind. Medley	1:19.99	1:34.39	1:34.40+
2:55.39	3:19.39	3:19.40+	200 yd. Ind. Medley	2:57.59	3:19.39	3:19.40+

Bronze Times are all times slower than Silver Times!

New Times in Bold and Shaded Yellow!

11-12 Short Course Yards

11-12 GIRLS				11-12 BOYS		
NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE	EVENT	NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE
27.59	31.39	31.40+	50 yd. Freestyle	27.59	31.39	31.40+
1:00.29	1:08.29	1:08.30+	100 yd. Freestyle	1:00.29	1:08.29	1:08.30+
2:12.29	2:31.79	2:31.80+	200 yd. Freestyle	2:11.99	2:31.79	2:31.80+
5:57.29	6:40.99	6:41.00+	500 yd. Freestyle	5:58.29	6:40.99	6:41.00+
12:56.49	13:45.49	13:45.50+	1000 yd. Freestyle	13:00.49	13:45.49	13:45.50+
21:21.49	22:21.49	22:21.50+	1650 yd. Freestyle	21:21.49	22:21.49	22:21.50+
31.99	37.09	37.10+	50 yd. Backstroke	32.19	37.09	37.10+
1:08.89	1:21.89	1:21.90+	100 yd. Backstroke	1:09.19	1:21.89	1:21.90+
2:30.29	2:53.99	2:54.00+	200 yd. Backstroke	2:32.09	2:53.99	2:54.00+
36.19	41.99	42.00+	50 yd. Breaststroke	36.39	41.99	42.00+
1:19.09	1:29.89	1:29.90+	100 yd. Breaststroke	1:19.29	1:29.89	1:29.90+
2:51.59	3:17.99	3:18.00+	200 yd. Breaststroke	2:54.49	3:17.99	3:18.00+
30.59	35.49	35.50+	50 yd. Butterfly	30.69	35.49	35.50+
1:09.19	1:21.99	1:22.00+	100 yd. Butterfly	1:10.49	1:21.99	1:22.00+
2:45.39	2:59.99	3:00.00+	200 yd. Butterfly	2:46.19	2:59.99	3:00.00+
1:09.39	1:20.29	1:20.30+	100 yd. Ind. Medley	1:08.99	1:20.29	1:20.30+
2:30.09	2:51.79	2:51.80+	200 yd. Ind. Medley	2:30.29	2:51.79	2:51.80+
5:32.29	6:06.19	6:06.20+	400 yd. Ind. Medley	5:35.89	6:06.19	6:06.20+

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NEW JERSEY SWIMMING

2016 - 2017 GOLD/SILVER/BRONZE TIME STANDARDS

13-14 Short Course Yards

13-14 GIRLS				13-14 BOYS		
NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE	EVENT	NJ SWIM GOLD	NJ SWIM SILVER	NJ SWIM BRONZE
26.29	28.99	29.00+	50 yd. Freestyle	24.59	27.99	28.00+
57.09	1:02.89	1:02.90+	100 yd. Freestyle	53.69	1:01.49	1:01.50+
2:04.59	2:16.79	2:16.80+	200 yd. Freestyle	1:57.99	2:14.89	2:14.90+
5:36.59	6:04.99	6:05.00+	500 yd. Freestyle	5:19.19	6:03.19	6:03.20+
11:43.29	12:22.29	12:22.30+	1000 yd. Freestyle	11:18.49	11:59.49	11:59.50+
19:30.69	20:21.69	20:21.70+	1650 yd. Freestyle	19:00.19	19:50.29	19:50.30+
1:04.89	1:13.59	1:13.60+	100 yd. Backstroke	1:01.49	1:11.59	1:11.60+
2:19.49	2:39.39	2:39.40+	200 yd. Backstroke	2:12.69	2:35.69	2:35.70+
1:14.49	1:22.49	1:22.50+	100 yd. Breaststroke	1:09.79	1:20.39	1:20.40+
2:42.49	2:59.89	2:59.90+	200 yd. Breaststroke	2:33.19	2:55.89	2:55.90+
1:04.59	1:13.79	1:13.80+	100 yd. Butterfly	1:00.39	1:10.99	1:11.00+
2:28.99	2:43.99	2:44.00+	200 yd. Butterfly	2:21.49	2:40.59	2:40.60+
2:21.29	2:36.89	2:36.90+	200 yd. Ind. Medley	2:13.79	2:34.49	2:34.50+
5:04.09	5:39.69	5:39.70+	400 yd. Ind. Medley	4:48.29	5:34.29	5:34.30+

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2016 – 2017 SENIOR CHAMP/SILVER/BRONZE TIME STANDARDS

(OPEN GOLD / SENIOR CHAMPIONSHIP TIME STANDARDS)

OPEN Short Course Yards

OPEN GIRLS				OPEN BOYS		
NJS GOLD SENIOR CHAMPS	NJ SWIM SILVER	NJ SWIM BRONZE	EVENT	NJS GOLD SENIOR CHAMPS	NJ SWIM SILVER	NJ SWIM BRONZE
25.89	:28.19	:28.20+	50 yd. Freestyle	23.59	:25.39	:25.40+
56.29	1:01.09	1:01.10+	100 yd. Freestyle	50.99	:55.39	:55.40+
2:02.39	2:11.49	2:11.50+	200 yd. Freestyle	1:52.99	2:01.79	2:01.80+
5:29.99	5:52.19	5:52.20+	500 yd. Freestyle	5:07.89	5:31.69	5:31.70+
11:45.09	12:11.09	12:11.10+	1000 yd. Freestyle	11:11.49	11:29.19	11:29.20+
19:19.59	20:08.99	20:09.00+	1650 yd. Freestyle	18:43.99	19:00.99	19:01.00+
1:03.69	1:10.19	1:10.20+	100 yd. Backstroke	59.19	1:05.19	1:05.20+
2:21.59	2:30.99	2:31.00+	200 yd. Backstroke	2:09.99	2:23.69	2:23.70+
1:14.59	1:19.39	1:19.40+	100 yd. Breaststroke	1:07.49	1:14.99	1:15.00+
2:39.59	2:52.69	2:52.70+	200 yd. Breaststroke	2:26.99	2:42.59	2:42.60+
1:02.79	1:09.89	1:09.90+	100 yd. Butterfly	56.99	1:05.59	1:05.60+
2:22.99	2:38.79	2:38.80+	200 yd. Butterfly	2:10.49	2:25.59	2:25.60+
2:19.99	2:30.29	2:30.30+	200 yd. Ind. Medley	2:07.99	2:20.29	2:20.30+
4:59.99	5:28.99	5:29.00+	400 yd. Ind. Medley	4:41.99	5:13.19	5:13.20+

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