

HAMILTON Y AQUATIC CLUB

www.hamiltonaquatics.com

Developing Champions in our 43rd year

FALL/WINTER 2025-2026

Sponsored by: Hamilton Area YMCA

Age Group Competitive Training

Ages 9 thru High School

This program is for the experienced, committed, year - round swimmer. Swimmers in this practice group are encouraged to set goals which include US Bronze, Silver, & Junior Olympics. Swimmers will participate in all YMCA league meets, and selected USS swim meets. Selection for this level will be based on the individual's ability to maintain time standards and consistent practices. New swimmers and previously registered Marlin or Dolphin swimmers, who want to be a member of the Age Group practice level must attend **one** of the tryout dates.

Dates:

Sept. 10, 2025 – last meet in March 2026

Location of practices:

WWP-South, WWP-North MCCC and Rider University

Practices

West Windsor High School South - Monday-Friday 7-8:30pm

after November 20, Tuesdays and Thursdays TBD WW-P

will meet on Sundays at Mercer County Community College as needed

Fees

Age Group - \$2,095

\$1,095.00 deposit due with registration payable to: HAC by August 15, 2025

10/15/25 - \$500.00

11/15/25 - \$500.00

Payment Plans available upon request, Contact Sue Welsh swimhacy@gmail.com

An additional \$100 entry fee to be held in escrow for meet entries

Each family will be expect to pay \$400 for parent responsibility which will be returned when the family leaves the team as long as all responsibilities detailed on the Parent Responsibility contract are met.

US Swimming Registration Fee

Swimmers must show proof of US Swimming registration. US membership is done directly through USA Swimming.

Hamilton Area YMCA Swim Team Membership

All swimmers must be GENERAL members of the Hamilton Area YMCA. Payments are to be made directly on the online Y portal to the Hamilton Area YMCA must accompany registration. New swimmers must also complete a Y Registration form – available on HACY website.

Swimmers with current GENERAL or FITNESS Y memberships need only provide membership number on registration form.

(Please note if you have a BASIC membership it will have to be upgraded, your additional fee will be calculated for you.

You may choose to pay for the season or the entire year

Membership will be valid from September 10, 2025– April 15, 2026

Youth (12 & Under) \$108

Teen (age 13 and older) \$210

Membership will be valid from September 10, 2025– September 15, 2026

Youth (12 & under) annually \$198

Teen (13 & older) annually \$385

REGISTRATION AND DEPOSIT ARE DUE BY 8/15/25

Please make checks payable to HAC, Inc. 20 Birchwood Ct., Princeton Jct. NJ 08550

***Previous team members only* Late Fee \$25 registrations received after 8/15/25**

Parent Information Sheet

Fees:

Deposits are required with all registrations. Balance of payment is due 11/15/25. Fees for families with two or more swimmers are discounted automatically. Payment schedule is available for those families that are interested.

Official Training:

Our team is required to provide certified officials for YMCA and USS Meets. We provide the training. This is a great way to become involved in the sport. If you are interested, please Kim Jaffe or Katrina Bailey.

Practice Times: COVID PROTOCOLS MUST BE FOLLOWED

Parents are urged to have their children ready to ENTER the water at the designated start time of practice – generally that means you should get there 10 –15 minutes ahead of schedule to allow time to change, get organized, and stretch!

YMCA Girls and Boys Teams:

There are separate YMCA Swim Teams for the boys and girls – that means that they do not compete together.

USA Swimming:

Swimmers must be registered with NJ Swimming in order to compete in USS meets. More information to follow once swimmer is registered. This is for Age Group and Senior swimmers only!

Parental Responsibilities:

We are dependent on parents to effectively, efficiently, and economically, run this swim club. As such there are a number of requirements that must be fulfilled. None of them are difficult, and they don't have to cost you anything – what we need is your time. They are detailed on the Parent Responsibility Form. That form needs to be read, signed on our website google doc.

Each family is expected to submit \$300 check that will be deposited, until the family leaves the team and all required sessions described in the Parent Responsibility contract have been met.

Team Swim Suits:

Swimmers must purchase a team suit. A "suit sale" date will be announced in September.

Team Apparel:

Optional Team Apparel will be available. Please look for forms to be distributed at practice, to your email address and on the web site at the start of practices. The turn around time for ordering is very fast – so don't delay!

Parent Liaison:

There will be one "experienced" parent at each practice level who will also serve as a contact point for other parents at that practice level.

E-Mail:

Password to website, sportsengine/teamunify will be supplied to each family. All correspondence will be emailed to the primary email contact (please be sure to designate an email that will be checked regularly as the primary email.) Please check website frequently for any changes or updates.

we just want to make sure everyone gets everything!

Club Contact:

Questions and Information:

Team Administrator Sandra Franc francswiss@comcast.net

President/Head Coach: Sue Welsh swelshhacy@gmail.com