

# ***Hamilton Aquatic Club, Inc.***

[www.hamiltonaquatics.com](http://www.hamiltonaquatics.com)

## ***2022 Spring/Summer USS & YMCA Senior Training Program***

Sponsored by the Hamilton Area YMCA

The Spring/Summer competitive swimming workout programs are for qualified senior swimmers, 13 years of age or older. This program is for the year round, goal-oriented swimmer, who has the desire to train towards US Silvers, JO's, Sectionals, Junior, Senior and YMCA National qualifying meets. Last qualifying meet determines last scheduled practice.

**Program Dates:** April 4, 2022 – until last week in July or last meet

**Program Locations:** Rider University, MCCC and  
West Windsor Waterworks (starting 6/22) 6:45-8:30am Monday-Friday

**Practice Times:** A practice schedule will be posted on the HACY website

**Requirements for Seniors:** Practice Attendance  
YMCA and USS meet participation as a team  
Current Hamilton Y and USA member

**Fees:** \$1,500.00 – does not include YMCA or USA membership, meet entry fees or equipment

**Fundraisers:** Parents and Swimmers must participate in any organized fundraisers  
Failure to participate will result in an additional \$300.00 fee.  
Parents Organization will provide sign up opportunities through our website.

### **NEED TO RETURN THE FOLLOWING:**

#### **All Swimmers:**

1. 2022 Spring-Summer Medical/Registration form (New swimmers only, swimmers registered Fall/Winter not needed)
2. Total Tuition due: \$1,500.00 (1<sup>st</sup> payment \$500 due April 4, 2<sup>nd</sup> payment May 15 \$500, third payment June 15- payable to HAC)
3. Hamilton Area YMCA membership fees  
\$72.00 (9-12 yr old) or \$138.00 (13 and over) payable to Hamilton Area YMCA  
Hamilton Area YMCA membership form if new to HACY
4. Equipment form and payment to HAC (if need any new or replacement equipment)

#### **New Swimmers only:**

5. NJ swimming membership form for swimmers new to HACY and/or new to US swimming
6. US membership dues for new swimmers not previously registered in 2022 with USA swimming  
\$85.00 separate check made payable to Hamilton Aquatic Club  
\$10 separate check made payable to HAC if previously registered with another US club (for US transfer fee)
7. Consent and General Liability release form (new swimmers only)

HAC c/o Sue Welsh, 20 Birchwood Court, Princeton Jct., NJ 08550