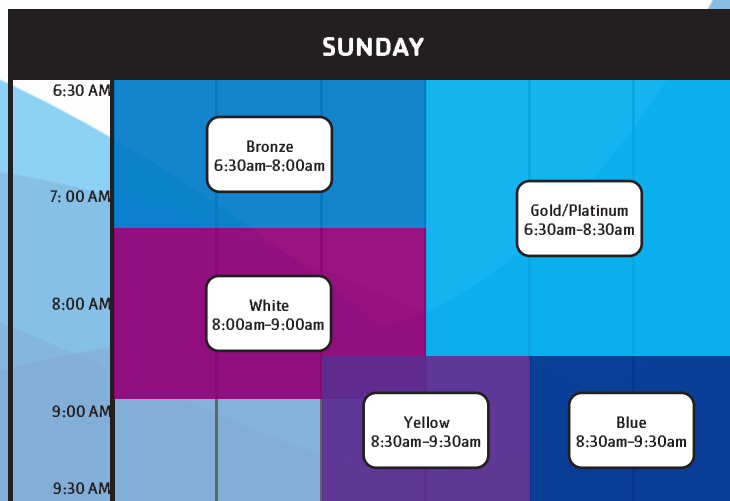
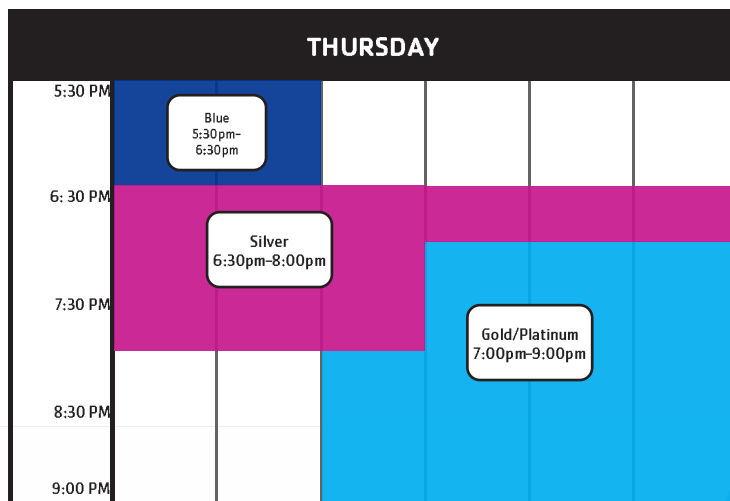
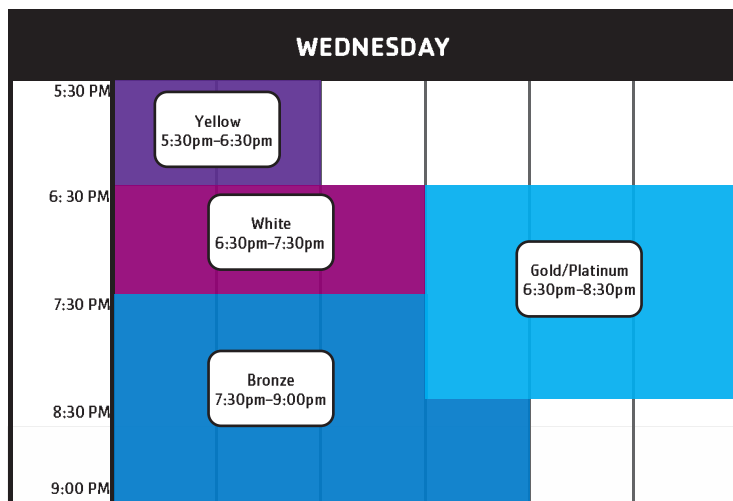
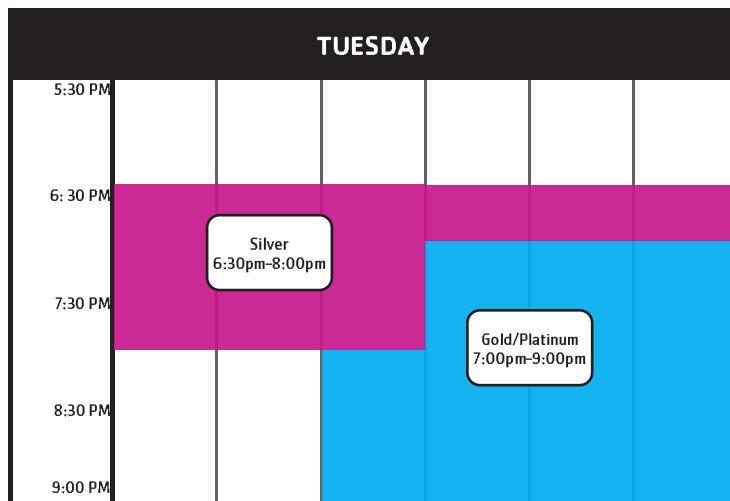
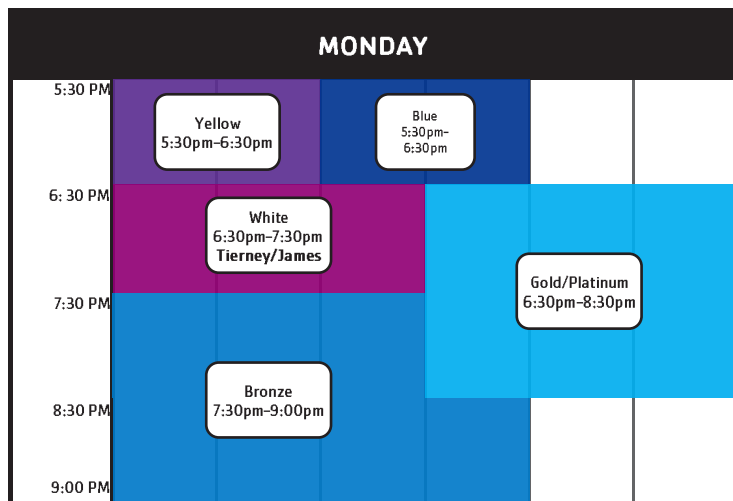


DRYLAND		
Day	Time	Practice Group
Monday	5:30pm-6:30pm	Gold/Platinum
Monday	6:30pm-7:30pm	Bronze
Thursday	5:30pm-6:15pm	Silver
Thursday	6:15pm-7:00pm	Gold/Platinum



THE GREATER MORRISTOWN YMCA
DOLPHINS

2025-2026 Practice Schedule



PM Practice - Silver 5:00pm-7:00pm