



EXTENDED TEMPORARY SCHEDULE (12/8-23/25)

Mon 12/8/25 (REVISIONS IN RED):

National-Sectional: ~~5-6:30am at Lyndhurst HS~~ & 3:30-6pm at Bethany Community Center.

Age Group: **5-6:15PM at Garfield Boys & Girls Club**

Super Squad: **6-7:15pm at Garfield Boys & Girls Club**

Senior Performance: 7:15-9pm at Garfield Boys & Girls Club (no dryland).

Senior Prep: **4-6pm at Garfield Boys & Girls Club**

Age Group 2: **5-6:30pm at Lyndhurst HS. (3 lanes only).**

Senior Development: **6:30-8:30pm at Lyndhurst HS (3 lanes only).**

Tues 12/9/25:

National-Sectional: 6:30-8pm at Lyndhurst HS.

Senior Prep: 6-7:30pm at Garfield Boys & Girls Club (4 lanes).

Senior Performance: 8-9:30pm at Lyndhurst HS. (dryland 7-4:45pm)

Senior Development: Regular practice 7:30-9pm at Garfield Boys & Girls Club. (dryland 7-7:30pm).

Wed 12/10/25:

National-Sectional: ~~5-6:30am at Lyndhurst HS~~ & 3:30-6pm at Bethany Community Center.

Senior Prep: 5-6:30am at Lyndhurst (invites only) and NO PM.

Age Group / Super Squad: 6-7:15pm at Garfield Boys & Girls Club

Senior Performance: 7:15-9pm at Garfield Boys & Girls Club (no dryland).

Age Group 2: 6:30-8pm at Lyndhurst HS.

Senior Development: 8-9:30pm at Lyndhurst HS

Thurs 12/11/25:

National-Sectional: 5-6:40pm at Lyndhurst HS.

Senior Prep: 6:40-8pm at Lyndhurst HS.

Senior Performance: 8-9:30pm at Lyndhurst HS. (dryland 7-7:45pm)

Senior Development: Regular practice 7:30-9pm at Garfield Boys & Girls Club.

Friday 12/12/25:

National-Sectional: 4:30-6:30pm at Garfield Boys & Girls Club.

Age Group / Age Group 2: 5-6:30pm at Lyndhurst HS.



EXTENDED TEMPORARY SCHEDULE (12/8-23/25)

Sat 12/13/25:

National-Sectional: 8-10am at Lyndhurst HS.

Senior Prep: 6-8am at Lyndhurst HS.

Age Group 2: 7:30-9am at Lodi Boys & Girls Club.

Senior Development: 7:30-9am at Lodi Boys & Girls Club.

Senior Performance: 8-9:45am at Garfield Boys & Girls Club.

Age Group: 10-11:30am at Lyndhurst HS

Super Squad: 10:30am-12pm at Lyndhurst HS.

Sun 12/14/25:

National-Sectional: NO PRACTICE.

Senior Performance: 8-10:30am at Lyndhurst HS.

Senior Prep: 10:30am-12pm at Lyndhurst HS.

Mon 12/15/25:

National-Sectional: ~~5-6:30am at Lyndhurst HS~~ & 3:30-6pm at Bethany Community Center.

Age Group / Super Squad: 6-7:15pm at Garfield Boys & Girls Club

Senior Performance: 7:15-9pm at Garfield Boys & Girls Club (no dryland).

Senior Prep: 5-6:30pm at Lyndhurst HS. (3 lanes only).

Age Group 2: 6:30-8pm at Lyndhurst HS (3 lanes only).

Senior Development: 8-9:30pm at Lyndhurst HS (3 lanes only).

Tues 12/16/25:

National-Sectional: 6:30-8pm at Lyndhurst HS.

Senior Prep: 6-7:30pm at Garfield Boys & Girls Club (4 lanes).

Senior Performance: 8-9:30pm at Lyndhurst HS. (dryland 7-4:45pm)

Senior Development: Regular practice 7:30-9pm at Garfield Boys & Girls Club. (dryland 7-7:30pm).



EXTENDED TEMPORARY SCHEDULE (12/8-23/25)

Wed 12/17/25:

National-Sectional: 5-6:30am at Lyndhurst HS & 3:30-6pm at Bethany Community Center.

Senior Prep: 5-6:30am at Lyndhurst (invites only) and NO PM practice.

Age Group / Super Squad: 6-7:15pm at Garfield Boys & Girls Club

Senior Performance: 7:15-9pm at Garfield Boys & Girls Club (no dryland).

Age Group 2: 5-6:30pm at Lyndhurst HS.

Senior Development: 6:30-8pm at Lyndhurst HS

Thurs 12/18/25:

National-Sectional: 5-6:40pm at Lyndhurst HS.

Senior Prep: 6:40-8pm at Lyndhurst HS.

Senior Performance: 8-9:30pm at Lyndhurst HS. (dryland 7-7:45pm)

Senior Development: Regular practice 7:30-9pm at Garfield Boys & Girls Club.

Friday 12/19/25:

National-Sectional: NO PRACTICE – SWIM MEET.

Age Group / Age Group 2: 4:30-6:30pm at Garfield Boys & Girls Club.

Sat 12/20/25:

National-Sectional: NO PRACTICE – SWIM MEET.

Senior Prep: NO PRACTICE – SWIM MEET.

Age Group 2: 7:30-9am at Lodi Boys & Girls Club.

Senior Development: 8-9:45am at Garfield Boys & Girls Club.

Senior Performance: NO PRACTICE – SWIM MEET.

Age Group: 10-11:30am at Lyndhurst HS

Super Squad: 10:30am-12pm at Lyndhurst HS.

Sun 12/21/25:

National-Sectional: NO PRACTICE – SWIM MEET.

Senior Performance: NO PRACTICE – SWIM MEET.

Senior Prep: NO PRACTICE – SWIM MEET.



EXTENDED TEMPORARY SCHEDULE (12/8-23/25)

Mon 12/22/25:

NO PRACTICE ANY GROUPS – SCARLET HOLIDAY PARTY AT THE BROWNSTONE.

Tues 12/23/25:

National-Sectional: 3:50-6pm at Lyndhurst HS.

Senior Prep: 6-7:30pm at Garfield Boys & Girls Club (4 lanes).

Senior Performance: 6-8pm at Lyndhurst HS. (dryland 5-5:45pm)

Senior Development: Regular practice 7:30-9pm at Garfield Boys & Girls Club. (dryland 7-7:30pm).

Wed 12/24/25:

FOLLOW HOLIDAY SCHEDULE – TBA VERY SHORTLY.