

2024 NJS Girls SCY Time Standards

GIRLS	10&U		11-12		13-14		15-19	
	2024 SCY Silver	2024 SCY Gold	2024 SCY Silver	2024 SCY Gold	2024 SCY Silver	2024 SCY Gold	2024 SCY Silver	2024 SCY Gold
50 Free	36.99	32.69	29.59	28.09	28.19	26.99	26.99	26.09
100 Free	1:21.79	1:12.29	1:04.89	1:01.39	1:01.19	58.69	58.59	56.39
200 Free	3:09.39	2:41.29	2:19.09	2:12.99	2:10.79	2:06.59	2:03.99	2:00.39
500 Free	7:45.79	7:24.69	7:32.29	6:02.99	6:08.79	5:41.49	5:37.99	5:24.99
1000 Free	x	x	13:32.99	12:45.99	12:39.99	12:01.69	11:49.99	11:27.99
1650 Free	x	x	22:00.09	21:12.59	22:09.99	19:47.29	20:59.99	20:02.99
50 Back	44.89	38.69	35.69	32.89	x	x	x	x
100 Back	1:34.39	1:23.19	1:13.89	1:09.99	1:10.19	1:06.19	1:06.79	1:03.79
200 Back	x	x	2:38.39	2:29.29	2:28.99	2:21.99	2:20.59	2:15.89
50 Breast	52.09	44.99	43.09	37.99	x	x	x	x
100 Breast	1:49.69	1:33.99	1:30.19	1:22.29	1:20.59	1:15.99	1:18.49	1:13.99
200 Breast	x	x	3:36.99	2:54.89	2:50.89	2:44.29	2:52.99	2:41.99
50 Fly	50.79	40.89	34.99	31.69	x	x	x	x
100 Fly	1:52.89	1:37.39	1:27.09	1:11.49	1:13.19	1:07.29	1:06.69	1:02.99
200 Fly	x	x	3:07.29	2:49.99	2:49.99	2:32.29	2:41.99	2:23.99
100 IM	1:39.09	1:21.89	1:15.39	1:11.49	x	x	x	x
200 IM	3:30.69	2:52.69	2:40.89	2:31.29	2:28.59	2:24.19	2:22.89	2:19.59
400 IM	x	x	6:00.79	5:24.49	5:37.59	5:11.69	5:12.49	4:56.89

2024 NJS Boys SCY Time Standards

Boys	10&U		11-12		13-14		15-19	
	2024 SCY Silver	2024 SCY Gold	2024 SCY Silver	2024 SCY Gold	2024 SCY Silver	2024 SCY Gold	2024 SCY Silver	2024 SCY Gold
50 Free	36.99	32.69	29.99	27.69	26.59	25.29	23.99	23.19
100 Free	1:21.79	1:12.29	1:05.59	1:00.39	56.89	54.99	51.99	50.19
200 Free	3:09.39	2:41.29	2:18.39	2:10.79	2:03.79	1:58.89	1:53.69	1:49.99
500 Free	7:45.79	7:24.69	7:03.09	5:57.29	5:38.19	5:25.99	5:11.59	4:57.79
1000 Free	x	x	13:40.99	12:40.59	11:45.99	11:19.99	11:55.99	10:44.99
1650 Free	x	x	21:55.99	21:08.19	20:43.19	19:00.19	18:30.39	18:05.49
50 Back	44.89	38.69	37.69	33.19	x	x	x	x
100 Back	1:34.39	1:23.19	1:17.39	1:10.09	1:07.29	1:03.29	1:00.99	57.59
200 Back	x	x	3:07.99	2:30.49	2:26.09	02:16.1	2:09.49	2:05.09
50 Breast	52.09	44.99	43.69	37.49	x	x	x	x
100 Breast	1:49.69	1:33.99	1:31.29	1:21.19	1:14.49	1:11.19	1:07.89	1:03.89
200 Breast	x	x	3:32.19	2:53.39	2:41.39	2:36.19	2:28.29	2:23.39
50 Fly	50.79	41.79	36.29	31.99	x	x	x	x
100 Fly	1:52.89	1:37.39	1:44.99	1:11.99	1:08.39	1:03.09	58.19	55.99
200 Fly	x	x	2:59.79	2:50.49	2:35.99	2:22.99	2:17.99	2:05.99
100 IM	1:39.09	1:21.89	1:16.09	1:10.79	x	x	x	x
200 IM	3:30.69	2:52.69	2:39.49	2:26.99	2:21.39	2:16.39	2:09.89	2:06.19
400 IM	x	x	5:45.99	5:19.79	5:06.49	4:52.99	4:41.99	4:33.49