

Sun	Mon	Tue	Wed	Thu	Fri	Sat
October 2025			1 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	2 Silver 6:45-8:45 p Red 5:45-7:15p* Mini Plus 5:30-6:45p* Mini 5:30-6:30p* SS 4:30-5:25 p	3 Silver 5:45-7:45p Gold 5:45-7:45p Black 5:45-7:45p	4 Silver 8-10 am Black 8-9:30 am Red 9:30-11 am Mini Plus 10-11 am Mini 10-10:45 am
5 No Practice	6 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	7 Silver 6:45-8:45 p Black 5:45-7:45p Mini Plus 5:45-6:45p Mini 5:45-6:30p SS 4:30-5:25 p	8 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	9 Silver 6:45-8:45 p Red 5:45-7:15p* Mini Plus 5:30-6:45p* Mini 5:30-6:30p* SS 4:30-5:25 p	10 Silver 5:45-7:45p Gold 5:45-7:45p Black 5:45-7:45p	11 Silver 8-10 am Black 8-9:30 am Red 9:30-11 am Mini Plus 10-11 am Mini 10-10:45 am Parents Social 4:30-6pm @ The Brick House Tavern
12 No Practice	13 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	14 Silver 6:45-8:45 p Black 5:45-7:45p Mini Plus 5:45-6:45p Mini 5:45-6:30p SS 4:30-5:25 p	15 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	16 Silver 6:45-8:45 p Red 5:45-7:15p* Mini Plus 5:30-6:45p* Mini 5:30-6:30p* SS 4:30-5:25 p	17 Silver 5:45-7:45p Gold 5:45-7:45p Black 5:45-7:45p	18 No Practice Piranha Pentathlon @ PMS
19 No Practice	20 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	21 Silver 6:45-8:45 p Black 5:45-7:45p Mini Plus 5:45-6:45p Mini 5:45-6:30p SS 4:30-5:25 p	22 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	23 Silver 6:45-8:45 p Red 5:45-7:15p* Mini Plus 5:30-6:45p* Mini 5:30-6:30p* SS 4:30-5:25 p	24 Silver 5:45-7:45p Gold 5:45-7:45p Black 5:45-7:45p	25 No Practice Splashing Pumpkin @ Jersey Aquatic Center
26 No Practice Splashing Pumpkin @ Jersey Aquatic Center	27 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	28 Silver 6:45-8:45 p Black 5:45-7:45p Mini Plus 5:45-6:45p Mini 5:45-6:30p SS 4:30-5:25 p	29 Silver 5:45-7:45p* Gold 5:45-7:45p* Black 5:45-7:45p* Red 5:45-7:15 p Lessons 4:30-5:30p Adv. SS 7:45-8:40p	30 Silver 6:45-8:45 p Red 5:45-7:15p* Mini Plus 5:30-6:45p* Mini 5:30-6:30p* SS 4:30-5:25 p	31 No Practice 	* Dryland will be part of this practice