



2025 PRIN Holiday Invitational

Hosted by Princeton University

at the DeNunzio Natatorium, Princeton University

Held under the sanction of USA Swimming

NJ Swimming:	NJ Swimming Sanction Document		
Date of Meet:	Saturday-Sunday, December 13th-14th, 2025		
Link To Facility Info:	DeNunzio Natatorium, Princeton University <i>(link to facility location & directions, pool certification, and medical information)</i>		
Host Team Contact:	Jack Jephson		jjephson@princeton.edu
Meet Director:	Ellen Mace	609-558-0988	besmarttinc@gmail.com
Meet Referee:	Gary Thayer		gght466@gmail.com
Admin Officials:	Be Smartt Inc		besmarttinc@gmail.com
Safety Marshalls:	Kaitlin Dobiesz Liam Ryan		knaudts@princeton.edu lr0983@princeton.edu
Entry Coordinator:	Be Smartt Inc	609-558-0988	besmarttinc@gmail.com
Entries Open:	Tuesday October 28th, 2025, at 6:00am		
Entry Deadline:	Friday December 5th, 2025, at 6:00pm or when the meet fills.		
Swimmers Age:	Swimmer ages for this meet are as of Saturday December 13th, 2025		
Entry Fees:	Individual Event: \$10.00	Relay: \$16.00	
	There will be a \$15/day athlete surcharge.		
Meet Course:	Short Course Yards (SCY)		
Meet Format	- This meet will be run as a timed final meet. - There will be 8 & Under, 10 & Under, 11-12, 12 & Under, 13-14, and 15 & Over. The 12 & Under events will be listed separately as 10 & Under, 11-12. The 13 & Over events will be listed separately as 13-14, and 15 & Over. There are no qualifying times for this meet. "NT/No Time" entries will not be accepted at this meet. - This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own.		
Entry Limits:	Daily: 3 Individual events 1 Relay	Meet: 6 Individual Events 2 Relay	
Checks Payable To:	Princeton University		
Email Entry Files To:	besmarttinc@gmail.com		
Mail Checks/Reports	Bring to the first session of the meet where the team is competing		



Tentative Meet Schedule

This schedule is tentative pending receipt of entries. Depending on the entries, sessions may be combined or split. The complete schedule with session warm-up, and start times will be established when all entries have been received and a timeline developed, published on the NJS Website, meet website, and e-mailed to the coaches of participating teams.

Saturday		
Session 1	Morning	12 & Under
Session 2	Afternoon	13 & Over
Sunday		
Session 3	Morning	12 & Under
Session 4	Afternoon	13 & Over

Scoring:	Team Scoring will not be kept.
Awards:	None
Starts:	“Fly-over/Over-the-top” starts will be used during this meet.
Admissions and Programs:	- Spectators will be allowed into the facility up to its capacity. - Heat sheets will be available online at www.besmarttinc.com and Meet Mobile.
Concessions:	TBD.
Vendor:	TBD.
Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.



Event List

#	Event
Session: 1 Saturday 12 & Under	
1	Girls 10 & Under 200 Freestyle Relay
2	Boys 10 & Under 200 Freestyle Relay
3	Girls 11-12 200 Freestyle Relay
4	Boys 11-12 200 Freestyle Relay
5	Girls 12 & Under 100 Backstroke
6	Boys 12 & Under 100 Backstroke
7	Girls 8 & Under 25 Backstroke
8	Boys 8 & Under 25 Backstroke
9	Girls 12 & Under 200 Freestyle
10	Boys 12 & Under 200 Freestyle
11	Girls 12 & Under 50 Breaststroke
12	Boys 12 & Under 50 Breaststroke
13	Girls 12 & Under 100 Butterfly
14	Boys 12 & Under 100 Butterfly
15	Girls 8 & Under 25 Butterfly
16	Boys 8 & Under 25 Butterfly
17	Girls 12 & Under 200 Breaststroke
18	Boys 12 & Under 200 Breaststroke
19	Girls 12 & Under 50 Freestyle
20	Boys 12 & Under 50 Freestyle
21	Girls 12 & Under 100 IM
22	Boys 12 & Under 100 IM

#	Event
Session: 2 Saturday 13 & Over	
23	Girls 13-14 200 Freestyle Relay
24	Boys 13-14 200 Freestyle Relay
25	Women 15 & Over 200 Freestyle Relay
26	Men 15 & Over 200 Freestyle Relay
27	Women 13 & Over 100 Backstroke
28	Men 13 & Over 100 Backstroke
29	Women 13 & Over 200 Freestyle
30	Men 13 & Over 200 Freestyle
31	Women 13 & Over 50 Breaststroke
32	Men 13 & Over 50 Breaststroke
33	Women 13 & Over 100 Butterfly
34	Men 13 & Over 100 Butterfly
35	Women 13 & Over 200 Breaststroke
36	Men 13 & Over 200 Breaststroke
37	Women 13 & Over 50 Freestyle
38	Men 13 & Over 50 Freestyle
39	Women 13 & Over 100 IM
40	Men 13 & Over 100 IM

#	Event
Session: 3 Sunday 12 & Under	
41	Girls 10 & Under 200 Medley Relay
42	Boys 10 & Under 200 Medley Relay
43	Girls 11-12 200 Medley Relay
44	Boys 11-12 200 Medley Relay
45	Girls 12 & Under 100 Breaststroke
46	Boys 12 & Under 100 Breaststroke
47	Girls 8 & Under 25 Breaststroke
48	Boys 8 & Under 25 Breaststroke
49	Girls 12 & Under 200 Backstroke
50	Boys 12 & Under 200 Backstroke
51	Girls 12 & Under 50 Butterfly
52	Boys 12 & Under 50 Butterfly
53	Girls 12 & Under 100 Freestyle
54	Boys 12 & Under 100 Freestyle
55	Girls 8 & Under 25 Freestyle
56	Boys 8 & Under 25 Freestyle
57	Girls 12 & Under 200 Butterfly
58	Boys 12 & Under 200 Butterfly
59	Girls 12 & Under 50 Backstroke
60	Boys 12 & Under 50 Backstroke
61	Girls 12 & Under 200 IM
62	Boys 12 & Under 200 IM

#	Event
Session: 4 Sunday 13 & Over	
63	Girls 13-14 200 Medley Relay
64	Boys 13-14 200 Medley Relay
65	Women 15 & Over 200 Medley Relay
66	Men 15 & Over 200 Medley Relay
67	Women 13 & Over 100 Breaststroke
68	Men 13 & Over 100 Breaststroke
69	Women 13 & Over 200 Backstroke
70	Men 13 & Over 200 Backstroke
71	Women 13 & Over 50 Butterfly
72	Men 13 & Over 50 Butterfly
73	Women 13 & Over 100 Freestyle
74	Men 13 & Over 100 Freestyle
75	Women 13 & Over 200 Butterfly
76	Men 13 & Over 200 Butterfly
77	Women 13 & Over 50 Backstroke
78	Men 13 & Over 50 Backstroke
79	Women 13 & Over 200 IM
80	Men 13 & Over 200 IM

