

THE MARINER'S COMPASS

Northern Kentucky Clippers Newsletter

Upcoming Events:

• 11/14-16

Jose Cerda Meet - Keating

• 12/4-7

OLY and Fischers— Indy

• 12/10-13

Junior National Champs— INDY

• 12/20

KY 12u Development Meet— Home

October



"The most effective way to do it, is to do it."

— Amelia Earhart

In This Edition

- Halloween Meet Recap!
- Thanksgiving Schedule
- National Select Camp
- SILVER MEDAL NEWS!
- KY COACH OF THE YEAR!
- Pursley Pep Talk



HALLOWEEN MEET

Thank you to all the volunteers that helped us pull off another successful Halloween meet! We can't do it unless we do it together.

We saw some incredible swimming for the first meet of the season!

6-STAR CAPS (6 life time best times)

Dinghies— Graeme O'Connor

Schooners— Jordyn Colley, Reagan Cook, Joella DiVita, Henry Havens, Caroline Heringhaus, Aeyrie Johnsonbaugh, Paige Krull, Michael Krumme, Blakely Kuhn, Maria Nicholas, McKenzie Painter, Oliver Parrish, Carter Ripley, Larkin Ripley, Emerson Rohlman, Parker Voiles

Brigantines— Arlo Anderson, Henry Bloemer, Bianca Clopotel, Sylvia Crabtree, Sam Dirheimer, Payton Krull, Thomas Nienaber, Stella Zerhusen

Barques— Emma Bauer, Brody Burcham, Maddie Bush, Zane Deegan, Elizabeth Kleman, Cooper Knoll, Matthew Knoll, Vaishnav Maddikeri, Sam Rich, Clara Weist

Galleons— Grace Behymer, Ava Brian, Jasmine Cozmanciuc, Chiara DiVita, Gabe Gleason, Mary Kate Hanks, Harper Kuhn, CJ McCrory

Man of War— Max Dieso, Caroline Gollar, Andrew Kruger, Will Rich, Nikolai Yakovlev

TEAM RECORDS:

We can't be entirely sure but are pretty certain we haven't had any team records ever be set for 13 and overs at the Halloween Meet!

After a Historic summer that saw **18** records go down, we picked it up right where we left off in the first full short course meet of the season. Chase Knopf took down his 50 FR record in a 20.43, while Andrew Kruger took down the 13-14 500 FR with a blazing 4:33 and the 200 FR record with a fantastic swim of 1:41.

New Qualifiers:

We had 3 new swimmers punch their ticket to the KYLSC championships!

Congratulations to Larkin Ripley, Emerson Rohlman, and Aiden Tremell!



HAPPY Thanksgiving

November 26-28.

Saturday the 29th is normal.

MOW/Dutch:

Wednesday 7:00-9:00 AM 2-4 PM

Friday 1-3 PM

Galleons:

Wednesday 7:00-9:00 AM 2-4 PM

Friday 1-3 PM

Schooners:

Wednesday 5:30-6:45 PM

Friday 5:00-6:15 PM

Dinghies:

Wednesday 5:30-6:30 PM

Friday 5:00-6:00 PM

Barques:

Wednesday 9:00-11:00 AM

Friday 3-5 PM

Brigantines:

Wednesday 9:00-11:00 AM

Friday 3-5 PM



NATIONAL SELECT CAMP

It has been a busy fall for Clare Herfel. After finishing with an outstanding 9th place the Carmel World Cup, she was able to join the top three 15-16 year olds in the country for each Olympic event at the Olympic Training Center this past weekend. This unique experience was an opportunity to go up against the absolute best in the country. She took away some great pointers that we can't wait for her to share with the team.

Coach David joined her at the camp and was able to spend the weekend learning from the best in the business. He came back with renewed sense of passion for the sport and ideas to take to our deck.

This marks the second year in a row that Clippers has sent someone to the National Select Camp!

Coach David's Take Aways-

- ♦ The camp was geared towards top level competition and filling some of the gaps for team USA. If you are a tough swimmer and want to reach the top, there are more opportunities in the 200 fly, 400 IM, and distance events than any others. Not many swimmers are willing to train for those events leaving them largely uncontested even at the highest level meets.
- ♦ There is no secret sauce! In a room with 30 coaches representing the best clubs in the country with the fastest swimmers in the country it was clear that unless you are a genetic anomaly there is no easy way to make it. There were creative supplements to add to our program that we will certainly implement, but nothing foundational has changed. The formula remains the same: ***Consistent hard work day in and day out.***





This past year was one for the books! We received our recognition as a Silver Medal Club this past week! We also moved into the top 100 clubs in the United States! In the virtual club championships we are ranked the number 7 club in the country under 175 swimmers.

The Club Excellence medal recognition program uses a point system for points scored at the highest levels. The lowest level scoring swim starts at the Summer Jr. National qualifying standard. The faster a swim the higher the score. A swimmer must be 18 or under. We had 3 swimmers score points with Summer Jr times or faster across multiple events. Chase Knopf, Clare Herfel and Reese Yauger all contributed for us this past season! We have several swimmers on the verge of making the leap and scoring even more points for us this coming year!

The Virtual Club Championships system scores all age groups across all events. This is a great reflection of our team as a whole.

A team does not reach this level of success without the support of an amazing community, dedicated swimmers and families, and an incredible staff of coaches from top to bottom. This is something for all to be proud of!



2025 AGE GROUP COACH OF THE YEAR

Coach Chris has been hard at work volunteering as the age group chair for the KYLSC, representing the state as a coach for zone championship meets and All-Star meets, and coaching our swimmers to the highest achievements.

Coach Chris had an exceptional year that included two top 100 ALL TIME USA age group swims, a 13-14 relay that finished 8th in the country, 3 relay team records, 10 individual records, top 10 finish at NCSA Age Groups, 2nd place 14u team in the state, 1st and 2nd 13-14 boys high point, and endless qualifying swims. For his achievements he was recognized as a runner up for the national age group coach of the year for teams under 200.

He also went on to receive the award for the Kentucky age group coach of the year in September.

I think most of our community recognizes this but the commitment and passion our staff has for the sport and this team is unparalleled. While much of what the staff does goes unrecognized it was great to see that the results couldn't be ignored this past year!

Please join us in congratulating Coach Chris, the age group staff, and all the swimmers that made this awesome achievement possible!!

Team Gear:

- ♦ Be on the lookout for an older version shirt sale coming soon!
- ♦ WE ARE SPEEDO! Please remember we are a speedo sponsored team and want our swimmers in dark blue speedo suits for our meets. We also need to keep our tech suits Speedo. We have no dilemma in asking our swimmers to stick to Speedo because they offer the best available swim gear.
- ♦ To increase our sponsorship we need to show an increase in speedo sales for our team. As unfortunate as it is that SwimVille moved further away we need to go through them for orders rather than just ordering anywhere online. The team will soon be coordinating pick up times for suits and gear heading into the December meets and next season. If you order through SwimVille we will have a date for you.
- ♦ Speedo recently partnered with DMC, which makes the best fins in the business without any doubt. Swimville has these fins in stock. They last forever and have models that are good for stiff and weak ankles.

Team Pictures:

Monday Nov 3rd

Galleons 3:30 PM—Schooners 4:45 PM—Dinghies 5:30 PM

Tuesday Nov 4th

MOW 3:30 PM—Brigatines 4:45 PM—Barques 4:45 PM

Please have your swimmer wear Navy Blue Clipper T-shirt and jeans. [Click Here](#) for order form!

Christmas schedule out next week!

PURSLEY PEP TALK

CLIPPERS
SWIMMING

We Can All Contribute

Not all of us have the talent to win medals at the highest levels of competition, but we can all contribute to the success of the team. The age group coach who is finding the time and patience to teach our future Olympians to swim, the parents who are driving them to morning workouts, the teammates who are challenging them in training, the officials who are spending their weekends running swimming meets, the admin staff who are handling all of the logistics, the sport science staff who are supporting the national team and the coaches who sacrifice weekends, holidays and any semblance of a “normal” life are all making invaluable contributions to the success of the national team.

Without the top-to-bottom team effort, there wouldn't be any national team program nor any medals for USA Swimming. As important as they are, however, isolated individual efforts in and of themselves will not result in the level of success that we aspire to achieve.

It is equally important that we work together in a unified team effort. We will all have different opinions as to how to go about achieving any given objective, and we will all be presented with countless opportunities to support or resist the team approach.

When we are willing to make personal sacrifices for the sake of the team effort, we become a formidable team. It is this kind of environment that produces gold medals and personal best performances.

Each time we make the positive choice to support the team effort, we are contributing to the success of the program and everyone in it. When this happens—and our objectives are accomplished—everyone involved can take special pride in their personal contributions.

—Dennis Pursley

