

2025 CAQ Candy Cane Races

Hosted by **CHARGER AQUATICS**

December 13-14th, 2025

Pool Elevation 5,410 Feet

Sanction: This meet is being held under the sanction of USA Swimming and New Mexico Swimming. The sanction number is: USA Swimming: NMS26O08H

Facility: Peter and David Barney Competition Pool on the grounds of Albuquerque Academy, 6400 Wyoming Blvd NE, Albuquerque, New Mexico, 87109. Ten competitive lanes in a 25 yard pool with a minimum depth of 7 feet. Continuous warm up/cool down available in a separate six (6) lane 25 yard pool. Colorado Timing System and Scoreboard will be used. **The competition course has been certified in accordance with 104.2.2c.**

There is no food or drink, other than water, allowed on the deck of the Natatorium. Swimmers and coaches with food on the deck will be asked to move upstairs to the general seating area.

Eligibility: The meet is open to all 2025 or 2026 USA Swimming registered athletes. All participating teams must return the attached certification of USA Swimming registration signed with their entries. **There will not be an opportunity to obtain a valid USA Swimming number or registration at the competition.** USA Swimming Athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.

Liability: New Mexico Swimming, USA Swimming, Charger Aquatics Swim Club, Albuquerque Academy, all meet sponsors, and all meet officials shall be held free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer if unattached or the offending swimmer's club if attached to be held accountable for repairs.

Format: This is a timed final, short course yards meet. All events will be mixed gender, and be pre-seeded from slowest to fastest. Fly-over starts may be used to control the timeline if it is deemed necessary to complete the session(s) within the requirements of New Mexico Swimming rules.

Swimmers may only compete in either the Age Group sessions (SAT PM/SUN PM) or the Sunday AM Novice Session.

There are no time standards for AM Sessions; the Saturday PM Novice Session will have the USA Swimming Motivational Standard of "B" as the maximum time standard for each event. This means swimmers who are faster than that time MAY NOT SWIM IN THE NOVICE SESSION.

Rules: 2025 USA Swimming Rules and Regulations govern this meet, except as noted in this meet information. See attached order of events for the list of events and their schedule.

Coaches: If needed, there will be a coaches meeting approximately 10 minutes prior to the start of each session. All coaches must check in with the Admin Official to show their current credentials at the first session they attend.

Meet Committee:
Meet Director & Entry Chair: Moranda Madero
Asst Meet Director: Liz Brown

Swimwear: Swimwear must conform to those rules specified in the USA Swimming Handbook 102.8 SWIMWEAR.

Unaccompanied Swimmer:

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Locker Rooms:

"Use of audio or visual recording devices, including a cell phone camera is not permitted in changing areas, restrooms or locker rooms."

"Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited."

"There is no shaving allowed anywhere in the Natatorium. Swimmers caught shaving will be removed from the remainder of the meet."

Entries:

All swimmers may swim a maximum of 4 individual events per day, 8 events total. **All registrations will be verified.** No on deck USA registrations will be accepted. The swimmers age as of December 14, 2024 shall determine their age for the meet.

Entries will be cut off at 400 swimmers. If a team submits entries that exceed the limit of 400 swimmers, then all of that team's entries will be accepted.

Entry Fees:

Entry fees are \$6.00 per event; there will be a NMS Athlete Surcharge of \$7.00 and Pool/Program Surcharge of \$20.00 per athlete.

Entry Deadline:

All entries must be received by Wednesday, December 10, 2025 at 10:00PM. Please send electronic entries to: Moranda Madero, madero@aa.edu mail payment to:

Charger Aquatics
Attn: Moranda Madero
6400 Wyoming Blvd. NE
Albuquerque, NM 87109

YOU MUST INCLUDE THE NAME, EMAIL ADDRESS AND PHONE NUMBER OF THE PERSON WHO PREPARED THE ENTRIES FOR CLARIFICATION PURPOSES.

Entry Process:

Email the Entry File as an attachment to (director of swimming/meet director). Attach a meet entries report by name in PDF format.

Full payment can be made by Team Check or Cashier's Check and mailed to the address above.

Deck Entries:

There will not be any late entries for this meet.

Warm-Up Procedures:

Warm-up times are listed on the schedule of events page.

Should the number of swimmers in the meet warrant an additional warm-up session, one will be created and the teams notified of their specific warm-up time.

Sessions 1 & 3:

The following rules apply:

General warm-up (35 minutes):

- No diving from the blocks or pool edge; swimmers must enter the water feet first using a three-point entry in a cautious manner
- No sprinting or pace work permitted
- All lanes to be used for general warm-up

Specific warm-up (15 minutes)

- *Push/pace – lanes 0 and 9. Push off from the starting end. Circle swimming only. NO DIVING*
- *Racing starts – lanes 1 through 8. Sprint lanes are for race starts and backstroke starts, swimming in one direction only.*
- *General warm-up – in the six-lane pool. No diving or sprinting. Circle swimming only.*

Please enter using a three-point entry, from the right side of the block.

Sessions 2:

General warm-up (30 minutes):

- *No diving from the blocks or pool edge; swimmers must enter the water feet first using a three-point entry in a cautious manner*
- *No sprinting or pace work permitted*
- *All lanes to be used for general warm-up*

Specific warm-up (10 minutes)

- *Push/pace – lanes 0 and 9. Push off from the starting end. Circle swimming only. NO DIVING*
- *Racing starts – lanes 1 through 8. Sprint lanes are for race starts and backstroke starts, swimming in one direction only.*
- *General warm-up – in the six-lane pool. No diving or sprinting. Circle swimming only.*

Continuous warm-up/cool-down will be available in the separate six-lane pool. Lanes will not be assigned. NO DIVING in the separate six lane pool. **Please enter using a three-point entry, from the right side of the block.**

Meet Referee: Jay Mody, jaymody@gmail.com, & Tony Megofna, megofna@hotmail.com

Administrative Official: Crystal Megofna, crystalmegofna@hotmail.com

Scoring/Awards:

For the AG Sessions: Heat winners will receive a holiday duck and a Candy Cane.

For the Novice Session: Candy Canes will be given out each race, and heat winners will receive a holiday duck.

Programs, Heat Sheets, Psych Sheets and Final Results:

Psych Sheets, Programs and/or Heat Sheets will be available digitally via the meet landing page as part of the Pool Usage Fee. Heat sheets and unofficial results will also be available on MeetMobile.

Hospitality and Concessions:

Food concessions will be available at the meet. Officials and coaches will be provided with meals and refreshments in the hospitality area.

Officials and Timers:

Volunteer officials are always welcome and encouraged.

Drones:

Drones are prohibited over venues any time athletes, coaches, officials and /or spectators are present.

Safety Guidelines:

Safety Marshals shall be on deck to enforce the safety guidelines. The marshals, under the direction of the Meet Referee, shall have the authority to remove any swimmer or coach found to be in violation of unsportsmanlike conduct, swimming ethics, or procedures outlined in the meet information. USA Swimming certified coaches shall direct their swimmers regarding the safety guidelines and warm-up procedures. All swimmers must be supervised by a certified USA Swimming Coach throughout the warm-up session.

All swimmers must enter the pool for warm-up using a three-point entry.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Safe Sport:

The USA Swimming Safe Sport program is USA Swimming’s comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member’s responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after December 14th, 2024 who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after December 14th, 2024, who competes in this USA Swimming-sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

2025 CAQ Candy Cane Races
Order of Events
December 13-14, 2025

Saturday PM Age Group Session (warmup 12:30 PM, meet start 1:30 PM)

Event #1	Open 200 FR
Event #2	Open 100 IM
Event #3	Open 200 BR
Event # 4	Open 100 BK
Event #5	Open 50 FR
Event #6	Open 100 FL
Event #7	Open 400 IM

Sunday

Sunday AM Novice Session (warmup 8:00 AM, meet start 9:00 AM)

Event #8	12 & Under 50 FR
Event #9	12 & under 100 IM
Event #10	12 & Under 25 BR
Event # 11	12 & Under 50 BR
Event #12	12 & Under 25 BK
Event #13	12 & Under 50 BK
Event #14	12 & Under 25 FL
Event #15	12 & Under 50 FL
Event # 16	12 & Under 100 FR
Event #17	12 & Under 200 IM

Sunday PM Age Group Session (warmup 12:30 PM, meet start 1:30 PM)

Event #18	Open 200 FL
Event #19	Open 100 FR
Event #20	Open 200 BK
Event # 21	Open 100 BR
Event #22	Open 200 IM
Event #23	Open 1000 FR

Charger Aquatics

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Swimmer's Name _____
 (Last) (First) (Middle)
Birth Date _____ **USA Swimming #** _____

Team_____ **Sex** _____ **Age** _____

[illegible]

Swimmers may compete in 4 individual events per day, 8 events total.

Total Number of Events: _____ X \$6.00 = _____

New Mexico Swimming Inc Surcharge	\$7.00
Pool Usage & Program Fee	\$20.00

TOTAL FEES:

Charger Aquatics

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TEAM MASTER ENTRY FORM – ONE PER TEAM

TEAM _____ CLUB CODE _____

Total Number of Individual Events _____ X \$6.00 = \$ _____

Meet Surcharges (number of swimmers) _____ X \$27.00 = \$ _____

Total Fees for Team _____ = \$ _____

Please send ONE Team Check payable to Charger Aquatics – Thank you.

USA SWIMMING REGISTRATION VERIFICATION STATEMENT**

I CERTIFY THAT ALL SWIMMERS OF _____
SWIM TEAM ENTERED IN THE 2024 CAQ Candy Cane Races ARE CURRENTLY REGISTERED
MEMBERS OF USA SWIMMING.

SIGNATURE

DATE

PRINTED NAME

TEAM POSITION

COACHES: _____

** This form must be mailed with Team entries, or turned in to the Meet Director before the meet