

**2024-2028 NMS State Championship Qualifying Times**

| Female     |            |            | Event/Age Group                             | Male       |            |            |
|------------|------------|------------|---------------------------------------------|------------|------------|------------|
| <u>LCM</u> | <u>SCY</u> | <u>SCM</u> |                                             | <u>LCM</u> | <u>SCY</u> | <u>SCM</u> |
| 00:40.89   | 00:35.99   | 00:39.79   | <b>10 &amp; Under 50 Freestyle</b>          | 00:39.79   | 00:34.6    | 00:38.2    |
| 01:32.99   | 01:21.09   | 01:29.69   | <b>10 &amp; Under 100 Freestyle</b>         | 01:30.59   | 01:18.9    | 01:27.2    |
| 03:25.69   | 03:00.59   | 03:19.49   | <b>10 &amp; Under 200 Freestyle</b>         | 03:14.99   | 02:50.6    | 03:08.5    |
| 07:01.69   | 07:45.09   | 06:46.89   | <b>10 &amp; Under 400/500 Freestyle*^</b>   | 06:52.49   | 07:33.8    | 06:37.1    |
| 00:49.69   | 00:43.29   | 00:47.79   | <b>10 &amp; Under 50 Backstroke</b>         | 00:49.29   | 00:42.9    | 00:47.4    |
| 01:48.09   | 01:33.99   | 01:43.89   | <b>10 &amp; Under 100 Backstroke</b>        | 01:44.49   | 01:30.1    | 01:39.6    |
| 00:55.49   | 00:48.69   | 00:53.79   | <b>10 &amp; Under 50 Breaststroke</b>       | 00:54.39   | 00:47.7    | 00:52.8    |
| 02:03.89   | 01:46.89   | 01:58.19   | <b>10 &amp; Under 100 Breaststroke</b>      | 01:59.19   | 01:42.3    | 01:53.1    |
| 00:48.09   | 00:42.69   | 00:47.19   | <b>10 &amp; Under 50 Butterfly</b>          | 00:46.39   | 00:41.3    | 00:45.6    |
| 01:55.39   | 01:41.39   | 01:52.09   | <b>10 &amp; Under 100 Butterfly</b>         | 01:52.89   | 01:39.0    | 01:49.3    |
|            | 01:33.19   | 01:42.99   | <b>10 &amp; Under 100 Individual Medley</b> |            | 01:29.7    | 01:39.1    |
| 03:48.89   | 03:18.79   | 03:39.59   | <b>10 &amp; Under 200 Individual Medley</b> | 03:43.69   | 03:16.0    | 03:36.6    |
| <u>LCM</u> | <u>SCY</u> | <u>SCM</u> |                                             | <u>LCM</u> | <u>SCY</u> | <u>SCM</u> |
| 00:35.89   | 00:31.69   | 00:34.99   | <b>11-12 50 Freestyle</b>                   | 00:34.8    | 00:30.5    | 00:33.7    |
| 01:19.49   | 01:09.39   | 01:16.59   | <b>11-12 100 Freestyle</b>                  | 01:16.2    | 01:06.4    | 01:13.3    |
| 02:53.09   | 02:30.89   | 02:46.79   | <b>11-12 200 Freestyle</b>                  | 02:46.4    | 02:24.9    | 02:40.1    |
| 06:04.79   | 06:45.69   | 05:54.99   | <b>11-12 400/500 Freestyle*</b>             | 05:53.9    | 06:30.0    | 05:41.2    |
| 12:42.89   | 13:58.19   | 12:13.49   | <b>11-12 800/1000 Freestyle***^</b>         | 12:23.0    | 13:40.4    | 11:57.9    |
| 24:14.99   | 23:19.69   | 23:11.29   | <b>11-12 1500/1650 Freestyle***^</b>        | 24:01.0    | 22:42.9    | 22:34.7    |
| 00:41.59   | 00:35.99   | 00:39.79   | <b>11-12 50 Backstroke</b>                  | 00:41.1    | 00:35.6    | 00:39.3    |
| 01:32.69   | 01:19.79   | 01:28.19   | <b>11-12 100 Backstroke</b>                 | 01:29.6    | 01:15.7    | 01:23.7    |
| 03:13.29   | 02:46.69   | 03:04.19   | <b>11-12 200 Backstroke</b>                 | 03:08.5    | 02:40.5    | 02:57.4    |
| 00:46.19   | 00:40.89   | 00:45.19   | <b>11-12 50 Breaststroke</b>                | 00:45.9    | 00:40.1    | 00:44.3    |
| 01:42.19   | 01:29.29   | 01:38.69   | <b>11-12 100 Breaststroke</b>               | 01:39.6    | 01:25.5    | 01:34.5    |
| 03:39.89   | 03:10.99   | 03:31.09   | <b>11-12 200 Breaststroke</b>               | 03:31.6    | 03:02.4    | 03:21.6    |
| 00:38.79   | 00:34.29   | 00:37.79   | <b>11-12 50 Butterfly</b>                   | 00:38.7    | 00:34.2    | 00:37.7    |
| 01:30.49   | 01:18.89   | 01:27.19   | <b>11-12 100 Butterfly</b>                  | 01:27.3    | 01:16.1    | 01:24.1    |
| 03:15.99   | 02:50.29   | 03:08.19   | <b>11-12 200 Butterfly</b>                  | 03:10.2    | 02:44.0    | 03:01.2    |
|            | 01:19.09   | 01:27.49   | <b>11-12 100 Individual Medley</b>          |            | 01:15.9    | 01:23.9    |
| 03:15.59   | 02:50.69   | 03:08.69   | <b>11-12 200 Individual Medley</b>          | 03:09.0    | 02:45.8    | 03:03.2    |
| 06:56.79   | 06:03.69   | 06:41.89   | <b>11-12 400 Individual Medley</b>          | 06:46.6    | 05:50.1    | 06:26.9    |
| <u>LCM</u> | <u>SCY</u> | <u>SCM</u> |                                             | <u>LCM</u> | <u>SCY</u> | <u>SCM</u> |
| :33.59     | :29.29     | 00:32.39   | <b>13-14 50 Freestyle</b>                   | :30.89     | :26.89     | :29.79     |
| 01:13.99   | 01:03.99   | 01:10.79   | <b>13-14 100 Freestyle</b>                  | 01:07.8    | :58.49     | 01:04.7    |
| 02:37.99   | 02:18.49   | 02:32.99   | <b>13-14 200 Freestyle</b>                  | 02:27.8    | 02:08.4    | 02:21.9    |

|            |            |            |                                             |            |            |            |
|------------|------------|------------|---------------------------------------------|------------|------------|------------|
| 05:41.79   | 06:11.39   | 05:24.99   | <b>13-14 400/500 Freestyle*</b>             | 05:13.8    | 05:47.5    | 05:04.0    |
| 11:50.79   | 13:10.29   | 11:31.49   | <b>13-14 800/1000 Freestyle**</b>           | 11:09.2    | 12:21.0    | 10:48.4    |
| 22:43.49   | 22:01.19   | 21:53.29   | <b>13-14 1500/1650 Freestyle***</b>         | 21:25.7    | 20:47.0    | 20:39.5    |
| :38.59     | :32.69     | :36.19     | <b>13-14 50 Backstroke</b>                  | :35.69     | :30.29     | :33.49     |
| 01:20.79   | 01:09.29   | 01:16.52   | <b>13-14 100 Backstroke</b>                 | 01:15.4    | 01:04.3    | 01:11.0    |
| 02:59.49   | 02:34.49   | 02:50.69   | <b>13-14 200 Backstroke</b>                 | 02:48.8    | 02:23.7    | 02:38.7    |
| :42.39     | :36.79     | :40.79     | <b>13-14 50 Breaststroke</b>                | :38.89     | :33.49     | :36.69     |
| 01:32.19   | 01:19.89   | 01:28.29   | <b>13-14 100 Breaststroke</b>               | 01:24.5    | 01:12.6    | 01:20.2    |
| 03:24.59   | 02:57.39   | 03:15.99   | <b>13-14 200 Breaststroke</b>               | 03:08.3    | 02:42.4    | 02:59.4    |
| :35.69     | :31.59     | :34.99     | <b>13-14 50 Butterfly</b>                   | :32.79     | :28.99     | :32.09     |
| 01:18.59   | 01:09.19   | 01:16.49   | <b>13-14 100 Butterfly</b>                  | 01:12.4    | 01:03.6    | 01:10.2    |
| 03:01.69   | 02:38.99   | 02:55.69   | <b>13-14 200 Butterfly</b>                  | 02:46.8    | 02:25.6    | 02:40.9    |
|            | 01:09.99   | 01:17.49   | <b>13-14 100 Individual Medley</b>          |            | 01:04.0    | 01:09.9    |
| 02:57.69   | 02:34.79   | 02:50.99   | <b>13-14 200 Individual Medley</b>          | 02:45.0    | 02:22.3    | 02:37.3    |
| 06:28.19   | 05:39.69   | 06:15.29   | <b>13-14 400 Individual Medley</b>          | 06:02.8    | 05:13.6    | 05:46.5    |
| <b>LCM</b> | <b>SCY</b> | <b>SCM</b> |                                             | <b>LCM</b> | <b>SCY</b> | <b>SCM</b> |
| 00:32.19   | 00:28.39   | :31.39     | <b>15 &amp; Over 50 Freestyle</b>           | 00:29.4    | :25.29     | 00:27.9    |
| 01:09.99   | 01:01.39   | 01:07.79   | <b>15 &amp; Over 100 Freestyle</b>          | 01:04.1    | 00:55.4    | 01:01.5    |
| 02:31.09   | 02:13.09   | 02:27.09   | <b>15 &amp; Over 200 Freestyle</b>          | 02:19.9    | 02:01.5    | 02:14.3    |
| 05:17.19   | 05:58.09   | 05:13.29   | <b>15 &amp; Over 400/500 Freestyle*</b>     | 04:58.3    | 05:29.0    | 04:47.9    |
| 11:25.09   | 12:53.49   | 11:16.79   | <b>15 &amp; Over 800/1000 Freestyle**</b>   | 10:44.4    | 11:56.7    | 10:27.1    |
| 21:52.49   | 21:36.19   | 21:28.39   | <b>15 &amp; Over 1500/1650 Freestyle***</b> | 20:33.4    | 19:54.7    | 19:47.6    |
| :36.49     | :31.39     | :34.59     | <b>15 &amp; Over 50 Backstroke</b>          | :33.19     | :28.29     | :31.29     |
| 01:17.59   | 01:06.79   | 01:13.79   | <b>15 &amp; Over 100 Backstroke</b>         | 01:10.9    | 01:00.3    | 01:06.7    |
| 02:53.39   | 02:30.59   | 02:46.49   | <b>15 &amp; Over 200 Backstroke</b>         | 02:40.0    | 02:17.1    | 02:31.5    |
| :40.39     | :35.19     | :38.89     | <b>15 &amp; Over 50 Breaststroke</b>        | :36.29     | :31.19     | :34.49     |
| 01:28.09   | 01:16.79   | 01:24.79   | <b>15 &amp; Over 100 Breaststroke</b>       | 01:19.9    | 01:08.7    | 01:15.9    |
| 03:17.29   | 02:52.69   | 03:10.89   | <b>15 &amp; Over 200 Breaststroke</b>       | 03:00.6    | 02:35.2    | 02:51.4    |
| :34.19     | :30.09     | :33.29     | <b>15 &amp; Over 50 Butterfly</b>           | :31.09     | :27.19     | :30.09     |
| 01:15.29   | 01:06.49   | 01:13.39   | <b>15 &amp; Over 100 Butterfly</b>          | 01:08.6    | 01:00.0    | 01:06.4    |
| 02:54.39   | 02:33.99   | 02:50.09   | <b>15 &amp; Over 200 Butterfly</b>          | 02:39.5    | 02:19.5    | 02:34.2    |
|            | 01:06.69   | 01:13.69   | <b>15 &amp; Over 100 Individual Medley</b>  |            | :59.39     | 01:05.7    |
| 02:50.69   | 02:28.39   | 02:43.99   | <b>15 &amp; Over 200 Individual Medley</b>  | 02:37.3    | 02:14.8    | 02:29.0    |
| 06:15.79   | 05:29.69   | 06:04.29   | <b>15 &amp; Over 400 Individual Medley</b>  | 05:48.0    | 04:59.2    | 05:30.6    |
|            |            |            |                                             |            |            |            |

Notes:

\* - The LCM and SCM qualifying times are for 400M, the SCY qualifying time is for 500Y

\*\* - The LCM and SCM qualifying times are for 800M, the SCY qualifying time is for 1000Y

\*\*\* - The LCM and SCM qualifying times are for 1500M, the SCY qualifying time is for 1650Y

^ - This event may not be offered