

2025 NMS Long Course State Championship - 7/10/2025 to 7/13/2025**Session Report**

Session: 1 Thursday Timed Finals

Day of Meet: 1 Starts at 04:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-14 800 Freestyle Relay	11	2 u	04:30 PM	_____
Finals	2 Boys 11-14 800 Freestyle Relay	9	2 u	04:55 PM	_____
Finals	3 Girls 11 & Over 800 Freestyle Relay	9	2 u	05:20 PM	_____
Finals	4 Boys 11 & Over 800 Freestyle Relay	11	2 u	05:42 PM	_____
	Break: 5 Minutes:				
Finals	5 Girls 11 & Over 1500 Freestyle	21	3 u	06:08 PM	_____
Finals	6 Boys 11 & Over 1500 Freestyle	18	3 u	07:17 PM	_____
	Swimmers Counts for Warm-ups: 43	=====	=====		
	Entry / Heat Totals:	79	14		
	Finish Time			08:23 PM	_____

2025 NMS Long Course State Championship - 7/10/2025 to 7/13/2025**Session Report**

Session: 2 Friday Prelims

Day of Meet: 2 Starts at 09:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	7 Girls 12 & Under 50 Backstroke	39	5 u	09:15 AM	_____
Prelims	8 Boys 12 & Under 50 Backstroke	34	5 u	09:23 AM	_____
Prelims	9 Girls 13 & Over 50 Backstroke	35	5 u	09:30 AM	_____
Prelims	10 Boys 13 & Over 50 Backstroke	33	5 u	09:36 AM	_____
Prelims	11 Girls 12 & Under 200 IM	30	4 u	09:42 AM	_____
Prelims	12 Boys 12 & Under 200 IM	13	2 u	09:59 AM	_____
Prelims	13 Girls 13 & Over 200 IM	30	4 u	10:06 AM	_____
Prelims	14 Boys 13 & Over 200 IM	25	4 u	10:19 AM	_____
Prelims	15 Girls 12 & Under 50 Freestyle	46	6 u	10:31 AM	_____
Prelims	16 Boys 12 & Under 50 Freestyle	43	6 u	10:37 AM	_____
Prelims	17 Girls 13 & Over 50 Freestyle	79	10 u	10:43 AM	_____
Prelims	18 Boys 13 & Over 50 Freestyle	73	10 u	10:53 AM	_____
Prelims	19 Girls 12 & Under 100 Breaststroke	27	4 u	11:02 AM	_____
Prelims	20 Boys 12 & Under 100 Breaststroke	21	3 u	11:11 AM	_____
Prelims	21 Girls 13 & Over 100 Breaststroke	26	4 u	11:18 AM	_____
Prelims	22 Boys 13 & Over 100 Breaststroke	27	4 u	11:26 AM	_____
Prelims	23 Girls 12 & Under 100 Butterfly	17	3 u	11:33 AM	_____
Prelims	24 Boys 12 & Under 100 Butterfly	17	3 u	11:39 AM	_____
Prelims	25 Girls 13 & Over 100 Butterfly	21	3 u	11:46 AM	_____
Prelims	26 Boys 13 & Over 100 Butterfly	30	4 u	11:51 AM	_____
	Break: 5 Minutes:				
Finals-S	27 Girls 400 Freestyle	38	5 u	12:03 PM	_____
Finals-S	28 Boys 400 Freestyle	35	5 u	12:33 PM	_____
	Swimmers Counts for Warm-ups: 333	=====	=====		
	Entry / Heat Totals:	739	104		
	Finish Time			01:03 PM	_____

2025 NMS Long Course State Championship - 7/10/2025 to 7/13/2025**Session Report**

Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 10 & Under 200 Medley Relay	6	1 u	05:00 PM	_____
Finals	30 Boys 10 & Under 200 Medley Relay	5	1 u	05:05 PM	_____
Finals	31 Girls 12 & Under 200 Medley Relay	7	1 u	05:09 PM	_____
Finals	32 Boys 12 & Under 200 Medley Relay	8	1 u	05:13 PM	_____
Finals	33 Girls 14 & Under 200 Medley Relay	10	2 u	05:17 PM	_____
Finals	34 Boys 14 & Under 200 Medley Relay	9	2 u	05:25 PM	_____
Finals	35 Girls 200 Medley Relay	14	2 u	05:33 PM	_____
Finals	36 Boys 200 Medley Relay	14	2 u	05:39 PM	_____
Break: 10 Minutes:					
Finals-1	27 Girls 400 Freestyle	8	1 u	05:56 PM	_____
Finals-1	28 Boys 400 Freestyle	8	1 u	06:02 PM	_____
Finals	7 Girls 12 & Under 50 Backstroke	16	2 u	06:08 PM	_____
Finals	8 Boys 12 & Under 50 Backstroke	16	2 u	06:12 PM	_____
Finals	9 Girls 13 & Over 50 Backstroke	16	2 u	06:15 PM	_____
Finals	10 Boys 13 & Over 50 Backstroke	16	2 u	06:18 PM	_____
Finals	11 Girls 12 & Under 200 IM	16	2 u	06:21 PM	_____
Finals	12 Boys 12 & Under 200 IM	13	2 u	06:28 PM	_____
Finals	13 Girls 13 & Over 200 IM	16	2 u	06:36 PM	_____
Finals	14 Boys 13 & Over 200 IM	16	2 u	06:43 PM	_____
Break: 10 Minutes:					
Finals	15 Girls 12 & Under 50 Freestyle	16	2 u	06:59 PM	_____
Finals	16 Boys 12 & Under 50 Freestyle	16	2 u	07:02 PM	_____
Finals	17 Girls 13 & Over 50 Freestyle	16	2 u	07:04 PM	_____
Finals	18 Boys 13 & Over 50 Freestyle	16	2 u	07:07 PM	_____
Break: 10 Minutes:					
Finals	19 Girls 12 & Under 100 Breaststroke	16	2 u	07:19 PM	_____
Finals	20 Boys 12 & Under 100 Breaststroke	16	2 u	07:24 PM	_____
Finals	21 Girls 13 & Over 100 Breaststroke	16	2 u	07:29 PM	_____
Finals	22 Boys 13 & Over 100 Breaststroke	16	2 u	07:33 PM	_____
Finals	23 Girls 12 & Under 100 Butterfly	16	2 u	07:37 PM	_____
Finals	24 Boys 12 & Under 100 Butterfly	16	2 u	07:41 PM	_____
Finals	25 Girls 13 & Over 100 Butterfly	16	2 u	07:46 PM	_____
Finals	26 Boys 13 & Over 100 Butterfly	16	2 u	07:49 PM	_____
Swimmers Counts for Warm-ups: 229		=====	=====		
Entry / Heat Totals:		406	54		
Finish Time				07:53 PM	_____

2025 NMS Long Course State Championship - 7/10/2025 to 7/13/2025**Session Report**

Session: 4 Saturday Prelims

Day of Meet: 3 Starts at 09:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	37 Girls 12 & Under 400 Medley Relay	10	2 u	09:15 AM	_____
Finals	38 Boys 12 & Under 400 Medley Relay	10	2 u	09:32 AM	_____
Finals	39 Girls 14 & Under 400 Medley Relay	7	1 u	09:48 AM	_____
Finals	40 Boys 14 & Under 400 Medley Relay	8	1 u	09:54 AM	_____
Finals	41 Girls 400 Medley Relay	14	2 u	10:01 AM	_____
Finals	42 Boys 400 Medley Relay	13	2 u	10:13 AM	_____
Break: 5 Minutes:					
Prelims	43 Girls 12 & Under 50 Butterfly	29	4 u	10:30 AM	_____
Prelims	44 Boys 12 & Under 50 Butterfly	29	4 u	10:34 AM	_____
Prelims	45 Girls 13 & Over 50 Butterfly	45	6 u	10:39 AM	_____
Prelims	46 Boys 13 & Over 50 Butterfly	46	6 u	10:46 AM	_____
Prelims	47 Girls 11-12 200 Breaststroke	7	1 u	10:51 AM	_____
Prelims	48 Boys 11-12 200 Breaststroke	7	1 u	10:55 AM	_____
Prelims	49 Girls 13 & Over 200 Breaststroke	23	3 u	11:00 AM	_____
Prelims	50 Boys 13 & Over 200 Breaststroke	26	4 u	11:10 AM	_____
Prelims	51 Girls 12 & Under 100 Backstroke	48	6 u	11:24 AM	_____
Prelims	52 Boys 12 & Under 100 Backstroke	31	4 u	11:38 AM	_____
Prelims	53 Girls 13 & Over 100 Backstroke	38	5 u	11:47 AM	_____
Prelims	54 Boys 13 & Over 100 Backstroke	32	4 u	11:57 AM	_____
Prelims	55 Girls 12 & Under 200 Freestyle	36	5 u	12:04 PM	_____
Prelims	56 Boys 12 & Under 200 Freestyle	32	4 u	12:22 PM	_____
Prelims	57 Girls 13 & Over 200 Freestyle	59	8 u	12:36 PM	_____
Prelims	58 Boys 13 & Over 200 Freestyle	59	8 u	01:00 PM	_____
Break: 5 Minutes:					
Finals-S	59 Girls 11 & Over 400 IM	7	1 u	01:26 PM	_____
Finals-S	60 Boys 11 & Over 400 IM	12	2 u	01:33 PM	_____
Swimmers Counts for Warm-ups: 327		=====	=====		
Entry / Heat Totals:		628	86		
Finish Time				01:46 PM	_____

2025 NMS Long Course State Championship - 7/10/2025 to 7/13/2025**Session Report**

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	61 Girls 10 & Under 200 Freestyle Relay	6	1 u	05:00 PM	_____
Finals	62 Boys 10 & Under 200 Freestyle Relay	5	1 u	05:05 PM	_____
Finals	63 Girls 12 & Under 200 Freestyle Relay	9	2 u	05:09 PM	_____
Finals	64 Boys 12 & Under 200 Freestyle Relay	7	1 u	05:16 PM	_____
Finals	65 Girls 14 & Under 200 Freestyle Relay	9	2 u	05:19 PM	_____
Finals	66 Boys 14 & Under 200 Freestyle Relay	8	1 u	05:25 PM	_____
Finals	67 Girls 200 Freestyle Relay	16	2 u	05:28 PM	_____
Finals	68 Boys 200 Freestyle Relay	16	2 u	05:34 PM	_____
Break: 10 Minutes:					
Finals-1	59 Girls 11 & Over 400 IM	8	1 u	05:50 PM	_____
Finals-1	60 Boys 11 & Over 400 IM	8	1 u	05:57 PM	_____
Finals	43 Girls 12 & Under 50 Butterfly	16	2 u	06:04 PM	_____
Finals	44 Boys 12 & Under 50 Butterfly	16	2 u	06:07 PM	_____
Finals	45 Girls 13 & Over 50 Butterfly	16	2 u	06:09 PM	_____
Finals	46 Boys 13 & Over 50 Butterfly	16	2 u	06:12 PM	_____
Break: 10 Minutes:					
Finals	47 Girls 11-12 200 Breaststroke	7	1 u	06:24 PM	_____
Finals	48 Boys 11-12 200 Breaststroke	7	1 u	06:28 PM	_____
Finals	49 Girls 13 & Over 200 Breaststroke	16	2 u	06:33 PM	_____
Finals	50 Boys 13 & Over 200 Breaststroke	16	2 u	06:40 PM	_____
Break: 10 Minutes:					
Finals	51 Girls 12 & Under 100 Backstroke	16	2 u	06:57 PM	_____
Finals	52 Boys 12 & Under 100 Backstroke	16	2 u	07:02 PM	_____
Finals	53 Girls 13 & Over 100 Backstroke	16	2 u	07:06 PM	_____
Finals	54 Boys 13 & Over 100 Backstroke	16	2 u	07:11 PM	_____
Break: 10 Minutes:					
Finals	55 Girls 12 & Under 200 Freestyle	16	2 u	07:25 PM	_____
Finals	56 Boys 12 & Under 200 Freestyle	16	2 u	07:32 PM	_____
Finals	57 Girls 13 & Over 200 Freestyle	16	2 u	07:39 PM	_____
Finals	58 Boys 13 & Over 200 Freestyle	16	2 u	07:45 PM	_____
Swimmers Counts for Warm-ups: 183		=====	=====		
Entry / Heat Totals:		330	44		
Finish Time				07:50 PM	_____

2025 NMS Long Course State Championship - 7/10/2025 to 7/13/2025**Session Report**

Session: 6 Sunday Prelims

Day of Meet: 4 Starts at 09:15 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	69 Girls 12 & Under 400 Freestyle Relay	9	2 u	09:15 AM	_____
Finals	70 Boys 12 & Under 400 Freestyle Relay	9	2 u	09:29 AM	_____
Finals	71 Girls 14 & Under 400 Freestyle Relay	10	2 u	09:43 AM	_____
Finals	72 Boys 14 & Under 400 Freestyle Relay	8	1 u	09:57 AM	_____
Finals	73 Girls 400 Freestyle Relay	15	2 u	10:03 AM	_____
Finals	74 Boys 400 Freestyle Relay	15	2 u	10:13 AM	_____
Break: 5 Minutes:					
Prelims	75 Girls 11-12 200 Backstroke	13	2 u	10:27 AM	_____
Prelims	76 Boys 11-12 200 Backstroke	8	1 u	10:35 AM	_____
Prelims	77 Girls 13 & Over 200 Backstroke	29	4 u	10:39 AM	_____
Prelims	78 Boys 13 & Over 200 Backstroke	25	4 u	10:53 AM	_____
Prelims	79 Girls 12 & Under 50 Breaststroke	32	4 u	11:06 AM	_____
Prelims	80 Boys 12 & Under 50 Breaststroke	30	4 u	11:11 AM	_____
Prelims	81 Girls 13 & Over 50 Breaststroke	25	4 u	11:17 AM	_____
Prelims	82 Boys 13 & Over 50 Breaststroke	25	4 u	11:21 AM	_____
Prelims	83 Girls 12 & Under 200 Butterfly	3	1 u	11:25 AM	_____
Prelims	84 Boys 12 & Under 200 Butterfly	4	1 u	11:29 AM	_____
Prelims	85 Girls 13 & Over 200 Butterfly	9	2 u	11:32 AM	_____
Prelims	86 Boys 13 & Over 200 Butterfly	7	1 u	11:39 AM	_____
Prelims	87 Girls 12 & Under 100 Freestyle	55	7 u	11:43 AM	_____
Prelims	88 Boys 12 & Under 100 Freestyle	38	5 u	11:55 AM	_____
Prelims	89 Girls 13 & Over 100 Freestyle	73	10 u	12:04 PM	_____
Prelims	90 Boys 13 & Over 100 Freestyle	68	9 u	12:20 PM	_____
Break: 5 Minutes:					
Finals-S	91 Girls 11 & Over 800 Freestyle	13	2 u	12:38 PM	_____
Finals-S	92 Boys 11 & Over 800 Freestyle	12	2 u	01:02 PM	_____
Swimmers Counts for Warm-ups: 310		=====	=====		
Entry / Heat Totals:		535	78		
Finish Time				01:25 PM	_____

2025 NMS Long Course State Championship - 7/10/2025 to 7/13/2025**Session Report**

Session: 7 Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	93 Mixed 10 & Under 200 Medley Relay	10	2 u	05:00 PM	_____
Finals	94 Mixed 12 & Under 200 Medley Relay	15	2 u	05:09 PM	_____
Finals	95 Mixed 14 & Under 200 Medley Relay	15	2 u	05:16 PM	_____
Finals	96 Mixed 200 Medley Relay	26	4 u	05:24 PM	_____
	Break: 10 Minutes:				
Finals-1	91 Girls 11 & Over 800 Freestyle	8	1 u	05:47 PM	_____
Finals-1	92 Boys 11 & Over 800 Freestyle	8	1 u	05:59 PM	_____
Finals	75 Girls 11-12 200 Backstroke	8	1 u	06:11 PM	_____
Finals	76 Boys 11-12 200 Backstroke	8	1 u	06:15 PM	_____
Finals	77 Girls 13 & Over 200 Backstroke	16	2 u	06:19 PM	_____
Finals	78 Boys 13 & Over 200 Backstroke	16	2 u	06:26 PM	_____
	Break: 10 Minutes:				
Finals	79 Girls 12 & Under 50 Breaststroke	16	2 u	06:43 PM	_____
Finals	80 Boys 12 & Under 50 Breaststroke	16	2 u	06:46 PM	_____
Finals	81 Girls 13 & Over 50 Breaststroke	16	2 u	06:49 PM	_____
Finals	82 Boys 13 & Over 50 Breaststroke	16	2 u	06:51 PM	_____
Finals	83 Girls 12 & Under 200 Butterfly	3	1 u	06:54 PM	_____
Finals	84 Boys 12 & Under 200 Butterfly	4	1 u	06:58 PM	_____
Finals	85 Girls 13 & Over 200 Butterfly	9	2 u	07:01 PM	_____
Finals	86 Boys 13 & Over 200 Butterfly	7	2 u	07:08 PM	_____
	Break: 10 Minutes:				
Finals	87 Girls 12 & Under 100 Freestyle	16	2 u	07:25 PM	_____
Finals	88 Boys 12 & Under 100 Freestyle	16	2 u	07:29 PM	_____
Finals	89 Girls 13 & Over 100 Freestyle	16	2 u	07:33 PM	_____
Finals	90 Boys 13 & Over 100 Freestyle	16	2 u	07:36 PM	_____
	Swimmers Counts for Warm-ups: 193	=====	=====		
	Entry / Heat Totals:	281	40		
	Finish Time			07:40 PM	_____