



November 2024 | Issue 36

Charger Aquatics Santa Fe

Charger Family,

The last month has been gorgeous in Santa Fe, and I hope everybody has had a chance to spend some time outside before winter's early arrival.

We had a great turnout of old and new swimmers at our family picnic on October 5. Thank you to everyone who came out and supported with food and drink donations.

Our next get together will be our Annual Holiday / Christmas party in December. More to come on that.

The merger of the Santa Fe Seals has been seamless and has brought noticeable benefits to our club already. The next few months are critical for our swimmers to start building their strength and endurance as we focus on the state championships in March.

Finally, I am excited to announce that the Board and Coach Vivian have set up a scholarship program for our swimmers. You'll be hearing more details about this in future newsletters. It is a big step forward for our club. if you have any immediate questions, please direct them to Coach Lee.

Keep swimming fast and having fun!

Mikey Hersom
President



SCHEDULE UPDATE

Due to the high school season our practice schedule will continue through February 21 as follows:

Blue Group:

MWF: 6:00-7:30 AM (Pool)

MWF: 4:45-5:45 PM (Weights/Film Study)

MWF: 6:00-7:30 PM (Pool)

T/T: 4:30-6:30 PM (Pool)

Saturdays: 8:30-10:30 AM (Pool)

Yellow Group:

MWF: 4:30-6:15 PM

Tue/Thur: 4:30-6:30 PM

White Group:

MWF: 4:30-6:00 PM

Jr Swim:

Tue/Thur: 5:00-6:00 PM



COACHES Corner



Congratulations Chargers!

USA Swimming has announced the **2025 Club Excellence Program**, and we are excited to share that **Charger Aquatics** has earned **Bronze Club Excellence** recognition, and we missed Silver by just one Jr. National cut.

Let's go for Silver next year!

High school season has begun! This time of year many of our high school swimmers will begin dividing their time between club and high school swimming.

While this can be a challenge from a training standpoint, I make sure that I'm in communication with the HS coaches about what our athletes are doing in practice to ensure that the training they are getting is well rounded and ultimately beneficial. There will also be many HS competitions that our kids will be swimming in that I will not be at.

I would ask that our athletes please listen to and respect their HS coaches during these meets. We will work on race training and details in practice but I expect our athletes to be exemplary members of their HS teams by modeling respectful behavior toward these coaches and their HS teammates.

If there are issues with some of the things that the HS coaches tell our swimmers to do in races that go against my coaching then we can discuss those issues at practice and figure out what will work best for the athlete.

Do not take these races for granted! I know that HS meets can sometimes seem very easy and a lot of our swimmers can win races without putting forth much effort but they will not gain anything from that. I want our swimmers to always aim to be better than they were in their previous race, even if their bodies are beat up and tired.

Lee Romero Taylor

Head Coach



SWIMMER Spotlight



Ophelia Grafe

Ophelia Grafe: Ophelia is in our Yellow group and has been attending meets more regularly this season while beginning to branch out and swim more races outside of her comfort zone at these meets. She's also shown a commitment to her training by showing up regularly for practice and has seen some significant time drops as a result.

Great job Ophelia!

OLDER AND WISER!

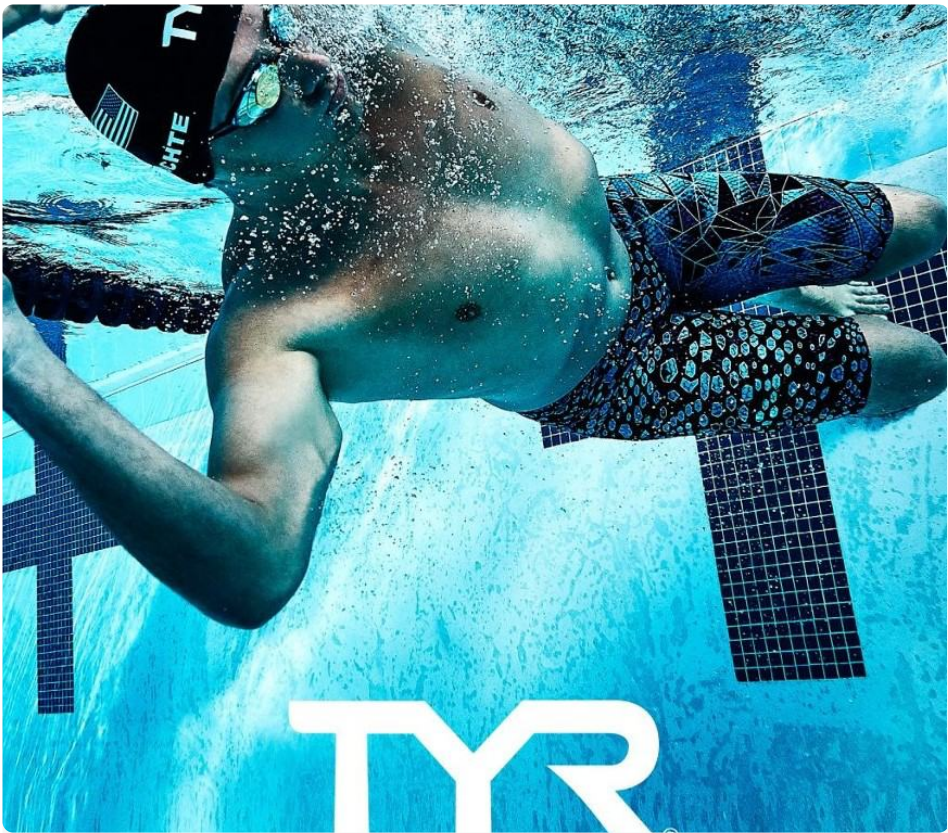
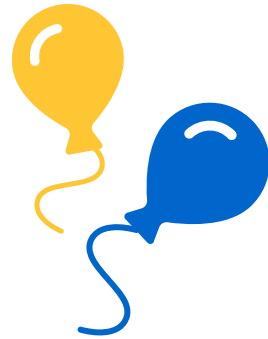
Happy birthday to all our swimmers who are having or had a birthday recently! If we missed any please let us know!

October & November Birthdays:

Mary Kunkel (17)

Lucy Mickelson (13)

Ian Wald (17)



TYR GEAR

Our new TYR Team Portal is now open!

1. Go to teams.tyr.com
2. Create a username/account
3. Input the access code of **04219**



IT'S REGISTRATION TIME!

We still have a large number of swimmers that need to **register with the team and USA Swimming** for this season. Please do so ASAP and if you have any questions don't hesitate to reach out to Coach Lee.

Here's the information on how to register for both, with our team as well as USA Swimming.



Step 1

Charger Aquatics Santa Fe Team Registration

Login to your CAQ-SF Team Unify Account and click on the "Register" button. There is a \$75 per family registration fee. New families will need to create a new account.

On bottom of the screen select the group that you are registering for and add it to the cart, then "check out" to complete the CAQ-SF membership registration process.



Step 2

USA Swimming Registration

Athletes must also register online with USA Swimming via the provided link. New parents can create one account per family, then register each child swimmer under that account. Returning families should be able to simply log in then hit "Renew" on their child's account. The USA Swimming registration is \$80.45 per child and will be paid directly to USA swimming upon registering via their website.

CALL FOR VOLUNTEERS



For those attending **the High Desert Classic November 22-24** I'm sure that the ABQ branch will be grateful for any help with timing that weekend.

Please also put **our home meet January 4-5** on your calendar as we will need every family lending a helping hand to make sure it runs as smoothly as our previous meets.

HELPFUL APPS



Meet Mobile

For a small annual fee track your swimmers times and placement during meets, view records and time standards, team scores and more.



OnDeck

This free app allows you to view your swimmers best times, upcoming events and entries, and past meet results.



Have questions or news to share?

Send them to

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