

# NCAT SR. Shaker Site PRACTICE SCHEDULE

## April 2023 SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1						
OFF						Off							
Sunday	2	Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday	7	Saturday	8
										Off		Off	
		Sr 1 4:00-5:30 pm		No Practice		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		<b>Building Closed</b>		<b>Building Closed</b>	
OFF		Sr 2 & Sr 3 4:00-6:00 pm		NCAT Awards @ Shaker Middle School Aud 6:30 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm					
										<b>Good Friday</b>			
Sunday	9	Monday	10	Tuesday	11	Wednesday	12	Thursday	13	Friday	14	Saturday	15
		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm			AM - Option 5:45-7:15 am	8:30-10:30 am Sr 2/Sr 3(SC @ Woodbury) or 8:00-10:00 am	
OFF		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm			<b>NO PM practice</b> School Event	Tenativel (LC @ CSU)	
Sunday	16	Monday	17	Tuesday	18	Wednesday	19	Thursday	20	Friday	21	Saturday	22
		<b>5:45-7:15 am - Sr3/ Sr 2option</b>										8:30-10:30 am Sr 2/Sr 3(SC @ Woodbury) or 8:00-10:00 am	
		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		8:00-10:00 am	
OFF		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Tenativel (LC @ CSU)	
Sunday	23	Monday	24	Tuesday	25	Wednesday	26	Thursday	27	Friday	28	Saturday	29
		<b>5:45-7:15 am - Sr3/ Sr 2option</b>										8:30-10:30 am Sr 2/Sr 3(SC @ Woodbury) or 8:00-10:00 am	
		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		Sr 1 4:00-5:30 pm		8:00-10:00 am	
OFF		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Sr 2 & Sr 3 4:00-6:00 pm		Tenativel (LC @ CSU)	
Sunday	30												
OFF													

**Notes:**

*Head Coach - Eric Peterson*

(216)295-4163

\* All practices held at the Woodbury Elementary School pool unless otherwise noted