

# NCAT Equipment List

Swimmers are required to purchase their own training equipment. The required equipment for each training group is below, in addition to recommended brands/products.

| Group             | Kick Board                    | Fins  | Snorkel   | Pull Buoy                                   | Paddles   |
|-------------------|-------------------------------|---|---|---|---|
| Pre-Comp          | -                             | -   | -   | -   | -   |
| Dev 1             | ✓                             | ✓   | -   | -   | -   |
| Dev 2 & 3         | ✓                             | ✓   | ✓   | ✓   |   |
| AG 1 & 2          | ✓                             | ✓   | ✓   | ✓   |   |
| AG 3              | ✓                             | ✓   | ✓   | ✓   | ✓ (small only)                                    |
| Senior            | ✓                             | ✓   | ✓   | ✓   | ✓   |
| Suggested Product | <a href="#">TYR Kickboard</a> | <a href="#">TYR CrossBlade</a><br>or similar<br><br>(no zoomers or long blade fins) | <a href="#">TYR Ultrite Snorkel</a><br>or similar | <a href="#">TYR Pull Buoy</a><br>or similar | <a href="#">TYR Catalyst Paddle</a><br>or similar |

## Where to Purchase

- **NCAT via Aquatic Outfitters of Ohio** - <https://aquaticoutfittersofohio.com/collections/shaker-sharks>
  - Note: This is the best option. We receive discounts on items when purchased through our partner Aquatic Outfitter.
- **Swimoutlet.com** - <https://www.swimoutlet.com/>
  - A great, comprehensive online store for all things swim related.

