

# NCAT Equipment List

Swimmers are required to purchase their own training equipment. The required equipment for each training group is below, in addition to recommended brands/products.

Group	Kick Board	Fins	Snorkel	Pull Buoy	Paddles	Phlex
Pre-Comp	✓	✓	-	-	-	-
Dev 1	✓	✓	-	-	-	-
Dev 2 & 3	✓	✓	✓	-	-	-
AG 1 & 2	✓	✓	✓	✓	-	-
AG 3	✓	✓	✓	✓	✓ (small only)	-
Senior	✓	✓	✓	✓	✓	Recommended but not required
Suggested Product	<a href="#">TYR Kickboard</a>	<a href="#">TYR CrossBlade</a> or similar  (no zoomers or long blade fins)	<a href="#">TYR Ultralite Snorkel</a> or similar	<a href="#">TYR Pull Buoy</a> or similar	<a href="#">TYR Catalyst Paddle</a> or similar	<a href="#">Phlex</a>  <a href="#">Phlex ordering information</a>

## Where to Purchase

- NCAT via Making Waves-[Making Waves](#)
- Note: This is the best option. We receive discounts on items when purchased through our partner Aquatic Outfitter.
- **Swimoutlet.com** - <https://www.swimoutlet.com/>
  - A great, comprehensive online store for all things swim related.

