

NCAT Equipment List

Swimmers are required to purchase their own training equipment. The required equipment for each training group is below, in addition to recommended brands/products.

Group	Kick Board	Fins	Snorkel	Pull Buoy	Paddles
Pre-Comp	-	✓	-	-	-
Dev 1	✓	✓	-	-	-
Dev 2 & 3	✓	✓	✓	-	-
AG 1 & 2	✓	✓	✓	✓	-
AG 3	✓	✓	✓	✓	✓ (small only)
Senior	✓	✓	✓	✓	✓
Suggested Product	TYR Kickboard	TYR CrossBlade or similar (no zoomers or long blade fins)	TYR Ultrite Snorkel or similar	TYR Pull Buoy or similar	TYR Catalyst Paddle or similar

Where to Purchase

- **NCAT via Aquatic Outfitters of Ohio** - <https://aquaticoutfittersofohio.com/collections/shaker-sharks>
 - Note: This is the best option. We receive discounts on items when purchased through our partner Aquatic Outfitter.
- **Swimoutlet.com** - <https://www.swimoutlet.com/>
 - A great, comprehensive online store for all things swim related.

