



Long Course Splash

6/21-22,2025

Sanction # NI-2425-073



Hosted by:
SYCH

MEET DIRECTOR

Will Chidsey & Jenna Walmer

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(315)430-5481

MEET ENTRY CHAIR

Will Chidsey & Courtney Christ

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MEET REFEREE

Paul Bartlett

CLUB OFFICIALS CHAIR

Courtney Christ

officials@medleyaquatics.com

SANCTION

- Held under the sanction of USA Swimming through Niagara Swimming: **NI-2425-073**
- In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Syracuse Chargers, Medley Aquatics, and SUNY Cortland shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

FACILITY

Suny Cortland

Harriet Holsten Pool

Park Center

8 Former Dr

Cortland, NY 13045

- 6 lanes, 50 Meters
- Water depth range of 15 'at the starting end and 4' at the turning end.
- The competition course has not been certified in accordance with current *USA Swimming Rules and Regulations*, Article 104.2.2(C).

ENTRY DEADLINE

June 11, 2025 at 11:59pm

IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

SCHEDULE

Session 1 & 2 : Warm ups: 8:00am Meet Starts: 9:00am

Session 2 Merged with Session 1

Session 3 & 4: Warm ups: 8:00am Meet Starts 9:00am

Session 4: Merged with Session 3

Meet Director reserves the right to adjust times/sessions after entries are received.

ELIGIBILITY

- Open to all registered USA Swimmers.
- No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in *USA Swimming Rules and Regulations*, Article 302.

DISABILITY SWIMMERS	NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	Automatic timing will be used.
RULES	- Current USA Swimming rules shall govern this meet. - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. - No on-deck USA-S registration is permitted. - In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. - Deck changes are prohibited. - Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. - Dive-over starts will be used. - The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F. - Lifeguards, AED device will be available to athletes participating in the Meet - There is no roaming the building outside of designated areas. Accessible areas are front lobby, Bathrooms, 2 designated gym courts, locker rooms and pool area.
EVENT RULES	All events are timed finals. Max events per day is 5.
POSITIVE CHECK IN	All events will be pre-seeded except for the 400 IM, 400 Free and 1500 Free which will be positive check in. If you fail to positive check in you will not be seeded.
WARM-UP	- The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	- Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
SEEDING	Seeded slow to fast for all events.
SCORING	No Scoring
AWARDS	No Awards

PROGRAMS	• Will be available.
CREDENTIALS	• Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	• Free
OFFICIALS	• Officials interested in volunteering should contact : officials@medleyaquatics.com • Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.
TIMERS	• Participating clubs are requested to provide timers.
ENTRY PROCEDURES	• Entries should be submitted by email to the Meet entry Chair: meetentry@medleyaquatics.com. • Include in the subject of the email, "CNY Long Course Splash- XXXX (Club Code)". If your club submits multiple entry files include training site in the subject of the email. • Include in entry email: entry file. • In the body of your email provide contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • Hand entries will have a \$10.00 Surcharge. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	Per Swimmer Surcharge: \$7.00 Individual event fee: \$5.00 • Make checks payable to Syracuse Chargers Swimming. • Checks may be mailed to: 204 Blackberry Rd, Liverpool, NY 13090. • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. • Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.

Long Course Splash @ Cortland - 6/21/2025 to 6/22/2025
Session Report

Saturday Session 1 & 2

Day of Meet: 1 Warm Ups 8:00 AM Meet Starts at 9:00 AM

Event

- 101 Girls 12 & Under 100 Backstroke
- 102 Boys 12 & Under 100 Backstroke
- 1 Girls 13 & Over 100 Backstroke
- 2 Boys 13 & Over 100 Backstroke
- 103 Girls 12 & Under 200 Breaststroke
- 104 Boys 12 & Under 200 Breaststroke
- 3 Girls 13 & Over 200 Breaststroke
- 4 Boys 13 & Over 200 Breaststroke
- 105 Girls 12 & Under 100 Freestyle
- 106 Boys 12 & Under 100 Freestyle
- 5 Girls 13 & Over 100 Freestyle
- 6 Boys 13 & Over 100 Freestyle
- 107 Girls 12 & Under 50 Breaststroke
- 108 Boys 12 & Under 50 Breaststroke
- 7 Girls 13 & Over 50 Breaststroke
- 8 Boys 13 & Over 50 Breaststroke
- 109 Girls 12 & Under 100 Butterfly
- 110 Boys 12 & Under 100 Butterfly
- 9 Girls 13 & Over 100 Butterfly
- 10 Boys 13 & Over 100 Butterfly
- 111 Girls 12 & Under 200 IM
- 112 Boys 12 & Under 200 IM
- 11 Girls 13 & Over 200 IM
- 12 Boys 13 & Over 200 IM
- 113 Mixed 12 & Under 400 Freestyle
- 13 Mixed 13 & Over 400 Freestyle

Sunday Session 3 & 4

Day of Meet 2: Warm ups 8:00 AM Meet starts at 9:00 AM

Event

- 114 Girls 12 & Under 50 Butterfly
- 115 Boys 12 & Under 50 Butterfly
- 14 Girls 13 & Over 50 Butterfly
- 15 Boys 13 & Over 50 Butterfly
- 116 Girls 12 & Under 100 Breaststroke
- 117 Boys 12 & Under 100 Breaststroke
- 16 Girls 13 & Over 100 Breaststroke
- 17 Boys 13 & Over 100 Breaststroke
- 118 Girls 12 & Under 200 Backstroke

- 119 Boys 12 & Under 200 Backstroke
- 18 Girls 13 & Over 200 Backstroke
- 19 Boys 13 & Over 200 Backstroke
- 120 Girls 12 & Under 200 Freestyle
- 121 Boys 12 & Under 200 Freestyle
- 20 Girls 13 & Over 200 Freestyle
- 21 Boys 13 & Over 200 Freestyle
- 122 Girls 12 & Under 50 Backstroke
- 123 Boys 12 & Under 50 Backstroke
- 22 Girls 13 & Over 50 Backstroke
- 23 Boys 13 & Over 50 Backstroke
- 124 Girls 12 & Under 200 Butterfly
- 125 Boys 12 & Under 200 Butterfly
- 24 Girls 13 & Over 200 Butterfly
- 25 Boys 13 & Over 200 Butterfly
- 126 Girls 12 & Under 50 Freestyle
- 127 Boys 12 & Under 50 Freestyle
- 26 Girls 13 & Over 50 Freestyle
- 27 Boys 13 & Over 50 Freestyle
- 28 Girls 13 & Over 200 IM
- 29 Boys 13 & Over 200 IM
- 30 Mixed 13 & Over 800 Freestyle