



Super Circuit at Burnet Park & Distance Meet

7/11/2026

Super Circuit Sanction # NI-2526-
Distance Meet Sanction # NI-2526-

Hosted by:
Syracuse Chargers

MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Will Chidsey, meetdirector@medleyaquatics.com	Courtney Christ	Courtney Christ Officials@medleyaquatics.com

SANCTION	<ul style="list-style-type: none">• Held under the sanction of USA Swimming through Niagara Swimming: NI2526- & 2526-• In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Syracuse Chargers, and Syracuse City shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<p>Burnet Park 521549 Burnet Park Dr Syracuse, NY 13204</p> <ul style="list-style-type: none">• 8 lanes, 50 meter• Water depth range of 4' – 5' at the starting end and 14' – 12' at the turning end.• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
ENTRY DEADLINE	<p>7/2/2026, 10pm</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
SCHEDULE	<p>Super Circuit(Session 1) 7/11/26 Warm-ups: 8:00am Meet Start: 9:00am</p> <p>Distance(Session 2) 7/11/26 Warm up at the conclusion of Session 1 Meet Starts 15 minutes after warm ups begin. Approx times will be emailed once entries close.</p> <ul style="list-style-type: none">• Meet Director reserves the right to adjust times/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none">• Open to all registered USA Swimmers.• No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.
DISABILITY SWIMMERS	<ul style="list-style-type: none">• NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none">• Automatic timing will be used.

RULES	<ul style="list-style-type: none"> Current USA Swimming rules shall govern this meet. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. No on-deck USA-S registration is permitted. In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Dive-over starts will be used. The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> All events are timed finals. Max 3 individual events for Session 1. and Max 1 for Session 2.
POSITIVE CHECK IN	<ul style="list-style-type: none"> All events will be pre-seeded.
WARM-UP	<ul style="list-style-type: none"> The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	<ul style="list-style-type: none"> Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
SEEDING	<ul style="list-style-type: none"> All events will be swum slow to fast.
SCORING	<ul style="list-style-type: none"> No scoring
AWARDS	<ul style="list-style-type: none"> No awards
PROGRAMS	<ul style="list-style-type: none"> Programs will be available
CREDENTIALS	<ul style="list-style-type: none"> Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	<ul style="list-style-type: none"> None
OFFICIALS	<ul style="list-style-type: none"> Officials interested in volunteering should contact [include contact for officials; link to online signup if being used] Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.
TIMERS	<ul style="list-style-type: none"> Participating clubs are requested to provide timers.

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Super Circuit (Session 1) 7/11/26

Warm-ups: 8:00am

Meet Start: 9:00am

Distance (Session 2) 7/11/26

Warmups at the conclusion of Session 1.

Meet Starts 15 minutes after warmups begin. Approx starts to be emailed once entries close.

Super Circuit

	EVENT
1	Mixed Open 50 Breast
2	Mixed Open 200 Free
3	Mixed Open 100 Back
4	Mixed Open 50 Fly
5	Mixed Open 50 Freestyle
6	Mixed Open 50 Back
7	Mixed Open 100 Breast
8	Mixed Open 200 Back
9	Mixed Open 100 Fly
10	Mixed Open 100 Free
11	Mixed Open 200 Fly

Distance

	EVENT
12	Mixed Open 400 IM
13	Mixed Open 400 Freestyle
14	Mixed Open 1500 Freestyle