

Niagara LSC LC Super Circuit & Distance Meet - 7/5/2025**Session Report**

Session: 1 Super Circuit

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 50 Breaststroke	92	14 u	09:00 AM	_____
	Break: 2 Minutes:				
Finals	2 Mixed 200 Freestyle	77	11 u	09:24 AM	_____
Finals	3 Mixed 100 Backstroke	49	7 u	09:58 AM	_____
	Break: 2 Minutes:				
Finals	4 Mixed 50 Butterfly	74	11 u	10:16 AM	_____
Finals	5 Mixed 50 Freestyle	172	25 u	10:28 AM	_____
Finals	6 Mixed 50 Backstroke	80	12 u	10:55 AM	_____
	Break: 2 Minutes:				
Finals	7 Mixed 100 Breaststroke	77	11 u	11:20 AM	_____
Finals	8 Mixed 200 Backstroke	10	2 u	11:43 AM	_____
Finals	9 Mixed 100 Butterfly	36	6 u	11:51 AM	_____
Finals	10 Mixed 100 Freestyle	153	22 u	12:01 PM	_____
Finals	11 Mixed 200 Butterfly	8	2 u	12:41 PM	_____
	Swimmers Counts for Warm-ups: 288	=====	=====		
	Entry / Heat Totals:	828	123		
	Finish Time			12:48 PM	_____

Session: 2 Distance

Day of Meet: 1 Starts at 12:50 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	12 Mixed 400 IM	7	1 u	12:50 PM	_____
Finals	13 Mixed 400 Freestyle	47	7 u	12:57 PM	_____
Finals	14 Mixed 1500 Freestyle	13	2 u	01:43 PM	_____
	Swimmers Counts for Warm-ups: 67	=====	=====		
	Entry / Heat Totals:	67	10		
	Finish Time			02:30 PM	_____