

2025 Niagara Long Course Championship - 7/17/2025 to 7/20/2025**Session Report**

Session: 4 Friday PM - Finals 11 and Over

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	5 Mixed 13 & Over 200 Freestyle Relay	8	1 u	05:00 PM	_____
	Break: 5 Minutes:				
Finals	107 Girls 11-12 100 Breaststroke	8	1 u	05:08 PM	_____
Finals	108 Boys 11-12 100 Breaststroke	16	2 u	05:11 PM	_____
Finals	7 Girls 13 & Over 100 Breaststroke	24	3 u	05:16 PM	_____
Finals	8 Boys 13 & Over 100 Breaststroke	24	3 u	05:23 PM	_____
	Break: 2 Minutes: Timers to Far end				
Finals	111 Girls 11-12 50 Freestyle	16	2 u	05:32 PM	_____
Finals	112 Boys 11-12 50 Freestyle	16	2 u	05:35 PM	_____
Finals	9 Girls 13 & Over 50 Backstroke	24	3 u	05:38 PM	_____
Finals	10 Boys 13 & Over 50 Backstroke	24	3 u	05:44 PM	_____
Finals	115 Girls 11-12 200 IM	8	1 u	05:49 PM	_____
Finals	116 Boys 11-12 200 IM	8	1 u	05:53 PM	_____
Finals	11 Girls 13 & Over 200 Freestyle	32	4 u	05:57 PM	_____
Finals	12 Boys 13 & Over 200 Freestyle	24	3 u	06:10 PM	_____
Finals	13 Girls 13 & Over 100 Butterfly	24	3 u	06:19 PM	_____
Finals	14 Boys 13 & Over 100 Butterfly	24	3 u	06:26 PM	_____
	Break: 2 Minutes: Timers to Near end				
Finals	15 Girls 13 & Over 50 Freestyle	32	4 u	06:34 PM	_____
Finals	16 Boys 13 & Over 50 Freestyle	32	4 u	06:40 PM	_____
Finals	17 Girls 13 & Over 400 IM	24	3 u	06:46 PM	_____
Finals	18 Boys 13 & Over 400 IM	16	2 u	07:06 PM	_____
Finals-1	19 Girls 13 & Over 400 Medley Relay	8	1 u	07:18 PM	_____
Finals-1	20 Boys 13 & Over 400 Medley Relay	8	1 u	07:24 PM	_____
	Swimmers Counts for Warm-ups: 244	=====	=====		
	Entry / Heat Totals:	400	50		
	Finish Time			07:30 PM	_____

2025 Niagara Long Course Championship - 7/17/2025 to 7/20/2025**Session Report**

Session: 7 Saturday PM - Finals 11 and Over

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	21 Girls 13 & Over 200 Freestyle Relay	8	1 u	05:00 PM	_____
Finals-1	22 Boys 13 & Over 200 Freestyle Relay	8	1 u	05:04 PM	_____
Finals	129 Girls 11-12 100 Butterfly	8	1 u	05:06 PM	_____
Finals	130 Boys 11-12 100 Butterfly	8	1 u	05:09 PM	_____
Finals	23 Girls 13 & Over 200 IM	24	3 u	05:11 PM	_____
Finals	24 Boys 13 & Over 200 IM	32	4 u	05:22 PM	_____
Finals	133 Girls 11-12 100 Freestyle	16	2 u	05:36 PM	_____
Finals	134 Boys 11-12 100 Freestyle	16	2 u	05:40 PM	_____
Finals	25 Girls 13 & Over 200 Breaststroke	24	3 u	05:44 PM	_____
Finals	26 Boys 13 & Over 200 Breaststroke	24	3 u	05:57 PM	_____
Break: 2 Minutes: Timers to Far end					
Finals	137 Girls 11-12 50 Backstroke	16	2 u	06:10 PM	_____
Finals	138 Boys 11-12 50 Backstroke	16	2 u	06:14 PM	_____
Finals	27 Girls 13 & Over 50 Butterfly	32	4 u	06:18 PM	_____
Finals	28 Boys 13 & Over 50 Butterfly	32	4 u	06:24 PM	_____
Break: 2 Minutes: Timers to Near end					
Finals	29 Girls 13 & Over 100 Backstroke	32	4 u	06:32 PM	_____
Finals	30 Boys 13 & Over 100 Backstroke	24	3 u	06:41 PM	_____
Finals	31 Girls 13 & Over 400 Freestyle	24	3 u	06:48 PM	_____
Finals	32 Boys 13 & Over 400 Freestyle	24	3 u	07:06 PM	_____
Swimmers Counts for Warm-ups: 246		=====	=====		
Entry / Heat Totals:		368	46		
Finish Time				07:22 PM	_____

2025 Niagara Long Course Championship - 7/17/2025 to 7/20/2025**Session Report**

Session: 11 Sunday PM - Finals 11 and Over

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	33 Girls 13 & Over 800 Freestyle	8	1 u	05:00 PM	_____
Finals-1	34 Boys 13 & Over 800 Freestyle	8	1 u	05:12 PM	_____
Finals	147 Girls 11-12 200 Freestyle	16	2 u	05:24 PM	_____
Finals	148 Boys 11-12 200 Freestyle	16	2 u	05:31 PM	_____
Finals	37 Girls 13 & Over 200 Backstroke	24	3 u	05:38 PM	_____
Finals	38 Boys 13 & Over 200 Backstroke	24	3 u	05:50 PM	_____
Break: 2 Minutes: Timers to Far end					
Finals	153 Girls 11-12 50 Breaststroke	8	1 u	06:03 PM	_____
Finals	154 Boys 11-12 50 Breaststroke	8	1 u	06:05 PM	_____
Finals	39 Girls 13 & Over 50 Breaststroke	16	2 u	06:06 PM	_____
Finals	40 Boys 13 & Over 50 Breaststroke	24	3 u	06:10 PM	_____
Break: 2 Minutes: Timers to Near end					
Finals	157 Girls 11-12 100 Backstroke	8	1 u	06:17 PM	_____
Finals	158 Boys 11-12 100 Backstroke	16	2 u	06:19 PM	_____
Finals	41 Girls 13 & Over 100 Freestyle	32	4 u	06:24 PM	_____
Finals	42 Boys 13 & Over 100 Freestyle	32	4 u	06:33 PM	_____
Break: 2 Minutes: Timers to Far end					
Finals	161 Girls 11-12 50 Butterfly	16	2 u	06:42 PM	_____
Finals	162 Boys 11-12 50 Butterfly	8	1 u	06:46 PM	_____
Finals	43 Girls 13 & Over 200 Butterfly	16	2 u	06:47 PM	_____
Finals	44 Boys 13 & Over 200 Butterfly	24	3 u	06:55 PM	_____
Swimmers Counts for Warm-ups: 241		=====	=====		
Entry / Heat Totals:		304	38		
Finish Time				07:05 PM	_____