

Niagara LSC LC Super Circuit & Distance Meet - 7/6/2024**Session Report**

Session: 1 Super Circuit

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 50 Breaststroke	95	14 u	09:00 AM	_____
	Break: 2 Minutes:				
Finals	2 Mixed 200 Freestyle	89	13 u	09:20 AM	_____
Finals	3 Mixed 100 Backstroke	48	7 u	09:59 AM	_____
	Break: 2 Minutes:				
Finals	4 Mixed 50 Butterfly	66	10 u	10:15 AM	_____
Finals	5 Mixed 50 Freestyle	190	28 u	10:27 AM	_____
Finals	6 Mixed 50 Backstroke	74	11 u	10:54 AM	_____
	Break: 2 Minutes:				
Finals	7 Mixed 100 Breaststroke	91	13 u	11:12 AM	_____
Finals	8 Mixed 200 Backstroke	24	4 u	11:38 AM	_____
Finals	9 Mixed 100 Butterfly	46	7 u	11:52 AM	_____
Finals	10 Mixed 100 Freestyle	151	22 u	12:04 PM	_____
Finals	11 Mixed 200 Butterfly	12	2 u	12:41 PM	_____
	Swimmers Counts for Warm-ups: 304	=====	=====		
	Entry / Heat Totals:	886	131		
	Finish Time			12:48 PM	_____

Session: 2 Distance

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	12 Mixed 400 IM	19	3 u	01:00 PM	_____
Finals	13 Mixed 400 Freestyle	52	8 u	01:21 PM	_____
Finals	14 Mixed 1500 Freestyle	6	1 u	02:12 PM	_____
	Swimmers Counts for Warm-ups: 77	=====	=====		
	Entry / Heat Totals:	77	12		
	Finish Time			02:38 PM	_____