

Niagara LSC LC Super Circuit & Distance Meet - 6/3/2023**Session Report**

Session: 1 Super Circuit

Day of Meet: 1 Starts at 08:45 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	1 Mixed 50 Breaststroke	78	12	08:45 AM	e08:45 AM
Finals	2 Mixed 200 Freestyle	40	5	09:01 AM	e09:01 AM
Finals	3 Mixed 100 Backstroke	48	6	09:18 AM	e09:18 AM
	Break: 2 Minutes:				
Finals	4 Mixed 50 Butterfly	40	6	09:33 AM	e09:33 AM
Finals	5 Mixed 50 Freestyle	129	19	09:40 AM	e09:40 AM
Finals	6 Mixed 50 Backstroke	64	10	09:59 AM	e09:59 AM
Finals	7 Mixed 100 Breaststroke	43	6	10:14 AM	e10:14 AM
Finals	8 Mixed 200 IM	29	4	10:27 AM	e10:27 AM
Finals	9 Mixed 100 Butterfly	19	3	10:43 AM	e10:43 AM
Finals	10 Mixed 100 Freestyle	92	12	10:49 AM	e10:49 AM
Finals	11 Mixed 200 Breaststroke	10	2	11:10 AM	e11:10 AM
	Swimmers Counts for Warm-ups: 205	====	====		
	Entry / Heat Totals:	592	85		
	Finish Time			11:18 AM	e11:18 AM

Session: 2 Distance

Day of Meet: 1 Starts at 11:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	12 Mixed 400 IM	7	1	11:30 AM	e11:30 AM
Finals	13 Mixed 400 Freestyle	31	4	11:38 AM	e11:38 AM
Finals	14 Mixed 800 Freestyle	3	1	12:07 PM	e12:07 PM
	Swimmers Counts for Warm-ups: 41	====	====		
	Entry / Heat Totals:	41	6		
	Finish Time			12:16 PM	e12:16 PM