

# STAR Swimming Times Report For 5/5/1960 - 5/6/2024



5/6/2024 9:42:29 PM

Time Standard Selected: "B"

Rank	Event	Time	Power Points	Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
1	50 FR LCM	27.57	800	Kottakis, Anna	F	STAR	7/11/2015	2015 NI - Niagara LSC LC Championships	2012-2016 AAAA	13-14
2	50 FR LCM	27.77	783	Galloway, Elizabeth	F	STAR	6/6/1997	1997 US Star Kickoff	1997 AAAA	13-14
3	50 FR LCM	27.78	823	Lehner, Andrea	F	STAR	6/7/2002	2002 US Star Kick-off Lo	2000-2004 AAAA	13-14
4	50 FR LCM	27.85	817	Leighton, Evelyn	F	STAR	7/19/2019	2019 NI Niagara LSC LC Champio	2016-2020 AAAA	13-14
5	50 FR LCM	28.06	759	Pawli, Kya	F	STAR	4/1/2017	2017 Sectionals - Buffalo	2016-2020 AAA	13-14
6	50 FR LCM	28.50	722	Haluszczak, Macrae	F	STAR	4/2/2016	2016 Sectionals - Buffalo	2012-2016 AAA	13-14
7	50 FR LCM	28.65	710	Osula, Omosefe	F	STAR	8/1/2014	2014 NI - Niagara LSC LC Championships	2012-2016 AAA	13-14
8	50 FR LCM	28.80	698	Thomas, Sydney	F	STAR	7/12/2013	2013 NI - Niagara Long Course Classic	2012-2016 AAA	13-14
9	50 FR LCM	28.89	691	Reddon, Alexandra	F	STAR	6/7/2013	2013 NI - STAR LC Kick Off Meet 2013	2012-2016 AAA	13-14
10	50 FR LCM	28.93	687	Allen, Alize	F	STAR	7/27/2012	2012 NI - Long Course Championships	2008-2012 AAA	13-14
10	50 FR LCM	28.93	728	Markowski, Catherine	F	STAR	6/25/2023	2023 NI STAR Buffalo Sports Commission Summer Invitational	"AAA"	13-14
1	100 FR LCM	1:00.72	760	Lehner, Andrea	F	STAR	5/16/2003	2003 NI Titan Longcourse 2003	2000-2004 AAAA	13-14
2	100 FR LCM	1:00.80	756	Kottakis, Anna	F	STAR	7/10/2015	2015 NI - Niagara LSC LC Championships	2012-2016 AAAA	13-14
3	100 FR LCM	1:01.31	734	Pawli, Kya	F	STAR	7/23/2017	2017 NI - Niagara LSC LC Championships	2016-2020 AAA	13-14
4	100 FR LCM	1:01.69	718	Haluszczak, Macrae	F	STAR	4/3/2016	2016 Sectionals - Buffalo	2012-2016 AAA	13-14
5	100 FR LCM	1:01.81	713	Reddon, Alexandra	F	STAR	3/21/2013	2013 NI - EZ North Region Speedo Champions Series	2012-2016 AAA	13-14
6	100 FR LCM	1:02.36	724	Winnert, Rebecca	F	STAR	7/23/2010	2010 NI LSC LC Champ Meet	2008-2012 AAA	13-14
7	100 FR LCM	1:02.64	713	Leighton, Evelyn	F	STAR	3/31/2019	2019 Sectionals - Buffalo	2016-2020 AAA	13-14
8	100 FR LCM	1:02.71	676	Thomas, Sydney	F	STAR	7/12/2013	2013 NI - Niagara Long Course Classic	2012-2016 AAA	13-14
9	100 FR LCM	1:02.78	673	Blake, Emily	F	STAR	8/3/2018	2018 Zone Senior Champs - Buffalo	2016-2020 AAA	13-14
10	100 FR LCM	1:02.91	702	Calandra, Ashlee	F	STAR	7/11/2002	2002 US Star Swimming Pr	2000-2004 AAA	13-14
1	200 FR LCM	2:04.45	901	Lehner, Andrea	F	STAR	1/9/2003	2003 US Junior National Team Trip	2003 Summer Nationals (LCM)	13-14
2	200 FR LCM	2:11.59	737	Reilly, Bridget	F	STAR	8/5/2022	2022 AM LC Eastern Zone SR Championship	"AAA"	13-14
3	200 FR LCM	2:12.84	710	Pawli, Kya	F	STAR	8/5/2017	2017 NI - LC Senior Zone Championship	2016-2020 AAA	13-14
4	200 FR LCM	2:13.65	693	Calandra, Ashlee	F	STAR	7/17/2003	2003 NI Niagara District Long Course J	2000-2004 AAA	13-14
5	200 FR LCM	2:13.71	691	Winnert, Rebecca	F	STAR	7/29/2011	2011 NI - Niagara LSC Long Course Summer	2008-2012 AAA	13-14

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Rank	Event	Time	Power Points	Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
6	200 FR LCM	2:13.87	688	Kottakis, Anna	F	STAR	7/12/2015	2015 NI - Niagara LSC LC Championships	2012-2016 AAA	13-14
7	200 FR LCM	2:14.71	670	Payne, Courtney	F	STAR	7/6/2007	2007 NI Niagara LC Classic	2004-2008 AAA	13-14
8	200 FR LCM	2:15.93	645	McKinney, Madison	F	STAR	7/18/2021	2021 NI STAR Niagara Virtual S	"AAA"	13-14
9	200 FR LCM	2:16.33	637	Arad, Danielle	F	STAR	5/23/2003	2003 CA SPEEDO GR CHALL 0503	2000-2004 AAA	13-14
10	200 FR LCM	2:16.37	636	Marchese, Lauren	F	STAR	7/7/2006	2006 NI LC Classic	2004-2008 AAA	13-14
1	400 FR LCM	4:19.79	911	Lehner, Andrea	F	STAR	4/1/2003	2003 Spring Nationals	2003 Summer Nationals (LCM)	13-14
2	400 FR LCM	4:26.23	836	Falzone, Lisa	F	STAR	7/27/1999	Junior Champs Ba	1999 AAAAA	13-14
3	400 FR LCM	4:32.58	765	Pawli, Kya	F	STAR	8/5/2017	2017 NI - LC Senior Zone Championship	2016-2020 AAAAA	13-14
4	400 FR LCM	4:35.17	737	Reilly, Bridget	F	STAR	8/6/2022	2022 AM LC Eastern Zone SR Championship	"AAA"	13-14
5	400 FR LCM	4:39.96	686	Arad, Danielle	F	STAR	5/23/2003	2003 CA SPEEDO GR CHALL 0503	2000-2004 AAA	13-14
6	400 FR LCM	4:41.32	695	Winnert, Rebecca	F	STAR	7/23/2010	2010 NI LSC LC Champ Meet	2008-2012 AAA	13-14
7	400 FR LCM	4:45.11	634	McKinney, Madison	F	STAR	7/17/2021	2021 NI STAR Niagara Virtual S	"AAA"	13-14
8	400 FR LCM	4:45.49	630	Payne, Courtney	F	STAR	6/1/2007	2007 NI STAR KICK-OFF LONG COURSE ABC	2004-2008 AAA	13-14
9	400 FR LCM	4:46.34	644	Herbert, Reilly	F	STAR	7/21/2023	2023 NI STAR Niagara LSC Long Course Championships	"AAA"	13-14
10	400 FR LCM	4:46.81	617	Marchese, Lauren	F	STAR	5/18/2007	2007 NI Titan Longcourse	2004-2008 AAA	13-14
1	800 FR LCM	8:50.50	940	Lehner, Andrea	F	STAR	4/1/2003	2003 Spring Nationals	2003 Summer Nationals (LCM)	13-14
2	800 FR LCM	9:26.62	755	Pawli, Kya	F	STAR	8/6/2017	2017 NI - LC Senior Zone Championship	2016-2020 AAAAA	13-14
3	800 FR LCM	9:36.58	707	Winnert, Rebecca	F	STAR	8/10/2011	2011 MA Eastern Zone Long Cour	2008-2012 AAA	13-14
4	800 FR LCM	9:40.34	689	Payne, Courtney	F	STAR	7/6/2007	2007 NI Niagara LC Classic	2004-2008 AAA	13-14
5	800 FR LCM	9:44.62	695	Herbert, Reilly	F	STAR	7/23/2023	2023 NI STAR Niagara LSC Long Course Championships	"AAA"	13-14
6	800 FR LCM	9:44.98	668	Reilly, Bridget	F	STAR	8/4/2022	2022 AM LC Eastern Zone SR Championship	"AAA"	13-14
7	800 FR LCM	9:47.53	656	McKinney, Madison	F	STAR	7/18/2021	2021 NI STAR Niagara Virtual S	"AAA"	13-14
8	800 FR LCM	9:47.75	655	Marchese, Lauren	F	STAR	7/28/2006	2006 NI Longcourse JO's	2004-2008 AAA	13-14
9	800 FR LCM	10:03.08	611	Calandra, Ashlee	F	STAR	7/18/2002	2002 US Long Course Jos	2000-2004 AA	13-14
10	800 FR LCM	10:07.53	567	Lichota, Charlene	F	STAR	8/9/2006	2006 NI Eastern Zones	2004-2008 AA	13-14
1	1500 FR LCM	16:57.46	935	Lehner, Andrea	F	STAR	4/1/2003	2003 Spring Nationals	2003 Summer Nationals (LCM)	13-14
2	1500 FR LCM	17:58.86	775	Payne, Courtney	F	STAR	8/8/2007	2007 NI Eastern Zone	2004-2008 AAAAA	13-14

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## Time Standard Selected: "B"

Rank	Event	Time	Power Points	Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
3	1500 FR LCM	18:10.06	747	Pawli, Kya	F	STAR	3/30/2017	2017 Sectionals - Buffalo	2016-2020 AAA	13-14
4	1500 FR LCM	18:20.18	758	Winnert, Rebecca	F	STAR	8/11/2010	2010 PV Eastern Zone LC Championships	2008-2012 AAA	13-14
5	1500 FR LCM	18:22.56	716	McKinney, Madison	F	STAR	7/18/2021	2021 NI STAR Niagara Virtual S	"AAA"	13-14
6	1500 FR LCM	18:31.18	695	Reilly, Bridget	F	STAR	7/21/2022	2022 NI LSC Long Course Championships	"AAA"	13-14
7	1500 FR LCM	18:47.58	656	Benedict, Kira	F	STAR	7/26/2013	2013 NI - Niagara LSC LC Championships	2012-2016 AAA	13-14
8	1500 FR LCM	18:57.24	670	Herbert, Reilly	F	STAR	7/20/2023	2023 NI STAR Niagara LSC Long Course Championships	"AA"	13-14
9	1500 FR LCM	19:09.42	606	Doody, Alexandria	F	STAR	7/24/2009	2009 NI Niagara District Long Course JO's	2008-2012 AA	13-14
10	1500 FR LCM	19:09.75	605	Heferle, Rachel	F	STAR	7/5/2008	2008 NI - Niagara Long Course Classic	2004-2008 AA	13-14
1	100 BK LCM	1:06.42	845	Hayes, Jessica	F	STAR	8/5/1997	1997 US Clov Lcm Jr Chmp	2007 Summer US Open	13-14
2	100 BK LCM	1:07.37	856	Lehner, Andrea	F	STAR	6/7/2002	2002 US Star Kick-off Lo	2000-2004 AAAAA	13-14
3	100 BK LCM	1:08.60	764	Jokic, Sydney	F	STAR	3/25/2023	2023 NI STAR Speedo Sectional Championships EZ North Long Course	"AAA"	13-14
4	100 BK LCM	1:08.87	754	Kottakis, Anna	F	STAR	7/12/2015	2015 NI - Niagara LSC LC Championships	2012-2016 AAA	13-14
5	100 BK LCM	1:09.30	739	Belote, Shannon	F	STAR	7/21/2018	2018 NI - Niagara LSC LC Championships	2016-2020 AAA	13-14
6	100 BK LCM	1:09.75	723	McKinney, Madison	F	STAR	7/17/2021	2021 NI STAR Niagara Virtual S	"AAA"	13-14
7	100 BK LCM	1:10.00	714	Pawli, Kya	F	STAR	7/23/2017	2017 NI - Niagara LSC LC Championships	2016-2020 AAA	13-14
8	100 BK LCM	1:10.30	703	Thomas, Sydney	F	STAR	7/12/2013	2013 NI - Niagara Long Course Classic	2012-2016 AAA	13-14
9	100 BK LCM	1:10.32	703	Benedict, Kira	F	STAR	8/1/2013	2013 EZ Super Sectionals- Time Trials	2012-2016 AAA	13-14
10	100 BK LCM	1:11.29	669	Studebaker, Gabrielle	F	STAR	3/28/2015	2015 NI - Speedo Champions Series Time Trials	2012-2016 AA	13-14
1	200 BK LCM	2:19.44	884	Lehner, Andrea	F	STAR	4/1/2003	2003 Spring Nationals	2003 Summer Nationals (LCM)	13-14
2	200 BK LCM	2:29.97	716	Jokic, Sydney	F	STAR	3/26/2023	2023 NI STAR Speedo Sectional Championships EZ North Long Course	"AAA"	13-14
3	200 BK LCM	2:30.31	711	McKinney, Madison	F	STAR	7/16/2021	2021 NI STAR Niagara Virtual S	"AAA"	13-14
4	200 BK LCM	2:30.48	709	Napier, Stephanie	F	STAR	6/7/2002	2002 US Aubur TYR Invite	2004 Olympic Trials	13-14
5	200 BK LCM	2:30.60	707	Marchese, Lauren	F	STAR	7/28/2006	2006 NI Longcourse JO's	2004-2008 AAA	13-14

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6	200 BK LCM	2:30.66	706	Kottakis, Anna	F	STAR	7/10/2015	2015 NI - Niagara LSC LC Championships	2012-2016 AAA	13-14
7	200 BK LCM	2:31.51	693	Benedict, Kira	F	STAR	7/26/2013	2013 NI - Niagara LSC LC Championships	2012-2016 AAA	13-14
8	200 BK LCM	2:31.80	688	Heferle, Rachel	F	STAR	7/25/2008	2008 NI Long Course Champ	2004-2008 AAA	13-14
9	200 BK LCM	2:32.11	684	Belote, Shannon	F	STAR	7/20/2018	2018 NI - Niagara LSC LC Championships	2016-2020 AA	13-14
10	200 BK LCM	2:32.38	680	Thomas, Sydney	F	STAR	7/12/2013	2013 NI - Niagara Long Course Classic	2012-2016 AA	13-14
1	100 BR LCM	1:15.32	839	Kopas, Emily	F	STAR	5/14/2010	2010 NI TTSC LC MEET	2008-2012 AAAA	13-14
2	100 BR LCM	1:17.67	766	Humby, Jessica	F	STAR	8/2/2018	2018 Zone Senior Champs - Buffalo	2016-2020 AAA	13-14
3	100 BR LCM	1:20.41	689	Sherry, Madilyn	F	STAR	7/7/2006	2006 NI LC Classic	2004-2008 AAA	13-14
4	100 BR LCM	1:21.23	666	Allen, Courtney	F	STAR	7/12/2015	2015 NI - Niagara LSC LC Championships	2012-2016 AA	13-14
5	100 BR LCM	1:21.69	654	McKinney, Madison	F	STAR	7/16/2021	2021 NI STAR Niagara Virtual S	"AA"	13-14
6	100 BR LCM	1:22.65	631	Frustaci, Katherine	F	STAR	7/29/2011	2011 NI - Niagara LSC Long Course Summer	2008-2012 AA	13-14
7	100 BR LCM	1:23.40	607	Turcotte, Paige	F	STAR	3/27/2014	2014 NI - Time Trials Speedo Champions Series- N	2012-2016 AA	13-14
8	100 BR LCM	1:23.72	598	Tesluk, Erin	F	STAR	7/31/2016	2016 NI - Niagara LSC LC Championships	2012-2016 AA	13-14
9	100 BR LCM	1:23.94	593	Doody, Alexandria	F	STAR	7/24/2009	2009 NI Niagara District Long Course JO's	2008-2012 AA	13-14
9	100 BR LCM	1:23.94	596	Bray, Karly	F	STAR	7/31/2016	2016 NI - Niagara LSC LC Championships	2012-2016 AA	13-14
1	200 BR LCM	2:45.05	778	Humby, Jessica	F	STAR	8/5/2018	2018 Zone Senior Champs - Buffalo	2016-2020 AAAA	13-14
2	200 BR LCM	2:46.74	765	Kopas, Emily	F	STAR	5/14/2010	2010 NI TTSC LC MEET	2008-2012 AAAA	13-14
3	200 BR LCM	2:51.33	697	Payne, Courtney	F	STAR	7/6/2007	2007 NI Niagara LC Classic	2004-2008 AAA	13-14
4	200 BR LCM	2:55.26	657	Frustaci, Katherine	F	STAR	7/29/2011	2011 NI - Niagara LSC Long Course Summer	2008-2012 AAA	13-14
5	200 BR LCM	2:56.15	637	Blake, Emily	F	STAR	7/20/2018	2018 NI - Niagara LSC LC Championships	2016-2020 AA	13-14
6	200 BR LCM	2:56.41	634	Turcotte, Paige	F	STAR	3/27/2014	2014 NI - Time Trials Speedo Champions Series- N	2012-2016 AA	13-14
7	200 BR LCM	2:57.22	633	Fatta, Lilah	F	STAR	7/21/2023	2023 NI STAR Niagara LSC Long Course Championships	"AA"	13-14
8	200 BR LCM	2:58.15	612	Allen, Courtney	F	STAR	7/11/2015	2015 NI - Niagara LSC LC Championships	2012-2016 AA	13-14
9	200 BR LCM	2:58.38	609	Sherry, Madilyn	F	STAR	6/16/2006	2006 NI Senior Circuit	2004-2008 AA	13-14
10	200 BR LCM	2:58.42	609	Bray, Karly	F	STAR	7/21/2017	2017 NI - Niagara LSC LC Championships	2016-2020 AA	13-14
1	100 FL LCM	1:04.71	845	Lehner, Andrea	F	STAR	7/11/2002	2002 US Star Swimming Pr	2000-2004 AAAA	13-14

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2	100 FL LCM	1:05.17	794	Pawli, Kya	F	STAR	7/22/2017	2017 NI - Niagara LSC LC Championships	2016-2020 AAAA	13-14
3	100 FL LCM	1:05.73	775	Newell, Megan	F	STAR	7/11/2002	2002 US Pvs Senior Lc Ch	2004 Olympic Trials	13-14
4	100 FL LCM	1:06.71	742	Caldwell, Lauren	F	STAR	7/27/2007	2007 NI Longcourse JO's	2004-2008 AAAA	13-14
5	100 FL LCM	1:07.47	716	Haluszczak, Macrae	F	STAR	4/2/2016	2016 NI - Time Trials EZ Northern Reg Speedo Sec	2012-2016 AAA	13-14
6	100 FL LCM	1:08.66	677	Payne, Courtney	F	STAR	8/8/2007	2007 NI Eastern Zone	2004-2008 AAA	13-14
7	100 FL LCM	1:08.78	673	Marchese, Lauren	F	STAR	7/28/2006	2006 NI Longcourse JO's	2004-2008 AAA	13-14
8	100 FL LCM	1:09.87	673	Blake, Emily	F	STAR	8/4/2017	2017 NI - Time Trials LC Senior Zone Champs -	2016-2020 AA	13-14
9	100 FL LCM	1:09.98	634	Allen, Alize	F	STAR	3/21/2013	2013 NI - EZ North Region Speedo Champions Series	2012-2016 AA	13-14
10	100 FL LCM	1:10.09	630	Osula, Omosefe	F	STAR	3/27/2014	2014 NI - Speedo Champions Series LC	2012-2016 AA	13-14
1	200 FL LCM	2:21.14	879	Lehner, Andrea	F	STAR	8/1/2002	2002 Speedo Cham	2005 Summer Juniors (LCM)	13-14
2	200 FL LCM	2:24.17	792	Payne, Courtney	F	STAR	7/6/2007	2007 NI Niagara LC Classic	2004-2008 AAAA	13-14
3	200 FL LCM	2:30.91	694	Caldwell, Lauren	F	STAR	7/27/2007	2007 NI Longcourse JO's	2004-2008 AAA	13-14
4	200 FL LCM	2:33.69	655	Marchese, Lauren	F	STAR	8/9/2006	2006 NI Eastern Zones	2004-2008 AAA	13-14
5	200 FL LCM	2:33.91	652	Reilly, Bridget	F	STAR	7/24/2022	2022 NI LSC Long Course Championships	"AA"	13-14
6	200 FL LCM	2:35.71	627	Blake, Emily	F	STAR	7/22/2018	2018 NI - Niagara LSC LC Championships	2016-2020 AA	13-14
7	200 FL LCM	2:38.22	637	Winnert, Rebecca	F	STAR	6/25/2010	2010 NI STAR LONG COURSE ABC MEET 2010	2008-2012 AA	13-14
8	200 FL LCM	2:38.71	586	Pawli, Kya	F	STAR	5/20/2017	2017 NI - Natalie Lewis Spring Invi	2016-2020 AA	13-14
9	200 FL LCM	2:41.30	551	Anderson, Lauren	F	STAR	7/7/2011	2011 NI Niagara Long Course Classic	2008-2012 A	13-14
10	200 FL LCM	2:41.74	545	Benedict, Kira	F	STAR	7/12/2013	2013 NI - Niagara Long Course Classic	2012-2016 A	13-14
1	200 IM LCM	2:20.02	944	Lehner, Andrea	F	STAR	8/12/2002	2002 Summer Nationals	2004 Olympic Trials	13-14
2	200 IM LCM	2:25.27	799	Kime, Katherine	F	STAR	7/30/2003	2003 CA FAST JOS GIRLS 0803	2000-2004 AAAA	13-14
3	200 IM LCM	2:29.18	783	Kopas, Emily	F	STAR	5/14/2010	2010 NI TTSC LC MEET	2008-2012 AAAA	13-14
4	200 IM LCM	2:30.40	712	Pawli, Kya	F	STAR	7/22/2017	2017 NI - Niagara LSC LC Championships	2016-2020 AAA	13-14
5	200 IM LCM	2:31.23	698	Reilly, Bridget	F	STAR	7/22/2022	2022 NI LSC Long Course Championships	"AAA"	13-14
6	200 IM LCM	2:32.23	681	Payne, Courtney	F	STAR	7/19/2007	2007 MD Speedo Sectionals	2004-2008 AAA	13-14
7	200 IM LCM	2:32.75	673	Blake, Emily	F	STAR	7/21/2018	2018 NI - Niagara LSC LC Championships	2016-2020 AAA	13-14
8	200 IM LCM	2:33.43	662	Caldwell, Lauren	F	STAR	7/27/2007	2007 NI Longcourse JO's	2004-2008 AAA	13-14

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9	200 IM LCM	2:34.38	646	Heferle, Rachel	F	STAR	7/17/2008	2008 MA BCAT Speedo Sectional TT	2004-2008 AAA	13-14
10	200 IM LCM	2:34.99	637	Reddon, Alexandra	F	STAR	8/2/2012	2012 NI - Super Sectional Time Trials	2008-2012 AAA	13-14
1	400 IM LCM	4:55.47	928	Lehner, Andrea	F	STAR	8/12/2002	2002 Summer Nationals	2004 Olympic Trials	13-14
2	400 IM LCM	5:12.44	755	Payne, Courtney	F	STAR	7/19/2007	2007 MD Speedo Sectionals	2004-2008 AAAA	13-14
3	400 IM LCM	5:16.90	721	Pawli, Kya	F	STAR	7/21/2017	2017 NI - Niagara LSC LC Championships	2016-2020 AAA	13-14
4	400 IM LCM	5:18.96	745	Kopas, Emily	F	STAR	5/14/2010	2010 NI TTSC LC MEET	2008-2012 AAA	13-14
5	400 IM LCM	5:21.63	686	Blake, Emily	F	STAR	7/20/2018	2018 NI - Niagara LSC LC Championships	2016-2020 AAA	13-14
6	400 IM LCM	5:24.34	666	Heferle, Rachel	F	STAR	7/25/2008	2008 NI Long Course Champ	2004-2008 AAA	13-14
7	400 IM LCM	5:24.50	664	Marchese, Lauren	F	STAR	7/28/2006	2006 NI Longcourse JO's	2004-2008 AAA	13-14
8	400 IM LCM	5:25.97	654	Reilly, Bridget	F	STAR	7/23/2022	2022 NI LSC Long Course Championships	"AAA"	13-14
9	400 IM LCM	5:27.15	684	Caldwell, Lauren	F	STAR	7/28/2006	2006 NI Longcourse JO's	2004-2008 AAA	13-14
10	400 IM LCM	5:27.19	645	Winnert, Rebecca	F	STAR	5/13/2011	2011 NI TTSC LC Meet	2008-2012 AAA	13-14