



HOW DO I REGISTER FOR USA SWIMMING

Once your account has been created with the Dallas Mustangs, please refer to the [How to Join page](#) for information and the link to USA Swimming Registration (see Step 3).

COACHES

Please visit the [Coaches page](#) on the [Dallas Mustangs website](#) if you have any questions on who your coaches are or how you can contact them.

PRACTICE ATTIRE & GEAR

Swimmers should arrive to practice in their practice suit and have goggles at every practice. Caps are optional depending on swimmer preference.

REQUIRED GEAR:

All groups: Mesh bag, DM team cap required for meets, DM team suit recommended for meets.

Pre-Comp: Kickboard, Fins

Bronze: Kickboard, Fins

Silver: Kickboard, Fins, Pull Buoy

Gold: Kickboard, Fins, pull buoy, paddles, snorkel

National: Kickboard, fins, pull buoy, paddles, snorkel, drag suit

WHERE TO BUY GEAR

Dallas Mustang suits, caps, team spirit apparel and required equipment can be purchased at the [D&J Sports website](#) or you can call/visit D&J Sports:
3060 N Stemmons Fwy # B, Dallas, TX 75247
[\(214\) 631-0057](#)

WHERE DO I FIND THE PRACTICE SCHEDULE/SCHEDULE UPDATES:

All schedule updates will be sent via email. Practice schedule and updates will also be published on the [Schedule Updates page](#). Pool location addresses can also be found on this page.

HOW DOES MY SWIMMER ADVANCE TO THE NEXT GROUP?

Requirements for each swim level group can be found on the [Swim Groups page](#).

HOW TO ENTER MEETS

Please review this information on the [How to Enter Meets page](#) of the Dallas Mustangs website.



WHAT ARE THE TIME STANDARDS? WHAT IS AN "A/BB/C" TIME?

Time standards are guidelines set by USA Swimming. Please refer to the [2028-motivational-standards-age-group.pdf](#)

Various Meet Qualifying Standards can also be found on this on the [Time Standards page](#).

HOW CAN KEEP UP WITH MEETS IN REAL-TIME?

Depending on the meet host, most meets will be updated in real-time via the Meet Mobile Application. You can download the Meet Mobile application for Android or iPhone.

WHERE CAN I FIND MEET RESULTS?

Once results are finalized, they will be posted on the [North Texas Swimming website](#). Results are automatically sent to USA Swimming and should be in your swimmer's USA Swimming account a few days after the meet.

HOW DO I LOOK UP MY SWIMMER'S TIMES?

Your swimmer's official times can be found in your USA Swimming Account. [You can login here](#). Under My Family, click View by your child's name. Under My Account, click Times.

WHAT IS MY SWIMMER'S USA SWIMMING ID?

Please log into your Dallas Mustangs Account, go to My Account, click on the Members Tab. Choose the Member and then click on the USAS Membership Tab. You will find the USA Swimming ID there.

WHERE TO FIND DALLAS MUSTANGS TEAM POLICIES

Dallas Mustangs policies can be found on the [Team Policies](#) page.

WHAT IS SAFE SPORT?

Please take a minute to learn about the USA Swimming Safe Sport Policies in the [Safe Sport section of the DM website](#).

EASY WAYS TO RAISE FUNDS FOR DM?

Did you know you can help raise funds for the Dallas Mustangs any time you shop at Kroger or Tom Thumb? [Learn How Here](#).

**DALLAS MUSTANGS
NEW PARENT INFORMATION**



CANCELLING/PAUSING ACCOUNT

We are a year-round swim team and do not offer a pause option. If you wish to terminate, please see [Dallas Mustangs - Mustang Policies](#) for important information on how to request a termination and the appropriate timing to avoid extra charges.

Monthly Swim Fees and Annual Registration Fees are non-refundable.

OTHER QUESTIONS?

Please email DallasMustangs@dmswim.com Have a great season!