

2023 LONG COURSE TAGS TIME STANDARDS

Girls				Boys		
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
28.99*	30.29*	33.49*	50 Fr	33.69*	29.39*	26.99*
1:01.89*	1:05.79*	1:13.29*	100 Fr	1:13.59*	1:04.29*	57.49*
2:13.59*	2:22.99*	2:39.29*	200 Fr	2:40.49*	2:19.29*	2:04.99*
4:41.19*	5:01.39*	5:40.09*	400 Fr	5:41.19	4:54.99*	4:26.09*
9:46.79*	X	X	800 Fr	x	X	9:16.29*
18:42.79*	X	X	1500 Fr	x	X	17:57.29*
X	35.69*	40.39*	50 Bk	39.79*	35.29*	X
1:11.39*	1:15.69*	1:25.49*	100 Bk	1:24.39*	1:15.09*	1:05.59*
2:32.59*	2:43.09*	x	200 Bk	x	2:40.19*	2:21.49*
X	40.29*	46.09*	50 Br	46.89*	39.19*	X
1:21.39*	1:27.19*	1:39.39*	100 Br	1:40.49*	1:23.99*	1:14.19*
2:54.79*	3:07.19*	x	200 Br	x	3:02.39*	2:41.09*
X	32.79*	37.29*	50 Fly	37.39*	32.49*	X
1:08.49*	1:13.49*	1:26.59*	100 Fly	1:26.69*	1:11.99*	1:02.99*
2:34.99*	2:50.29*	x	200 Fly	x	2:51.69*	2:20.89*
2:33.19*	2:42.49*	3:00.79*	200 IM	3:01.89*	2:37.19*	2:20.69*
5:23.39*	X	x	400 IM	x	X	5:01.79*
1:56.99	2:02.89	2:19.59	200 FR	2:19.79	2:01.29	1:49.49
4:13.59	4:27.69	5:10.79	400 FR	5:13.99	4:28.69	3:57.69
9:12.69			800 FR	x	x	8:43.49
2:10.69	2:17.49	2:39.49	200 MR	2:41.09	2:17.39	2:01.99
4:44.29	5:02.29	X	400 MR	x	5:02.99	4:25.79

2023 LONG COURSE TAGS BONUS TIME STANDARDS

Girls				Boys		
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
29.49*	30.79*	33.99*	50 Fr	34.19*	29.89*	27.49*
1:02.39*	1:06.79*	1:14.79	100 Fr	1:14.09*	1:05.29*	57.99*
2:14.09*	2:23.49*	2:42.39	200 Fr	2:44.49	2:20.09	2:05.49*
4:42.39	5:03.39*	5:43.89	400 Fr	5:47.99	4:58.49	4:26.99
9:49.99*	X	X	800 Fr	X	X	9:19.29*
18:47.49*	X	X	1500 Fr	X	X	18:02.29*
X	36.09*	40.89*	50 Bk	40.29*	35.79*	X
1:12.39	1:16.69*	1:26.79	100 Bk	1:26.39	1:16.09*	1:06.09*
2:35.69	2:44.09	X	200 Bk	X	2:42.99	2:22.79*
X	40.79*	46.59	50 Br	47.39*	39.69*	X
1:21.99	1:28.19*	1:41.09	100 Br	1:41.49	1:25.19	1:14.69
2:57.19	3:08.29	X	200 Br	X	3:03.89	2:42.59
X	33.29*	38.19	50 Fly	37.89*	32.99*	X
1:09.29	1:14.49*	1:29.49	100 Fly	1:29.19	1:12.99*	1:03.49*
2:37.99	2:51.89	X	200 Fly	X	2:52.99*	2:22.69
2:34.39	2:43.99*	3:04.89	200 IM	3:05.79	2:38.59*	2:21.09
5:26.39	X	X	400 IM	X	X	5:02.79