

## Fall 2023 Practice Schedule — August 21, 2023 – Feb 29, 2024

| Practice Group<br>Cost/Month        | MONDAY      | TUESDAY                      | WEDNESDAY                  | THURSDAY                     | FRIDAY                     | SATURDAY                      | SUNDAY      |
|-------------------------------------|-------------|------------------------------|----------------------------|------------------------------|----------------------------|-------------------------------|-------------|
| <b>Mini Racer L</b><br><b>\$90</b>  | 4:45-5:45pm | 4:45-5:45pm                  |                            | 4:45-5:45pm                  |                            |                               |             |
| <b>Mini Racer E</b><br><b>\$90</b>  | 3:45-4:45pm | 3:45-4:45pm                  |                            | 3:45-4:45pm                  |                            |                               |             |
| <b>Mini Racer 1</b><br><b>\$115</b> | 3:45-5:00pm | 3:45-5:00pm                  | 3:45-5:00pm                | 3:45-5:00pm                  | 3:45-5:00pm                |                               |             |
| <b>Jr. Racer 2</b><br><b>\$110</b>  | 3:45-5:00pm | 3:45-5:00pm                  | 3:45-5:00pm                | 3:45-5:00pm                  |                            |                               |             |
| <b>Jr. Racer 1</b><br><b>\$145</b>  | 3:45-5:15pm | 3:45-5:15pm                  | 5:15-6:45am<br>3:45-5:15pm | 3:45-5:15pm                  | 5:15-6:45am                |                               | 4:00-5:30pm |
| <b>Racer 2</b><br><b>\$115</b>      | 5:30-7:00pm | 5:30-7:00pm                  | 5:15-6:45am<br>5:30-7:00pm | 5:30-7:00pm                  | 5:00-6:30pm                |                               |             |
| <b>Sr. Racer 2</b><br><b>\$130</b>  | 5:30-7:00pm | 5:30-7:00pm                  | 5:15-6:45am<br>5:30-7:00pm | 5:30-7:00pm                  | 5:00-6:30pm                |                               |             |
| <b>Sr. Racer 1</b><br><b>\$175</b>  | 5:00-7:00pm | 4:15-7:00pm<br>DL4:15-5:00pm | 5:15-6:45am<br>5:00-7:00pm | 4:15-7:00pm<br>DL4:15-5:00pm | 5:15-6:45am<br>5:00-7:00pm | 7:00-10:00am<br>DL7:00-8:00am | 4:00-5:30pm |

\*This schedule is subject to change at coaches' discretion for swim meets, holidays, etc.

Friday AM practices start August 25

Wednesday AM practices start September 20

Saturday practices start September 9

Sunday practices start September 17

Clinics will be held once per month before meets on weekends for anyone that wishes to attend (price of clinics are included in the monthly dues). Each clinic will have a theme. More info on clinics coming.