

## Holiday 2023/24 Practice Schedule

Practice Group/Dates	MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24	SATURDAY 25	SUNDAY 26
Mini Racer 1	3:00-4:15pm	3:00-4:15pm	8:30-9:45am				
Jr. Racer 1	3:00-4:45pm	3:00-4:45pm	7:00 – 9:00am		7:00 – 9:00am		4:00 – 5:30pm
Sr. Racer 2/Racer 2	4:15 – 5:45pm	4:15 – 5:45pm	7:00 - 8:30am		7:00 - 8:30am		
Sr. Racer 1	4:00 – 6:00pm	4:00 – 6:00pm	7:00-10:00am		7:00-10:00am	7:00-10:00am	4:00 – 5:30pm
RHS/RHHS	7:30 – 9:00am	7:30 – 9:00am					

Practice Group/Date	MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	SATURDAY 23
Mini Racer E&L		8:30-9:30am		8:30-9:30am		
Mini Racer 1	8:30-9:45am	8:30-9:45am	8:30-9:45am	8:30-9:45am	8:30-9:45am	
Jr. Racer 2		8:30-9:30am		8:30-9:30am		
Jr. Racer 1	3:45-5:15pm	3:45-5:15pm	3:45-5:15pm	7:30-9:30am	7:30-9:30am	7:30-9:30am
Sr. Racer 2 & Racer 2	7:00-8:30am	7:00-8:30am	7:00-8:30am	7:00-8:30am	7:00-8:30am	
Sr. Racer 1	7:00-9:30am	7:00-10:00am	7:00-9:30am	7:00-10:00am	7:00-9:30am	7:00-10:00am
RHS/RHHS	9:30-11:00am	9:30-11:00am	9:30-11:00am	9:30-11:00am		
Practice Group/Date	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	SATURDAY 30
Mini Racer E&L			8:30-9:30am			
Mini Racer 1		8:30-9:45am	8:30-9:45am	8:30-9:45am	8:30-9:45am	
Jr. Racer 2			8:30-9:30am			
Jr. Racer 1		7:30-9:30am	7:30-9:30am	7:30-9:30am	7:30-9:30am	7:30-9:30am
Sr. Racer 2 & Racer 2		7:00-8:30am	7:00-8:30am	7:00-8:30am	7:00-8:30am	
Sr. Racer 1		7:00-10:00am	7:00-9:30am	7:00-10:00am	7:00-9:30am	7:00-10:00am
RHS/RHHS			9:30-11:00am	9:30-11:00am	9:30-11:00am	

\*This schedule is subject to change at coaches' discretion for swim meets, holidays, etc. Sat and AM practices start date is TBD

We are off Monday January 1 and will resume regular schedule on January 2.