

Swimmer's Name: _____



Swimmer Code of Conduct

As a member of Rockwall Aquatics Center of Excellence swim team, I understand that I am part of a swimming organization that believes teamwork, integrity, respect and good sportsmanship are more important than winning. By signing this Code of Conduct, I agree to follow the rules for behavior and sportsmanship while I am a member of Rockwall Aquatics Center of Excellence.

- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct.

PART 1 – GENERAL CONDUCT

The undersigned athlete/coach participating with/for the Rockwall Aquatics Center of Excellence agrees to abide by the guidelines outlined below in addition to those established by the staff.

1. All swimmers are expected to follow the directions of the staff.
2. All swimmers and staff members are required to attend all team meetings and training sessions, unless excused by staff.
3. Dishonesty, theft, and/or vandalism will not be tolerated.
4. Indiscreet or destructive behavior will not be tolerated.
5. Every effort should be made to avoid guilt by association with such activities as those listed above.

PART II – VIOLATION OF THE CODE

The coaches have the power to impose the following penalties for violation of the Rockwall Aquatics Center of Excellence Code of Conduct. The penalties include, but are not limited to, the following:

1. The swimmer will be given a verbal warning.

Reason: _____ / ____ / ____

2. The swimmer will be sent home with a written warning and the coach will contact the parent.

Reason: _____ / ____ / ____

3. If the swimmer continues his/her bad behavior, he/she will be suspended for one (1) week. (There will be NO prorated fee for monthly dues.)

Reason: _____ / ____ / ____

4. If the swimmers disciplinary problem continues, the swimmer will be subject to disciplinary action determined by the coaches, which may include expulsion from the team.

Reason: _____ / ____ / ____

I have read and understand Rockwall Aquatics Center of Excellence Code of Conduct and have reviewed it with my parent(s) or guardian before I signed this document.

Swimmer's Signature _____/____/____
Date

Parent's Signature _____/____/____
Date