

Texas Ford Aquatics Practice Schedule

Friday 12/5/2025 and Saturday 12/6/2025

Group	Pool	Dryland	Staff
Skills 1	F 3:45-4:30 pm	NA	Sammie
Skills 2	F 4:30-5:15 pm	NA	Sammie
Skills 7	F 4:15 – 5:15 pm	NA	Vlad
Bronze A and B Combine	F 5:15-6:15 pm	NA	Spencer and Sammie
Bronze C	F 4:15-5:15	NA	Kennedy
Silver	F 4:15 – 5:15 pm	NA	
Gold	F 6:00-7:15 pm	Dry 7:15-7:45	Spencer
Red A	F 6:30-7:30 pm	NA	Joelle
White	F 5:15-6:15 pm	NA	Kennedy
Red B	F 7:30-8:30 pm	NA	Joelle
Blue	F 7:15-8:30 pm	NA	Jacob
Platinum	F 6:15-7:45 pm	NA	Sammie
	S 10:30am - 12:00pm		Sammie
Bronco & Mustang	F 5:00-6:00 pm	NA	Joelle
	No Saturday		
Maverick	F 6:15-7:45 pm	NA	Kennedy
	S 10:30am -12:00pm		Sammie
Senior	F 7:45-8:45 pm	NA	Spencer
Pinnacle (Stickels)	F 5:15-7:15 pm	NA	Jacob
	S 8:30-10:30 am		
Pinnacle (McGough)	F 5:15-7:15 pm	NA	Jacob
	S 8:30-10:30 am		

