

Texas Ford Aquatics Summer 2024 Practice Schedule

Monday, May 27 – Friday, August 2

M = Monday T = Tuesday W = Wednesday R = Thursday F = Friday S = Saturday				
Group	Week Days	Total Practice Time	Coach	Dryland Only
Skills 1 & 2	TR	5:00 – 6:00 pm		Kadence / Jenna
Skills 3 & 4	TR	6:00 – 7:00 pm		Kadence / Jenna
Skills 5 & 6	TR	7:00 – 8:00 pm		Kadence / Jenna
Skills 7	MW	2:00 – 3:00 pm		Joelle
Skills 8	TR	2:00 – 3:00 pm		Joelle
Bronze A	MW F	5:30 – 6:30 pm 6:00 – 7:00 pm	Joelle	NA
Bronze B	TR F	4:00 – 5:00 pm 2:00 – 3:00 pm	Trent	NA
Bronze C	MT W	1:30 – 2:30 pm 6:30 – 7:30 pm	Joelle	NA
Silver	MF TWR	4:15 – 5:30 pm 3:15 – 4:30pm	Sammie	Sammie 4:15 -4:30 Sammie 3:15 – 3:30
Gold	M T WR F	5:00 – 6:45 pm 3:45– 5:30 pm 5:30 – 7:15 pm 4:00 – 5:45 pm	Wagner	Wagner 5:00 – 5:30 Wagner 3:45 – 4:15 Wagner 5:30 – 6:00 Daveen 4:00 – 4:30
Red A	MWF	4:30 – 5:30 pm	Joelle	NA
Red B	M TR	7:00 – 8:00 pm 6:30 – 7:30 pm	Sammie	NA
White	M TWR F	4:15 – 5:30 3:00 – 4:15 pm 5:30 – 6:45 pm	Daveen	Daveen 5:30 – 5:45 Daveen 3:00 – 3:15 Daveen 5:30 – 5:45
Blue	MW TRF	8:00 -10:00 am 9:00 am – 11:00 am	Trent	Trent 8:00 – 8:30 Trent 10:30 – 11:00
Platinum	MF TWR S	5:30 – 7:30 pm 4:30 – 6:30 pm 10:30 – 12:00	Sammie	Joelle 7:00 – 7:30 pm (TR)Daveen 4:30 – 5 (W) Sammie 6 – 6:30 NA
Bronco	M T WR F S	6:45 – 8:15 pm 5:30 – 7:30 pm 3:30 – 5:30 pm 2:30 – 4:30 pm 7:00 – 9:00 am	Wagner	NA 5:00 – 5:30 Wagner 3:30 – 4:00 Wagner 2:30 – 3:00 Wagner 8:30 – 9:00 Wagner
Mustang	MW TRF TR S	10:00 am – 12:30 pm 6:30 – 9:00 am 2:30 – 4:00 pm 6:45 – 8:30 am	Trent	12:00 – 12:30 pm 8:30 – 9:00 NA NA
Teen Fit	TR	11:00 am – 12:00 pm	Jenna	NA
Senior 1	MTWRF S	10:30 am – 12:45 pm 10:30 am – 12:00 pm	Jacob Daveen	12:15 – 12:45 pm (M – F)
Senior 2	MTWRF	1:15 – 2:45 pm	Kadence	NA
Pinnacle (Stickels)	MWF TR W TR S	8:30 – 10:30 am 6:15 – 8:30 am 4:30 – 5:45 pm 1:45 – 2:45 pm 7:00 – 10:30 am	Coley	NA NA NA Dry Only 7:00 – 8:00 @ YMCA
Pinnacle (McGough)	MWF TR MWF S	6:30 – 8:30 am 8:00 – 10:30 am 1:45 – 4:30 pm 8:30 – 10:30 am	John	NA 8:00 – 8:30 Dry 1:45 – 2:45 @ YMCA

All Wednesday PM practices are SCY

No practices August 3 – 13!

Updated May 16, 2024

Changes are highlighted