

North Texas Swimming Team Travel Policies

Section 1 - USA Swimming Required Policies.

These items are Code of Conduct stipulations in the USA Swimming Rulebook.

- a) LSC travel policies must be signed and agreed to by all athletes, parents, coaches and other adults traveling with the LSC. (305.5.D)
- b) Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check. (305.5.B)
- c) Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete). (305.5.A)
- d) When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. (305.5C)

Section 2 -

- a) During team travel, when doing room checks, attending team meetings and/or other activities, two-deep leadership and open and observable environments should be maintained.
- b) Athletes should not ride in a coach's vehicle without another adult present who is the same gender as the athlete, unless prior parental permission is obtained.
- c) During overnight team travel, if athletes are paired with other athletes they shall be of the same gender and should be a similar age. Where athletes are age 13 & Over, chaperones and/or team managers would ideally stay in nearby rooms. When athletes are age 12 & Under, chaperones and/or team managers may stay with athletes. Where chaperones/team managers are staying in a room with athletes, they should be the same gender as the athlete and written consent should be given by athlete's parents (or legal guardian).
- d) When only one athlete and one coach travel to a competition, at the competition the coach and athlete should attempt to establish a "buddy" LSC to associate with during the competition and when away from the venue.
- e) To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athlete's rooms and no female athletes in male athlete's rooms (unless the other athlete is a sibling or spouse of that particular athlete).
- f) A copy of the LSC Code of Conduct must be signed by the athlete and his/her parent or legal guardian, team managers, chaperones, and coaches.
- g) Team or LSC officials will obtain a signed Liability Release and/or Indemnification Form for each athlete.
- h) Team or LSC officials will carry a signed Medical Consent or Authorization to Treat Form for each athlete.
- i) Curfews shall be established by the team or LSC staff each day of the trip.
- j) Team members and staff traveling with the team will attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the head coach or his/her designee.
- k) The directions & decisions of head coaches/coaches/chaperones are final.
- l) Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.
- m) When visiting public places such as shopping malls, movie theatres, etc. swimmers will stay in groups of no less than three persons. 12 & Under athletes will be accompanied by a chaperone.
- n) The Head Coach or his/her designee shall make a written report of travel policy or code of conduct violations to the appropriate club (LSC) leadership and the parent or legal guardian of any affected minor.

NORTH TEXAS SWIMMING CODE OF CONDUCT

CODE OF CONDUCT FOR NORTH TEXAS SWIMMERS GOVERNING PARTICIPATION IN THE LSC PROGRAMS

PURPOSE

The purpose of this code is to promote individual, team, and program responsibility for the development of first-class citizens.

PART I – GENERAL CODE OF CONDUCT RULES

1. All participants will abide by this code of conduct.
2. All participants will wear designated team apparel during all competition.
3. All participants at USA Swimming sponsored events shall adhere to any curfews set by the Head Coach.
4. Male and Female swimmers may not be in each other's room on any team trip unless supervised by designated LSC official.
5. Use of alcoholic beverages is unacceptable.
6. Use of drugs other than those prescribed by your physician is unacceptable.
7. Use of tobacco Products is unacceptable.
8. Disrespectful, indiscreet or destructive behavior will not be tolerated. It is the responsibility of each swimmer to make every effort to avoid guilt by association with such activities.
9. All participants and their parents have a responsibility to do their best to ensure that this Code of Conduct is adhered to and to help ensure the safety of these program participants.

PART II- VIOLATION OF THE CODE OF CONDUCT RULES

At the discretion of the Head Coach any one or all of the following penalties will be applied:

1. Swimmer may be scratched from the meet.
2. Swimmer may be sent home immediately from practice or meet at his own expense and if there is extra expense it will be the swimmer's responsibility.
3. Swimmer may be suspended from the team until the swimmer and parents have had a conference with the Head Coach and appropriate disciplinary actions have been implemented. This is automatic with violations of General Conduct Rules 4, 5, 6 and (or) 7.
4. Violation of General Conduct Rules 3,4,5,6,7,and (or) 8 on team trips will result in the swimmer being suspended from ALL LSC trips for one calendar year from infraction.

I, hereby agree to abide by the rules of conduct as set forth in Part I above and acknowledge that, should I violate any provision in Part I, I will be subject to disciplinary action, as set forth in Part II, including suspension.

Signature of Swimmer

Date

Signature of Parent/Guardian

Date

Signature of Coach

Date

Signature (other)

Date

Updated 02/15/2011