



2025 North Zone TISCA Swimming and Diving Invitational November 19-22, 2025

Sanction: HS 09I-25

Meet Host: Marcus High School and Flower Mound High School

Meet Site: LISD Westside Aquatic Center
1750 Duncan Lane
Lewisville, Texas 75067
214-222-6940

- Indoor 69-meter pool divided into two 25-yard pools and a diving well with an additional 6 Lane warm up pool.
- Locker rooms and showers
- Coaches' and officials' hospitality
- Fully automated Colorado timing system
- Ample seating for competitors and spectators
- Meet Manager computer program will be used to conduct the meet
- Lodging: SEE BACK PAGE
- **This is a prelim/finals competition utilizing Championship Format where the top 24 in all individual events advance to finals and the top 16 in all relay events advance to finals.**

Competition will be limited to 600 athletes. The last team that puts the athlete count over 600 will be entered in the meet. No additional athletes or teams will be added after the meet reaches 600 athletes.

For swimming events: Advancers will be posted via meet mobile one hour after the last prelim session on Friday. Finals will be seeded slowest to fastest.

2025 North Zone TISCA Swimming and Diving Invitational
November 19-22 2025

Schedule:

Wednesday November 19, 2025

3 meter 6 Dive Event: Warm-up @ 3:30. Start Time = 5PM

***1 voluntary, 5 optional dives – No DD requirement**

***1 voluntary from any dive group with a max DD of 2.0**

***5 optional dives: MUST represent all 5 groups (any dive can be an option)**

***Only dives from the NFHS rulebook are allowed but will use the World Aquatics**

(Aqua/FINA) 3m DD

Date: Thursday November 20, 2025

1 Meter 11 Dive Championship format: warm-up @ 3PM/Start: 5PM

Qualifying optional DD of 11.3 for 6 optional dives

All NFHS & UIL rules apply

Diving Entries: cleanentries.com

Entry Deadline: Midnight November 8th

All divers must be on Hytek along with the swimmers to score in meet

Friday, November 21, 2025

Swimming warm-up 8:30 AM

(Warm up will be divided as soon as entries are received)

Coaches Meeting 10:15 AM

Swimming Prelims 10:30 AM

Men's and Women's preliminary competition will be run simultaneously (if athlete numbers require) using both ends of the pool.. There will be a 10-minute break after the 50 Freestyle, and a 5- minute break after the 100 Breaststroke.

Saturday – November 22, 2025

Swimming Finals:

Swimming warm-up 8:30AM

Swimming Finals 10:00AM

Finals will be held in the west end of the pool. The east end may be used for warm-up and warm down. There will be a 15 minute break after the 50 Freestyle and a 10 minute break after the 100 Breaststroke.

Rules: 2023-2024 National Federation Rules will apply. Suit rule will be in effect.

TEAM SEATING: All Athletes should bring chairs.

Team Eligibility: Each school entered must have a coach or designated sponsor, who is a current member of the TISCA.

Scoring:

Place: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

Points: 24 21 20 19 18 17 16 15 14 13 11 9 8 7 6 5

Relays DOUBLE

Entry Limit: Each Swimmer may enter a maximum of four events. No more than two may be individual events. **Relay entries are limited to two per relay event. Relay entries must be entered with a time. Relay entries with no times will not be entered in the meet.** There is no limit to the entries in the individual events, **if the time standard has been reached in the last calendar year. PLEASE put USA ID # with your athlete entries if they want to have their times go into SWIMS.**

Entry Fee: MUST BE ON HYTEK PROGRAM

\$5.00 athlete surcharge this includes relay only swimmers and any alternates listed in your entry file

\$5.00 per individual event

\$15.00 per Relay

Entry Forms: When sending entries on Hy-tek(include divers) teams must e-mail a **HARD COPY IN WORD FORMAT** of the names and entry fees.

Admin. must have a hard copy. USA ID Numbers must be included. Relay Swimmer's names must be listed. This is for comparison of entries.

Fees must accompany entries or received prior to competition!!

Please send these to your accountants EARLY!!!

ENTRIES OPEN: Entries OPEN 8:00am THURSDAY, Nov 7th 2025

ENTRY DEADLINE: Entries CLOSE 12:00 PM, Friday, NOV. 14th 2025

Entries and fees may be sent to: **Marcus Aquatics Booster Club**
PO Box 271191
Flower Mound, Tx 75027
arbogasta@lisd.net

FEES MUST ACCOMPANY ENTRY OR BE HAND DELIVERED
(send your entry requests early to your ISD's.)

Checks should be made payable to: **Marcus Aquatics Booster Club**

Meet Directors Swim: Tony Arbogast
arbogasta@lisd.net

Meet Director Dive: Sherry McGuire
mcguires@lisd.net

Admission: \$5.00 per adult/\$3.00 per student

Heat Sheet: \$5.00

2025 NORTH ZONE TISCA TIME STANDARDS

GIRLS

2:06.00	200 MEDLEY RELAY
2:08.00	200 FREESTYLE
2:28.0	200 IND. MED
26.20	50 FREESTYLE
11.3	1 METER DIVING
1:06.00	100 BUTTERFLY
58.50	100 FREESTYLE
5:43.00	500 FREESTYLE
1:55.00	200 FREE RELAY
1:06.50	100 BACKSTROKE
1:15.00	100 BREASTSTROKE
4:00.00	400 FREE RELAY

BOYS

1:52.00
1:58.00
2:12.00
23.70
11.3
59.00
52.00
5:18.00
1:39.50
1:00
1:06.0
3:45.00

Each team is limited to two (2) relays per relay event. Please adhere to the time Standards.