

2025 TISCA 4A & Under North Texas Swimming and Diving Invitational December 5-6, 2025

Welcome to the TISCA 4A & Under North Texas Swimming & Diving Invitational this year. This meet is open to all schools classified by UIL as 4A or smaller. Entries are limited to 400 athletes. We wish the best of luck to all of you and hope that you achieve all your goals.

Venue: Nolan Catholic High School, 4501 Bridge St, Fort Worth, TX 76

Facility Specifications:

- Seating: 300 spectators, 250 Athletes
- 8 Lane competition course; 12.5' – 7' depth
- Overflow gutter system
- Fully automated Colorado Timing System with pads
- 8 Lane digital scoreboard display
- 1 - 25YD Warm down lane
- One-Meter Max IFL Ex Model B Boards

Meet Director: Brian Dangelmaier (coachbrian@marswim.org, 817-925-0505)

Entry Limit: UIL and National Federation Rules will govern the meet. Each individual athlete may compete in a maximum of four (4) events; no more than two (2) of which may be individual events. Teams are limited to four (4) individual entries per event and two (2) relay entries per event.

Swimming Entries Deadline: Swimming entries are due by 5pm, Monday, December 1st. Entries should be submitted electronically from Team Manager for teams with 10 or more swimmers to **coachbrian@marswim.org**. Teams with less than 10 swimmers and no access to Team Manager may submit their entries in writing using the attached entry forms. Electronic entries are strongly preferred. Please send a hard copy of your entries (word or pdf) with your electronic entry file.

Diving Entries: Each diver will list (11) eleven dives on the diving sheets. The 1-Meter competition shall consist of five voluntary dives and six optional dives. Dive sheets must be entered on clean entries: www.cleanentries.com by 5:00pm, Monday, December 1st. Dive changes may be made until one hour prior to the start of the diving competition. Questions concerning diving entries, please contact: Brian Dangelmaier (coachbrian@marswim.org).

Psych Sheet: A psych sheet will be sent by 5:00pm Tuesday, December 2nd.

Eligibility: The coach of each participating school must be a member, in good standing, of the Texas Interscholastic Swimming Coaches Association.

Meet Format: The meet will run in the standard NFHS event order. We will take a 15 min break after the 50FR. There are no time standards for this meet except for the 500FR. (Girls & Boys - 8:00). **We will offer A and B finals (top 16) on Saturday.**

Entry Fees: Entry fees are \$20 per athlete (including relay only swimmers) listed on the team's submitted Hy-Tek roster. There are no entry fees for relays. Fees must be received prior to the start of competition. Checks should be made payable to: **MARS**

Swimming Schedule:

Friday, December 5	Coaches Meeting:	9:45am
	Warm-up:	10:00 – 11:30am
	Swimming Prelims:	11:45am
Saturday, December 6	Warm-up:	9:00 – 10:30am
	Swimming Finals:	10:45am

There will be 2 warm-up sessions for each day. Assignments will be sent with psych sheets.

Diving Schedule:

Friday, December 5	Warm-up:	3:00 – 3:30pm
		(or immediately following prelims)
	Diving Finals:	3:30pm
		(or immediately following warm-ups)

The lane outside of the competition pool will remain open at all times during the competition for general warm-up/warm-down. NO DIVING IN WARM-UP/WARM-DOWN lanes.

Scoring: Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards: Team awards will be given for the Champion Girls and Boys Teams. Individual medals will be awarded in each event for First through Third place for both Girls and Boys. Medals should be picked up by each coach prior to leaving the meet after finals. Trophies will be awarded at the end of the meet.

This meet may be approved for observation by USA Swimming for NTV purposes. Only times achieved by swimmers who are currently registered with USA Swimming, have an accurate and complete USA Swimming ID number in the meet database, and conform to the technical rules of USA Swimming will be loaded in the SWIMS Database. The athlete's USA Swimming ID must be included in your entry file.

Admission: Adults: \$5/session **Heat Sheets:** \$4.99 via Meet Mobile

Hospitality will be available coaches, officials and meet volunteers.

General Information

- Per UIL rules, signs and noisemakers of any type are prohibited within the facility.
- Glass items are prohibited within the facility.
- Smoking is prohibited within the facility.
- Pets are not allowed in the facility.
- Headphones must be used with all electronic entertainment devices.
- NCHS and MARS Swimming are not responsible for lost, stolen, or damaged articles.
- Per UIL rules, shaving is prohibited within the facility.
- Concessions will be available.
- Athletes with special needs should be identified with the Meet Director/Meet Referee at the coaches meeting.
- Only news media with credentials will be allowed on the pool deck. Contact the meet director for deck access.
- No electrical outlets will be available for use.
- No seat saving prior to the start of the meet. Spectators will be allowed into the natatorium one hour prior to the meet start time. We reserve the right to stop selling tickets when the facility reaches capacity.
- Parking available on-site and within walking distance to facility.
- Facility questions should be directed to Lauren Black at 817-366-7371 or lblack@nchstx.org