

# Age Group Committee Report:

It is the AG committee recommendation that we standardize our LSC Age Group Championship meets. In doing so, when a team bids to host the meet, they will know exactly what they are bidding to host and there should be no deviation from the format of the meet.

## 1. Standardizing NT Champs

- a. Time Standards: Goal is to make this an all A Meet in the future
  - i. 13-14
    1. A Times - Must have an A time to swim the event
  - ii. 11-12
    1. 1:1 A Times: Bonus Swims
    2. Athletes with 3 x A times can swim 7 events
    3. Athlete must have BB time in the event to swim as a Bonus events
  - iii. 10 & Under
    1. BB Times – Must have a BB time to swim the event
- b. Short Course
  - i. 3 x Full Day Meet
  - ii. Between Districts/Regionals
  - iii. Open Water Zones Selection
- c. Long Course
  - i. 3 x Full Day Meet
  - ii. Before July 4<sup>th</sup>
  - iii. Zones Team Selection
- d. Order of Events
  - i. See Next Page
- e. Finals
  - i. 10&U Top 8/10
  - ii. 11&Over Top 16/20
  - iii. 400 IM Top 8/10
  - iv. 500 Fr Top 8/10
  - v. 1650 Top 8/10
  - vi. Fastest 32/40 (4 Heats) Entered in 400/500
  - vii. Fastest 24/30 (4 Heats) Entered in the 1650
  - viii. All 400/500 will be timed finals, fastest 8/10 (1 Heat) swimming in finals

# **NTAGC SHORT COURSE ORDER OF EVENTS**

## **SESSIONS 1 & 2**

|                                                                   |
|-------------------------------------------------------------------|
| 13-14 400 Medley Relay<br>*Timed Final Swimming in Finals         |
| 11-12 400 Medley Relay<br>*Timed Final Swimming in Finals         |
| 10 and Under 200 Medley Relay<br>*Timed Final Swimming in Finals  |
| 13-14 200 Freestyle                                               |
| 11-12 200 Freestyle                                               |
| 10 and Under 200 Freestyle                                        |
| 11-12 50 Butterfly                                                |
| 10 and Under 50 Butterfly                                         |
| 13-14 200 Breaststroke                                            |
| 11-12 200 Breaststroke                                            |
| 13-14 100 Backstroke                                              |
| 11-12 100 Backstroke                                              |
| 10 and Under 100 Backstroke                                       |
| 13-14 50 Freestyle                                                |
| 11-12 50 Freestyle                                                |
| 10 and Under 50 Freestyle                                         |
| 13-14 400 Individual Medley<br>*Timed Final- Top 8 Swim in Finals |

## **SESSIONS 3 & 4**

|                                                                  |
|------------------------------------------------------------------|
| 13-14 400 Free Relay<br>*Timed Final will swim in Finals         |
| 11-12 400 Free Relay<br>*Timed Final will swim in Finals         |
| 10 and Under 400 Free Relay<br>*Timed Final will swim in Finals  |
| 11-12 50 Breaststroke                                            |
| 10 and Under Breaststroke                                        |
| 13-14 200 Backstroke                                             |
| 11-12 200 Backstroke                                             |
| 10 and Under 100 Individual Medley                               |
| 11-12 Individual Medley                                          |
| 13-14 100 Butterfly                                              |
| 11-12 100 Butterfly                                              |
| 10 and Under 100 Butterfly                                       |
| 13-14 500 Freestyle<br>*Timed Final- Top 8 Swim in Finals        |
| 11-12 500 Freestyle<br>*Timed Final- Top 8 Swim in Finals        |
| 10 and Under 500 Freestyle<br>*Timed Final- Top 8 Swim in Finals |

## SESSIONS 5 & 7

|                                                                |
|----------------------------------------------------------------|
| 13-14 200 Free Relay<br>*Timed Final Swimming in Finals        |
| 11-12 200 Free Relay<br>*Timed Final Swimming in Finals        |
| 10 and Under 200 Free Relay<br>*Timed Final Swimming in Finals |
| 13-14 200 Individual Medley                                    |
| 11-12 200 Individual Medley                                    |
| 10 and Under Individual Medley                                 |
| 100 Freestyle                                                  |
| 11-12 100 Freestyle                                            |
| 10 and Under 100 Freestyle                                     |
| 11-12 50 Backstroke                                            |
| 10 and Under 50 Backstroke                                     |
| 13-14 200 Butterfly                                            |
| 11-12 200 Butterfly                                            |
| 13-14 100 Breaststroke                                         |
| 11-12 100 Breaststroke                                         |
| 10 and Under 100 Breaststroke                                  |
| 11-12 200 Medley Relay<br>*Timed Finals Swimming in Finals     |
| 13-14 200 Medley Relay<br>*Timed Finals Swimming in Finals     |

## SESSION 6

|                                      |
|--------------------------------------|
| 13-14 1000 Freestyle<br>*Timed Final |
| 13-14 1650 Freestyle<br>*Timed Final |

# **NTAGC LONG COURSE ORDER OF EVENTS**

## **SESSIONS 1 & 2**

|                                                                   |
|-------------------------------------------------------------------|
| 13-14 400 Medley Relay<br>*Timed Final Swimming in Finals         |
| 11-12 400 Medley Relay<br>*Timed Final Swimming in Finals         |
| 10 and Under 200 Medley Relay<br>*Timed Final Swimming in Finals  |
| 13-14 200 Freestyle                                               |
| 11-12 200 Freestyle                                               |
| 10 and Under 200 Freestyle                                        |
| 11-12 50 Butterfly                                                |
| 10 and Under 50 Butterfly                                         |
| 13-14 200 Breaststroke                                            |
| 11-12 200 Breaststroke                                            |
| 13-14 100 Backstroke                                              |
| 11-12 100 Backstroke                                              |
| 10 and Under 100 Backstroke                                       |
| 13-14 50 Freestyle                                                |
| 11-12 50 Freestyle                                                |
| 10 and Under 50 Freestyle                                         |
| 13-14 400 Individual Medley<br>*Timed Final- Top 8 Swim in Finals |

|                                                                  |
|------------------------------------------------------------------|
| 13-14 400 Free Relay<br>*Timed Final will swim in Finals         |
| 11-12 400 Free Relay<br>*Timed Final will swim in Finals         |
| 10 and Under 400 Free Relay<br>*Timed Final will swim in Finals  |
| 11-12 50 Breaststroke                                            |
| 10 and Under Breaststroke                                        |
| 13-14 200 Backstroke                                             |
| 11-12 200 Backstroke                                             |
| 13-14 100 Butterfly                                              |
| 11-12 100 Butterfly                                              |
| 10 and Under 100 Butterfly                                       |
| 13-14 400 Freestyle<br>*Timed Final- Top 8 Swim in Finals        |
| 11-12 400 Freestyle<br>*Timed Final- Top 8 Swim in Finals        |
| 10 and Under 400 Freestyle<br>*Timed Final- Top 8 Swim in Finals |

## SESSIONS 5 & 7

|                                                                |
|----------------------------------------------------------------|
| 13-14 200 Free Relay<br>*Timed Final Swimming in Finals        |
| 11-12 200 Free Relay<br>*Timed Final Swimming in Finals        |
| 10 and Under 200 Free Relay<br>*Timed Final Swimming in Finals |
| 13-14 200 Individual Medley                                    |
| 11-12 200 Individual Medley                                    |
| 10 and Under Individual Medley                                 |
| 100 Freestyle                                                  |
| 11-12 100 Freestyle                                            |
| 10 and Under 100 Freestyle                                     |
| 11-12 50 Backstroke                                            |
| 10 and Under 50 Backstroke                                     |
| 13-14 200 Butterfly                                            |
| 11-12 200 Butterfly                                            |
| 13-14 100 Breaststroke                                         |
| 11-12 100 Breaststroke                                         |
| 10 and Under 100 Breaststroke                                  |
| 11-12 200 Medley Relay<br>*Timed Finals Swimming in Finals     |
| 13-14 200 Medley Relay<br>*Timed Finals Swimming in Finals     |

## SESSION 6

|                                      |
|--------------------------------------|
| 13-14 800 Freestyle<br>*Timed Final  |
| 13-14 1500 Freestyle<br>*Timed Final |

## August Board Meeting: Age Group Committee Report

### 1. Zones: Midland, TX

Everyone came back in one piece, no injuries, no real problems. NTX Swimming was represented very well by this group of athletes. We received compliments everywhere we went for having such a good group of well-behaved and respectful young athletes.

#### a. Highlights

##### i. Highest Team Finish EVER for NTX!

##### 1. NTX finished 7<sup>th</sup> in team standings with 1276pts!

##### a. Women Scored 545pts

##### b. Men Scored 675pts

##### ii. Individual Winners

##### 1. Avery McGuinness – 13-14 Girls 200 Fr

##### 2. Carter Morrison – 11-12 Boys 100 Fly

##### 3. Aiden Nguyen – 11-12 Boys 200 Fr, 100 Fr

##### 4. Madalyn Petty – 13-14 Girls 400 Fr

##### iii. Other Top 3 Performances

##### 1. 11-12 Boys 400 Free Relay – 2<sup>nd</sup>

##### 2. 11-12 Boys 200 Free Relay – 3<sup>rd</sup>

##### 3. Stephen Kirksey – 11-12 Boys 200 Fr 3<sup>rd</sup>

##### 4. Carter Morrison – 11-12 Boys 50 Fly 2<sup>nd</sup>

##### 5. Aiden Nguyen – 11-12 Boys 100 Fly 3<sup>rd</sup>, 400 Fr 3<sup>rd</sup>

##### 6. Madalyn Petty – 13-14 Girls 800 Fr 3<sup>rd</sup>, 200 Fr 3<sup>rd</sup>, 400 IM 3<sup>rd</sup>

### 2. Age Group Budget

#### a. After speaking with numerous other LSC Age Group Coaches, we are significantly underfunded as far as our commitment the age groupers in our LSC.

##### i. Our budget is more in line with LSC's like West Virginia, Louisiana, West TX and Mississippi.

##### 1. South Texas has an allocated \$90,000 annual budget.

##### 2. Other LSC's spend their monies in a bunch of different ways, but almost all of them have significantly more allocated annually to their Age Group programs than we do.

##### 3. One of the teams had to pay \$1600/athlete to attend the meet, but other than them, our \$800/athlete in-line with many of the other LSC's in attendance.

## **August Committee Reports**

### **TPC Report**

Approved the following meets for the teams:

#### **SELECT:**

Approved for an Unclassified instead of BB and under meet November 8-9.

#### **North Texas Nadadores:**

Approved for Intrasquad Meet September 28

Approved for a Group C Meet November 15-16

#### **Dallas Mustangs:**

Approved for Haunted Hat BB-B-C Meet.

### **Officials Report**

The officials committee has not met since Apr 2024.

To date, we have certified 46 officials in various positions from Jan-July.

The officials committee will resume our monthly meetings Aug 20th.

**NT Board Meeting 8-13-24**

**TPC:**

Approved the following meets for the teams:

**SELECT**

Approved for an Unclassified instead of BB and under meet November 8-9.

**North Texas Nadadores:**

Approved for Intrasquad Meet September 28

Approved for a Group C Meet November 15-16

**Dallas Mustangs:**

Approved for Haunted Hat BB-B-C Meet.

Thank you,  
Dan

# Proposal For Consideration by North Texas Swimming, Inc.

Flex Memberships



# USA Swimming's Original Thoughts on Flex Membership

“The Flex Swim membership allows us to introduce the sport to a new generation of athletes, using a product that is more conscious of the current environment and competitive in the youth sports market,” USA Swimming President & CEO Tim Hinchey III said. “Our goal is to adapt to busy family lifestyles and introduce the sport of swimming with a lower barrier to entry and flexibility to still enjoy the many other available activities.”

The Flex Swim membership is designed for kids who want to experience swimming on a team but have not yet taken that next step. According to a State of the Swimming Industry Report, nearly 80 percent of parents don't consider swimming as a competitive sport for their kids after completing swim lessons, largely due to a number of common misconceptions they have about the sport. Similarly, it was noted that 43 percent of kids who stop swimming say it is because it is too much of a time commitment.

It was also noted in that same study that 48 percent of the kids who leave USA Swimming say they do so to play other sports. Given the many recent studies and industry discussions about the pressure and impact of early sport specialization, USA Swimming is embracing the notion and health benefits of multi-sport play and participation, both physical and mental.

In a poll of the 2016 U.S. Olympic Swim Team, 83 percent of the athletes stated that they were multi-sport athletes growing up, presenting resounding statistical evidence from the upper echelons of the sport of the benefits of being a well-rounded athlete.



# Current Flex Membership Requirements

USA Swimming ultimately settled on the following parameters for Flex Memberships:

Introductory membership for athletes 12 years old and under, geared towards practice and participation with any USA Swimming club.

- Includes two (2) sanctioned swim competitions per membership year. Flex members may not compete at or above the LSC Championship meet.
- If an athlete wishes to swim more than two (2) meets per year, the athlete will need to pay the difference to upgrade to a Premium Membership. The difference must be paid before the Flex Membership has expired.



North Texas Swimming, Inc. at a House of Delegates Meeting in April, 2018, chose not to offer a new category of membership, Flex Membership, to the swimmers in North Texas. At the time the delegates expressed the following:

- Too difficult to track the meet requirements
- Fee is too low to offset administrative costs
- Many teams offer similar non USA-S type program



# Why should NTSI Reconsider Flex Memberships

- USA-S has revamped SWIMS and can now track Flex Member Meet Participation
- Clubs have the option if and how they use Flex Memberships
- Flex Membership is a less expensive, easier point of entry for Pre-Competitive Swimmers
- Flex Membership can be upgraded at any time including by the parents
- Once a swimmer is upgraded, they cannot revert to Flex during the same swim year
- We compete against other sports not against other swim teams
- The participation from younger swimmers continues to decline in North Texas and throughout the country



# What would it cost to add Flex Memberships?

- If the Flex Member is new to NTSI, and would not have joined without Flex Membership there is no cost to the LSC
- If teams choose to use Flex Memberships instead of Premium Athlete Memberships, we potentially we would lose \$20 per swimmer for the first year
- NTSI could charge up to \$10 per Flex Membership (vs. \$30 for Premium Athletes)
- The difference could be offset by those that upgrade and the potential for new athlete members

