

NORTH DALLAS TISCA Invitational

Carrollton Farmers Branch ISD & DISD WT White H.S.

LOOS Natatorium

3815 Spring Valley Rd, Addison, Tx 75001

December 5; 12-13, 2025

Sanction #: HS 06I-25

Location: Loos Natatorium 3815 Spring Valley Rd, Addison, TX 75001

Facilities: Two 25-yard Competition Course Separate 25-yard Warm-up/Cool-down Pool Two One-Meter and 3 Meter Dura-Flex Diving Boards, Fully automated Colorado System 6 Timing System 8 lane scoreboard eDive for Diving, entries on CleanEntries Colorado Wireless Diving Judging System Spectator seating and deck seating for athletes. Coaches and athletes may bring deck chairs

Schedule: Diving

December 5, 2025

Doors Open 1:00* Warm-up 1:15* Diving 2:00*

*Time may be adjusted depending on number of divers entered.

Each diver will perform eleven (11) dives, reverse is required. Please consult the National Federation Swimming & Diving Rule Book for choice and order of dives. Diving sheets must be verified and signed by 2:00. Use CleanEntries for submitting dive sheets. Dive sheets are due at the same time swimming entries are due

Schedule: Swimming

Prelims: December 12, 2025

Doors Open 8:00

Warm ups 8:30-10:15am

Preliminaries 10:30 am

Finals: December 13, 2024 (*Top 16 in each event*)

Doors Open 8:00 am

Warm ups: 8:30 – 9:45am

Finals: 10:00 am

Rules: U.I.L. and National Federation Rules will govern the meet.

Team Eligibility: Each school entered must have a coach/sponsor who is a current TISCA member. Membership information can be found at: <http://www.tiscaonline.org>. Please complete membership application process by November 27, 2024.

Scoring: Individual Events: 20,19,18,15,14,13,12,11,10,8,6,5,4,3,2,1

Relay Events: 40,38,36,30,28,26,24,22,20,16,12,10,8,6,4,2

Awards: Team awards will be given to the top two (2) girls teams and the top two (2) boys teams. There will be an awards presentation for the top two teams at the conclusion of the meet.

Custom Medals will be awarded to first, second, and third place in individual and relay events. Ribbons will be awarded to 4th through 8th place in individual and relay events.

Entries: Each athlete may enter a maximum of four (4) events, no more than two (2) may be individual events (diving counts as an individual event). Each team may enter an unlimited number of entries in each event, provided the time standard is met. Do not enter JV teams.

COACHES: PLEASE ADHERE TO TIME. All entries are subject to proof-of- time. The only acceptable sources for proving times are: USA Swimming National SWIMS Database or Specific Team manager Proof-of-Time Reports. In cases where a swimmer's time does not meet the qualifying standard and the proof-of-time verification process fails to prove the time was achieved at one point, the athlete will be disqualified from the remainder of the meet and entry fees due will not be adjusted.

Qualifying Times and Proof-of-Time Clarification: Individual swimmers and relay teams may enter this meet ONLY if they have at some time achieved the qualifying time listed in the Order of Events on page four (4) for each event entered. There are no "free" or "bonus" events. Swimmers who enter into and/or compete in events for which they have not achieved the qualifying time are therefore ineligible for further competition, unless coach produces proof-of-time document(s).

Entry Procedure: Swimming/Diving: Enter your team with Team Manager. Event file will be posted on the TISCA website by September 1, 2025. Send entries to: Barry Ray rayb@cfbisd.edu. Be sure to include your diving entries.

TISCA Hy-Tek directives Use version 8.0 of Team Manager. Update your software often to insure compatibility. Use the official UIL Team Code (see UIL or TISCA website). Use the numeric grade level (09, 10, 11, 12) for each swimmer/diver. Use the school name as the "short name". Do not use a mascot name or shortened name.

Dive Sheets: Dive Coach: Amanda Poland polanda@cfbisd.edu. Use CleanEntries for submitting dive sheets. Dive sheets are due December 3rd. See Dive Sheet Instructions.

Entry Fees: \$30.00 per individual

Do not pay entry fees prior to the meet. You will receive an invoice in your packet at the meet; pay your teams entry fees from the invoice included in the coaches' team packet. Team Packets will be available upon entry downstairs at Clerk of Course.

Entry Deadline: Entries (Swimming & Diving, including Dive Sheets) must be received by 11:59pm Tuesday, December 9, 2025. ABSOLUTELY NO EXCEPTIONS.

A psych sheet will be emailed to participating schools by 12 pm Wednesday, December 10, 25. Please check your entries for errors. E-mail any time corrections and scratches to Barry Ray (rayb@cfbisd.edu) by 05:00pm on Wednesday, December 10, 2025. No additions can be accepted past the deadline. A warm-up schedule for prelims and seating assignments will be e-mailed by Wednesday, December 10th.

Make checks payable to: Carrollton Farmers Branch ISD

Attn: Barry Ray

Mail to: CFB Natatorium 1334 W. Valwood Pkwy Carrollton, Texas 75006

Meet Referee: Bob Lang dogmatic.lang@gmail.com 214-755-7981

The meet will be a USA Swimming Observed Meet.

Coaches wishing to have their swimmers observed for USA Swimming MUST have their USA Swimming ID number included in the Hy-Tek Team Manager entries.

Coaches must highlight all swims to be observed on the designated heat sheet prior to the start of the meet for both prelims and finals sessions.

Admission: \$6 for adult, \$4 for children

Heat Sheets - \$5.00

Please call or e-mail if you have any questions:

Barry Ray rayb@cfbisd.edu 972-968-5667

DIVING SCHEDULE OF EVENTS STANDARDS

Girls	Score	Event	Score	Boys
9	10.6	Diving	10.8	10

SWIMMING SCHEDULE OF EVENTS TIME STANDARDS

Prelims/Finals December 12-13

Girls	Time	Event	Time	Boys
1	2:19.49	200 Medley Relay	2:04.99	2
3	2:28.99	200 Free	2:06.99	4
5	2:48.99	200 I.M.	2:26.99	6
7	29.29	50 Free	26.49	8
11	1:15.49	100 Fly	1:06.49	12
13	1:05.49	100 Free	58.99	14
15	6:39.49	500 Free	5:59.99	16
17	2:05.49	200 Free Relay	1:51.49	18
19	1:16.99	100 Back	1:10.49	20
21	1:25.99	100 Breast	1:16.99	22
23	4:42.49	400 Free Relay	3:59.99	24