



2025 COR CLASSIC
December 4-7, 2025
Sanction # NT 060-25

Hosted by:
COR SWIMMING

MEET DIRECTOR Jen Pewitt-jennifer.pewitt@att.net Dan Hafner – dan@corswim.org	MEET REFEREE Jane Maxvill -gemcruiser@hotmail.com Nadia Atumah Nadia_Atumah@bcbstx.com
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SANCTION	- Held under the sanction of USA Swimming through North Texas Swimming: NT 060-25 - In granting this sanction, it is understood and agreed that USA Swimming, North Texas Swimming, COR SWIMMING, Meet Officials, and Garland ISD shall be held free and harmless from all liabilities or claims for damages arising because of injuries to anyone during the conduct of this event.
FACILITY	Garland ISD Natatorium 2585 Firewheel Pkwy Garland, TX 75071 Facility Phone 2 x 8 lane, 25 yards (SCY) - Water depth at the starting end and at the turning end is 6'8". - Meet host will ensure the required course dimensions. 11 lanes for warm up and warm-down.
TIMING SYSTEM	Colorado GEN 7 and Meet Manager
Available Medical Supervision/Equipment	Garland ISD has full-time and part-time American Red Cross Certified Lifeguards. Training includes, but is not limited to, CPR, AED, and First Aid.
ELIGIBILITY	- Open to all registered USA Swimmers. - No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302. - Swimmer's age will be his or her age on the first day of the meet. December 4, 2025
DISABILITY SWIMMERS	Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TEAMS INVITED	Priority is to all teams in the North Texas East Division and teams that attended the 2024 COR Classic. Teams that did not attend the 2024 COR Classic from out of the LSC must contact Dan Hafner. Dan@corswim.org to see if there is room.



RULES	• Current USA Swimming rules shall govern this meet. • All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. • No on-deck USA-S registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms, or locker rooms. Per NTSI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition, and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be under the supervision of a certified USA Swimming member coach during warm-up/ down and competition. The Meet Director & Meet Referee may assist the swimmer in making arrangements, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. • Any swimmer entered in the meet must be certified by a USA member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying device is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) at any time athletes, coaches, officials, and/or spectators are present. • The Meet Director and the NTSI Technical Committee reserve the right to limit events, heats, swimmers, or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	• Thursday night events will be timed Finals. • Friday / Saturday / Sunday: Prelims and Finals • Finals- 10 and under Top 8, 11-12/13-14 Top 16, 15-18 Top 24 • Teams are allowed to enter two relays for each age group. All relays will swim in the morning session • Swimmers are allowed to enter 8 events (no more than 3 per day) for the meet, provided they have met the A time Standard in each event. • Swimmers must have achieved a 2025-2028 National A time in their age group. 15-18 will use the 15-16 A Time. • Bonus Events: • If a swimmer has less than 6 "A" times, they will be allowed to add bonus swims as follows up to a max of 6 swims: 1 A time = 5 Bonus events 2 A times = 4 Bonus events. 3 A times = 3 Bonus events. 4 A times = 2 Bonus events. 5 A times = 1 Bonus event. Swimmers may not bonus swim in the following events: 400IM, 500 free, or 1650 Free. Bonus events have no time standard and must be 200 yards or shorter. Bonus events must be marked on the hard copy of the entry sheet and submitted with entries.
POSITIVE CHECK IN / SCRATCHING	• No show for positive check-in events will result in \$10 fine paid to the host. • Positive check-in for events 400 and above.

	• Thursday night check-in closes 45 minutes before 1st event start time • Friday and Saturday positive check-ins will close at 9:00 AM. • <u>FINALS SCRATCHING:</u> • Current USA Swimming, Inc. rules 207.11.6D and 2.11.6E will apply. • Additionally, first and second alternates shall be announced along with the qualifiers for the bonus, consolation final heat, and/or the championship final heat. • These alternates shall not be penalized if unavailable to compete in the Finals. • For championship, consolation finals, and bonus finals, those swimmers who qualify and then fail to declare their intention to scratch to the Clerk of Course within thirty (30) minutes of the announcement of the finalists for that event, then fail to scratch within thirty (30) minutes of their last event of that session and fail to compete in the event in the finals will be barred from all subsequent competition in the meet. • Swimmers may be excused because of illness, injury, or situations beyond the swimmer's control, and the discretion of the meet referee.
Seeding	• All timed final and prelim events will run from fast to slow, with non-conforming times seeded last. • Finals will swim from slow to fast. • All events 200 and down will be pre-seeded. • Swimmers may use either 1000/800 or 1650/1500 to enter the 1650-yard free event. • In prelims, the first three heats for the 200-yard events and down will be circle-seeded. • For the 400 IM and 500 Free, the first 2 heats will be circle seeded. • All relays will be swim the
Scoring	• Individual scoring top 16 standard scoring. • Relays will count double and score 1-8.
Awards	• Individual events: 1st – 3rd medals, ribbons 4-8. Relays will receive ribbons for places 1-8
Programs	• Heat sheets will be on meet mobile
WARM-UP	The prescribed NTSI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments. Warm-up assignments and times will be emailed to coaches and team representatives.
SUPERVISION	• Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas. • Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's team, if attached, to be held accountable for repairs.
CREDENTIALS	• Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming-certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR INFORMATION	• Garland ISD has a clear bag policy; no outside food, drinks, or cups are allowed in the facility per ISD regulations. • No overnight parking is allowed on the premises. • Admissions: Friday–Saturday–Sunday \$5.00 per session or \$20.00 for an all-session pass
TIMERS	• The host team will attempt to provide backup timers for the meet, but volunteers from visiting teams may be needed. Swimmers must provide their own timers for Thursday night events.

OFFICIALS	• Officials interested in volunteering should contact Jane Maxvill • Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive briefing for officials will precede each session during warm-ups.
ENTRY DEADLINE	<u>Entry Deadline, date and time</u> • Entries must be received no later than 12:00 PM CST Monday, November 24, 2025
ENTRY PROCEDURES	• Entries should be submitted by email to Dan Hafner: dan@corswim.org • Include in the subject of the email, "2025 COR CLASSIC". If your team submits multiple entry files, include the training site in the subject of the email. • Include in the entry email: entry file, report of entries by name, report of entries by event. • In the body of your email, provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • The Entry Chair will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined by NTSI according to the Policies & Procedures.
ENTRY FEES	Per Swimmer Surcharge: \$35.00 Relay event fee: \$15.00 (\$5 to NTSi) Individual event fee: \$10.00 • Make checks payable to COR Swimming. • Bring Checks to the Meet or <u>Mail To:</u> • Maggie Shook 316 Ladyfern Way, Garland, TX 75040 • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. • Entry fees are due with meet entry unless other arrangements are made.
SCHEDULE	• Thursday, December 4, 2025: Warm Up: 3:30-4:45 Push/Pace: 4:15-4:45 Lanes 1/8 Starts: 4:15-4:45 Lanes 2-3-6-7 • Friday, December 5, Saturday, December 6, and Sunday, December 7, 2025 Warm Up: Session 1 7:00 – 7:28 AM Session 2 7:30 – 7:58 AM Session 3 8:00 - 8:20 AM One way, sprints all lanes, both competition pools Meet Start: 8:30

	Finals Warm Up: 3:30 - 4:20 pm 4:00 – 4:20 pm Lanes 2-7 will be 1 way sprint Finals Start: 4:30 PM • COR will email specific warm-up assignments and sessions once entries are received. • Meet director reserves the right to adjust times/sessions after entries are received.
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Order of Events

**Thursday, December 4, 2025
Timed Finals 5:00 PM Start**

Girls Event #	Event Name	Boys Event #
1	12 and 500 Free	2
3	13 and over 1650 Free	4

**Friday, December 5, 2025
Prelims 8:30 AM Start**

Girls Event #	Event Name	Boys Event #
5	10 &U 200 Medley Relay	6
7	11-12 200 Medley Relay	8
9	13-14 200 Medley Relay	10
11	15 & Over 200 Medley Relay	12
13	10&U 50 Breast	14
15	11-12 50 Breast	16
17	13-14 100 Breast	18
19	15 & Over 100 Breast	20
21	10&U 100 Free	22
23	11-12 100 Free	24
25	13-14 200 Free	26
27	15 & Over 200 Free	28
29	10&U 50 Fly	30
31	11-12 50 Fly	32
33	13-14 100 Fly	34
35	15 & Over 100 Fly	36
37	10&U 200 IM	38
39	11-12 200 IM	40
41	13-14 400 IM	42
43	15 & Over 400 IM	44

Order of Events
Saturday, December 6, 2025
Prelims
Meet Start 8:30 AM

Girls Event #	Event Name	Boys Event #
45	13-14 50 Free	46
47	15 & Over 50 Free	48
49	10&U 100 IM	50
51	11-12 100 IM	52
53	13-14 200 IM	54
55	15 & Over 200 IM	56
57	10&U 50 Back	58
59	11-12 50 Back	60
61	13-14 100 Back	62
63	15 & Over 100 Back	64
65	10&U 200 Free	66
67	11-12 200 Free	68
69	13-14 500 Free	70
71	15 & Over 500 Free	72



Order of Events
Sunday, December 7, 2025
Prelims
Meet Start 8:30 AM

Girls Event #	Event Name	Boys Event #
73	10 &U 200 Free Relay	74
75	11-12 200 Free Relay	76
77	13-14 200 Free Relay	78
79	15 & Over 200 Free Relay	80
81	10&U 100 Back	82
83	11-12 100 Back	84
85	13-14 200 Back	86
87	15 & Over 200 Back	88
89	10&U 100 Breast	90
91	11-12 100 Breast	92
93	13-14 200 Breast	94
95	15 & Over 200 Breast	96
97	10&U 50 Free	98
99	11-12 50 Free	100
101	13-14 100 Free	102
103	15 & Over 100 Free	104
105	10&U 100 Fly	106
107	11-12 100 Fly	108
109	13-14 200 Fly	110
111	15 & Over 200 Fly	112



NORTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes	1 and 10	2 and 9	3 through 8
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes—circle swimming only.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "North Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.



Clear Bag Policy

To ensure guest safety and a quicker entry into the facility, the Natatorium has implemented a bag policy limiting the size and type allowed at all events.

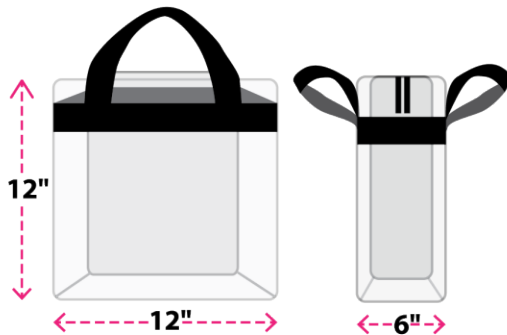
While the Natatorium encourages guests not to bring bags if possible, the following are permissible:

- Clear plastic, vinyl or PVC bags that do not exceed 12" x 6" x 12"
- One-gallon clear plastic Ziploc-style bags
- Clutch bags approximately the size of a hand
- Medically necessary items

LARGE BAGS

CLEAR TOTE

Made of plastic, vinyl or PVC
Size does not exceed 12" x 6" x 12"



OR

One-Gallon Resealable, Clear PLASTIC STORAGE BAG



SMALL BAGS

SMALL CLUTCH BAG

Approximately the size of a hand, with or without a handle or strap
Size does not exceed 4.5" x 6.5"

