

Sanction #: HS 25D-26

DISTRICT 5-A#####

ALLEN · DENTON BRASWELL · DENTON GUYER · MCKINNEY · MCKINNEY BOYD · PROSPER ·
PROSPER ROCK HILL



SWIM & DIVE

2025-26 DISTRICT 5-6A SWIMMING & DIVING CHAMPIONSHIPS

Host: Swimming – Allen · Diving – McKinney High

Dates:

- **Diving:** Thursday, January 22, 2026 – McKinney High School
- **Swimming:** Friday, January 23, 2026 – Allen / Don Rodenbaugh Natatorium

Locations

Diving:

McKinney High School
1400 W. Wilson Creek Blvd
McKinney, TX 75069

Swimming:

Don Rodenbaugh Natatorium
110 Rivercrest Blvd
Allen, TX 75002

Meet Management

Meet Manager will be used to conduct the meet.

Admission Prices:

- Diving: \$5 Adults / \$2 Students
- Swimming: \$5 Adults/ \$3 Students

Entry Process & Deadline

Entries are due **Monday, January 14, 2026, by noon.**

Send both the Hy-Tek entry file and a hard copy of your entries to:

coachbrentmitchell@gmail.com

All emailed entries will receive confirmation.

If no confirmation is received, call **Coach Mitchell at 972-897-7072** to verify receipt.

Note: Include divers in the Hy-Tek entry file.

Diving Entries

Dive sheets must be emailed to sacooper@mckinneysd.net

Deadline: January 19, 2026, by 5:00 PM

No changes will be accepted on the day of the meet.

Coding for Meet

Use official UIL four-letter team codes when submitting entries.

List athlete grade levels as 09, 10, 11, or 12.

This will be an **observed USA Swimming meet** — ensure swimmers' USA Swimming ID numbers are correct if applicable.

DISTRICT SCHEDULE

Diving – Thursday, January 22

- Warm-Up: 3:15 – 5:15 PM
- Competition Start: 5:30 PM
- Gates Open: 4:45 PM

Tickets for 5-6A Diving Championship:

[Purchase Here](#)

Swimming – Friday, January 23

- Warm-Up: 8:00 – 9:45 AM
 - First 90 minutes: Split assigned warm-ups (Decided after entries, based on numbers)
 - Last 15 minutes: Open warm-up and one-way dive sprints
- Meet Start: 10:00 AM

Tickets for 5-6A Swimming Championship:

[Purchase Here](#)

Warm-Up Schedule: (Decided after entries, based on numbers)

- 8:15 – 8:40 AM
- 8:40 – 9:05 AM
- 9:05 – 9:30 AM
- 9:30 – 9:45 AM → One-way starts for all

Entry Limits

- Each contestant: Maximum of **4 events** (no more than **2 individual**)
- Each team: Maximum of **4 swimmers per individual event** and **1 relay team per relay event**

Event Schedule

Girls	Event	Boys
—	Thursday – Diving	—
9	1M Diving	10
—	Friday – Swimming	—
1	200 Medley Relay	2
—	<i>5-Min Break</i>	—
3	200 Free	4
5	200 IM	6
7	50 Free	8
—	<i>15-Min Break – Awards for 200 Medley Relay / 200 Free / 200 IM</i>	—
11	100 Fly	12
13	100 Free	14
15	500 Free	16
—	<i>15-Min Break – Awards for 50 Free / 100 Fly / 100 Free</i>	—
17	200 Free Relay	18
—	<i>5-Min Break</i>	—
19	100 Back	20
21	100 Breast	22
—	<i>15-Min Break – Awards for 500 Free / 200 Free Relay / 100 Back</i>	—
23	400 Free Relay	24
—	<i>Awards – 100 Breast / 400 Free Relay (Individual & Team)</i>	—

Meet Scoring

- **Top 8** swimmers score.
- **Top 6** advance to **Region 2-6A Meet at Westside, Lewisville**.

Scoring:

- Individual: 9, 7, 6, 5, 4, 3, 2, 1
- Relay: 18, 14, 12, 10, 8, 6, 4, 2

Meet Seeding

- Timed finals — slowest to fastest.
- Final heat includes the **8 fastest swimmers**.
- Use seed times achieved during the 2025-26 high school season.

District Meet Awards

Team Awards:

- Trophies for **1st, 2nd, and 3rd** place teams (girls and boys).

Individual Awards:

- Medals for **1st-3rd** place (individual & relay).
- Ribbons for **4th-8th** place (individual & relay).

Rules

- 2025-2026 National Federation Rules will apply.

Team Seating

All athletes should bring their own chairs.

General Information

- Signs and noisemakers of any type are **prohibited**.
- **Glass items** are prohibited.
- **Smoking** is prohibited.
- **Pets** are not allowed in the facility.
- **No shaving** within the facility (UIL rule).
- **Hospitality** available for coaches and officials.
- For **special needs swimmers**, email a week in advance so the referee can be notified.
- Only **credentialed media** allowed on deck.
- **No saving seats** before the event. Spectators may enter the natatorium **one hour prior** to the swim meet.