

2026 District 6-6A Swim and Dive Championships
Thursday January 22 and Friday, January 23, 2026

Host Teams: Lewisville, Lewisville Flower Mound, Lewisville Marcus

Location: LISD Westside Aquatics Center
1750 Duncan Ln.
Lewisville, TX 75067

Teams: Coppell, Lewisville, Lewisville Flower Mound, Lewisville Hebron, Lewisville Marcus, Plano, Plano East, Plano West

Meet Schedule:

Thursday January 22, 2026

Dive Warm-Up	3:30 PM
Dive Finals	5:00 PM

Friday January 23, 2026

Swim Warm-up Group 1	8:30-9:00AM
Lewisville, Lewisville Flower Mound, Lewisville Hebron, Lewisville Marcus	
Swim Warm Up Group 2	9:00-9:30AM
Coppell, Plano, Plano East, Plano West	
Relay cards due to Admin table	9:30AM
One Way Dive Starts 2-7/ Push/Pace 1&8	9:30-9:45AM
Coaches Meeting	9:45 AM
Timed Finals	10:00 AM

Rules: 2025-26 UIL and National Federation Rules will govern the meet.

Scoring: Individual Events: 9-7-6-5-4-3-2-1; Relay Events: 18-14-12-10-8-6-4-2

Awards: Team awards will be given to the top three girl's and the top three boy's teams. Medals will be awarded to first through third in individual and relay events. Ribbons will be awarded to fourth through eighth place in individual and relay events. Awards for the female and male swimmers of the meet will be given out based on NISCA power points. Boys and girls coach of the meet will be voted on by all head coaches. The top 6 individual or relays from each event will move on to the regional meet.

Entries: Each team may enter four (4) individuals in individual events and one (1) relay in each relay event. Each swimmer is allowed to enter a maximum of four (4) events, no more than two (2) may be individual events or three (3) relays and one event. Athletes must be entered with a provable time, No Time (NT) entries will not be accepted. All swimmers MUST BE established within their team's database. Please include swimmers USA Swimming ID number where appropriate.

Entry Procedure:

Enter your team with Hy-Tek. Meet entry report, roster, and coach's contact information should be included. All **USA Swimming Identification numbers** must be included in the team's entries. Hy-Tek entries are due to Jeff Jones at LISDAquatics@gmail.com by **Monday January 19, 2026 @ 10:00am**. Coaches will receive an email confirmation of their entry report from meet manager by 11:00am on January 19th. Psych sheets will be emailed out to all head coaches on Tuesday January 20th after the exception report has been run. No scratches will be accepted after the psych sheet has been sent out

DIVING:

All divers must be entered in the Hy-Tek team file.

Dive Sheets with gender, school, and two-digit school year must be emailed to Sherry McGuire @ mcguires@lisd.net by **January 15, 2026 @ 10:00AM.**

All divers must have their coach present on the pool deck in order to dive.

Timers: Each school is required to provide two timers for the entire swim meet.

Lane 1 Coppell, Lane 2 Plano Senior, Lane 3 Plano West, Lane 4 Flower Mound, Lane 5 Plano East, Lane 6 Marcus, Lane 7 Hebron, Lane 8 Lewisville

Please send questions to Jeff Jones LISDAquatics@gmail.com

Admission: Adults \$10.00 / Students \$5.00
Heat Sheets - \$5.00

Miscellaneous: Hospitality will be available for coaches and officials.

Order of Events		
Girls		Boys
1	200 Medley Relay	2
	5-minute break	
3	200 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
9	Diving (Thursday night)	10
	15-minute award break for events 1-6	
11	100 Butterfly	12
13	100 Freestyle	14
15	500 Freestyle	16
	10-minute award break for events 7-14	
17	200 Freestyle Relay	18
19	100 Backstroke	20
21	100 Breaststroke	22
	10-minute award break for events 15-18	
23	400 Freestyle Relay	24
	Awards for events 19-24	
	Female and Male swimmers of the meet	
	Female and Male coach of the meet	
	Team Awards	

- All UIL and NHSF championship rules apply
- LISD is not responsible for lost, stolen or damaged articles.
- UIL rules prohibit participants from shaving within the facility.
- If you have a swimmer with special needs, please notify the meet director with your entries. (strobe etc.)
- Only news media with credentials will be allowed on pool deck.
- Specific meet questions should be directed to Jeff Jones: LISDAquatics@gmail.com