

**2026 District 9-6A Varsity Championship Swimming & Diving Meet**  
**Friday, January 23, 2026**

**Host/Location:** Garland ISD  
Larry H. Glick Natatorium  
2585 Firewheel Pkwy  
Garland, TX 75040

**Facility:** 8 -10 Lane 25-yard course will be used for competition.  
8 - 10 lanes available for warm up and warm down.  
Colorado Gen7 and Hy-Tek MM will be used.  
Pool Depth 6ft 8Inches at start and Turn

**Spectator Information:** Clear bag policy. No outside food or drink is permitted. No empty mugs or cups are allowed.  
\$5.00 per spectator admission fee. QR codes will be sent to teams. No cash accepted

**Meet Format:** High school event order:  
• Timed Finals

**Schedule:**  
Friday, January 23      Swimming  
Warm Up:      4:00 PM  
Meet Start:      5:00 PM

**Governed By:** 2024 UIL and National Federation Rules

**Rules:** Effective 2016-2017 season, deck changing is now unsportsmanlike conduct and can result in disqualification from any further events. If conduct is considered excessive, the team personnel can be removed from the meet.  
The use of audio or visual recording devices including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.

**Entries:** An individual shall be permitted to enter a maximum of four (4) events, no more than two (2) of which may be individual events. All seed times should be submitted to the 100th of a second. Each team may enter a maximum of four (4) individuals per event and one (1) relay per event.  
Entries are Due by Tuesday January 20, 2026  
Email entries to [dhafner@garlandisd.net](mailto:dhafner@garlandisd.net).

**USA Swimming Observed:** This meet will be USA swimming observed. **Please make sure that any swimmer wanting their swim to be observed has their USA Swimming ID number entered correctly.** The host will not add them manually.

**Concessions:** GISD will sell concessions on the spectator level.

**Awards:**

- Team Trophies will be awarded for Boys and Girls 1<sup>st</sup> place and runner up.
- Medals for individual and relays 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place.

**TISCA Championship Certificates:**

- Boy's and Girl's diver of the meet. (Winner in each event)
- Boy's and Girl's Diving Coach of the Year (coaches vote)
- Boys and Girls Swimmer of the Year determined by individual power points.
- Boys and Girls Swimming Coach of the Year voted on by coaches before the 400 Free relay starts.
- All coaches must be a member of TISCA to vote or be eligible to win award.
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**Scoring:**

- Points will be earned for places 1-8 relays will be double the individual points
- Individual Pointe: 9-7-6-5-4-3-2-1
- Relay Points: 18-14-12-10-8-6-4-2

**Advancers:** Top 6 swimmers and relays per individual event will advance to the 6A Region 3 meet at Rockwall the weekend of February 6 and 7, 2026.

**Events:**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	200 Medley Relay	2
3	200 Free	4
5	200 IM	6
7	50 Free	8
9	Diving	10
11	100 Fly	12
13	100 Free	14
15	500 Free	16
17	200 Free Relay	18
19	100 Back	20
21	100 Breast	22
23	400 Free relay	24